

# Living Well With Autism - Derbyshire

<b>Group/Organisation Address:</b>	Living Well With Autism - Relate derby, 3 Wentworth House, Vernon Gate, Derby,
<b>Email:</b>	<a href="mailto:enquiries@derbyshireautismservices.org">enquiries@derbyshireautismservices.org</a>
<b>Website:</b>	<a href="http://www.livingwellwithautism.org.uk">www.livingwellwithautism.org.uk</a>
<b>Postcode:</b>	DE1 UR
<b>Telephone Number:</b>	01773 741221
<b>Access Times:</b>	N/A

**Extra Information:****Helping autistic people and their support networks**

If you are autistic or support an autistic person, you may be interested in a new

programme funded by Derbyshire County Council.

Designed by Derbyshire Autism Services and Neuro Diverse Self Advocacy and

delivered by Neuro Diverse Self Advocacy, the free, six-session programme is

designed to support autistic people – including those waiting for an autism

diagnosis or who self-identify as an autistic person – as well as their families and

support networks.

It's been developed by and is facilitated by autistic people and features online and face-to-face sessions on a range of subjects, including:

- Wellbeing and health advice,
- Rights and reasonable adjustments,
- Accessing support networks.

There'll also be guest speakers and the chance to take part in question-and-answer

sessions.

To find out more or book a place visit, Living Well with Autism

For more information email [support@ndsa.uk](mailto:support@ndsa.uk) or [marta.walkowski@ndsa.uk](mailto:marta.walkowski@ndsa.uk)

**New autism training**

Would learning about autism help you and your organisation support autistic

people better? If it would, you may be interested in a new free training programme called Living

Well with Autism funded by Derbyshire County Council.

Designed to give you the skills to support and help autistic people, the free online

course is run by Derbyshire Autism Services and Neurodiverse Self Advocacy and

is aimed at those working on the frontline. The monthly sessions cover a wide

range of topics including:

- Creating autism-friendly environments,
- Understanding other conditions that can affect people with autism,
- Where you can find help and support.

The course has been co-developed by and is facilitated by autistic people and is

for any public facing roles, including health and social care staff, other local

authority staff, the emergency services, housing providers and the voluntary,

community and social enterprise sector.

You can find more information and book the course directly at, [Living Well with Autism for Frontline Professionals](#).

**Type of Services:**

Counselling

Type of Condition or Health Subject:	Autism
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