

Derby City and South Derbyshire Mental Health Carers Forum

Group/Organisation Address:	Derby City & South Derbyshire Mental Health Carers Forum, The Oddfellows Hall, 32 Charnwood Street, Derby
Email:	dcandsderbysmhcf@gmail.com
Website:	www.derbycityandsouthderbyshirementalhealthcarersforum.wordpress.com
Postcode:	DE1 2GU
Telephone Number:	07921 162740 or 07779 107087
Access Times:	When and Where: monthly meetings are held in Derby and offer stress buster groups in the south of the county (including Long Eaton and Ripley). Please see the Carers Directory for further information about group meetings or contact 07921 162740 or 07779 107087 .
Extra Information:	We are a self help group of people who care or have cared for a relative, friend or neighbour suffering from any form of mental health illness. we meet monthly to offer support, advice and understanding in a relaxed and friendly atmosphere.
Type of Services:	Self Help
Type of Condition or Health Subject:	Mental Health Problems
Date Created:	01/08/2017
Review Date:	16/08/2018
