

Wirksworth In Support of Health

Group/Organisation Address:	Wirksworth Town Council, Wirksworth Town Hall, Coldwell Street, Wirksworth Derbyshire
Email:	wishinwirksworth@gmail.com
Website:	
Postcode:	DE4 4FB
Telephone Number:	01629 822434
Access Times:	Please contact Via telephone On 01629 822434 for further information
Extra Information:	<p>WISH is a depression and anxiety support group run by a team of committed volunteers, supporting people with mild to moderate depression and anxiety.</p> <p>It offers a listening ear, information and reassurance. Come and:- have a quiet chat over tea or coffee Enjoy a range of games such as Scrabble, Drougts, Qwirkle, etc. attend an occasional creative workshop on self-help to be agreed by the group make a difference to others by sharing your experiences gather information with access to leaflets, books, advice, etc. sit quietly reading most importantly members can contribute their ideas to broaden the programme</p>
Type of Services:	Voluntary Support Group
Type of Condition or Health Subject:	Depression & Anxiety
Date Created:	15/08/2017
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