

Food for the Brain

Group/Organisation Address:	Food for the Brain, 11a Chartfield House, Putney, London
Email:	info@brainbiocentre.com
Website:	www.foodforthebrain.org
Postcode:	SW15 6DT
Telephone Number:	020 8332 9600 - Monday - Friday 9.00am - 5.00pm
Access Times:	
Extra Information:	At Food for the Brain we wish to raise awareness of the importance of optimum nutrition in mental health. We are a charitable foundation working to inform organisations and empower individuals to change their diet and lifestyle and take greater control of their own mental health.
Type of Services:	Adult Education
Type of Condition or Health Subject:	Mental Health Problems
Date Created:	18/08/2017
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