

Carers Direct - UK Helpline

**Group/Organisation
Address:**

Carers Direct,
UK Helpline,
,

Email:

Website:

www.nhs.uk/conditions/social-care-and-support/carers-direct-helpline

Postcode:

N/A

**Telephone
Number:**

Helpline - 0300 123 1053

Access Times:

The helpline is open from 9am-8pm Monday to Friday, and from 11am-4pm at weekends. It's closed on bank holidays.

Extra Information:

Free confidential Information and advice for carers.

Type of Services:

Carer's Group

**Type of Condition
or Health Subject:**

Health & Wellbeing

Date Created:

25/07/2017

Review Date:

21/06/2018
