

Gloss Group

Group/Organisation Address: c/o Glossop Mental Health Project,
33 Charles Street,
Glossop,
Derbyshire

Email:

Website: www.glossgroup.org.uk

Postcode: SK13 7DJ

Telephone Number: 01629 532689

Access Times:

Extra Information: Gloss provides support services and social activities for people with mental health problems. A social event is held in the evening on the first Wednesday of every month. This might be an outing to the cinema or to a restaurant, a game or quiz session, or a karaoke night. The Group also offers therapeutic Groups, such as relaxation anxiety management, aromatherapy, assertiveness training etc.

Type of Services: Mental Health

Type of Condition or Health Subject: Mental Health Problems

Date Created: 18/08/2017

Review Date: 26/07/2018
