

# Safe Speak - Relate Derby & South Derbyshire

**Group/Organisation Address:**

Relate Safe Speak,  
3 Wentworth House,  
Vernon Gate,  
Derby,

**Email:**

[info@safespeak.org.uk](mailto:info@safespeak.org.uk)

**Website:**

[www.safespeak.org.uk](http://www.safespeak.org.uk)

**Postcode:**

DE1 1UR

**Telephone Number:**

0800 093 5264 (free from land lines) or 01332 349301

**Access Times:****Extra Information:**

Safe Speak is here to listen...We currently offer two different services: Counselling for 5-10 year olds  
Counselling for 11-18 year olds  
Problems with family, friends or teachers? Our counsellors understand what's going on in young people's lives and can help you deal with the challenges of school life and growing up. We offer a safe place for you to talk about your thoughts and feelings in private.

**Type of Services:**

Counselling

**Type of Condition or Health Subject:**

Mental Health Problems

**Date Created:**

26/06/2018

**Review Date:**

09/07/2018

---