

Food for the Brain

Group/Organisation Address: Food for the Brain,
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Website: www.foodforthebrain.org

Postcode: SW15 6DT

Telephone Number: 020 8332 9600 - Monday - Friday 9.00am -
5.00pm

Access Times:

Extra Information: At Food for the Brain we wish to raise awareness of the importance of optimum nutrition in mental health. We are a charitable foundation working to inform organisations and empower individuals to change their diet and lifestyle and take greater control of their own mental health.

Type of Services: Adult Education

Type of Condition or Health Subject: Mental Health Problems

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