



Derbyshire Healthcare
NHS Foundation Trust

Infolink

Families and carers
health resource
directory



Making a
positive
difference

2 Care

Group/Organisation Address:	309 Burton Road,, Derby
Email:	tv@2care-rsl.org.uk
Website:	www.richmondfellowship.org.uk/derbyshire/trevayler-care-home-derby/
Postcode:	DE23 6AG
Telephone Number:	01332 348080
Access Times:	
Extra Information:	2Care. Trevayler is a short-medium term psychiatric rehabilitation and recovery unit outside Derby. Our support is focused on short term, intensive and structured rehabilitation to enable our service users to move on to more independent living within 12-24 months.
Type of Services:	Recovery & Rehabilitation
Type of Condition or Health Subject:	Mental Health Problems

97C Well for Life Community Health Hub (Derbyshire Positive Support)

Group/Organisation Address:	97C Well for Life Community Health Hub, 97 Empress Road, Derby
Email:	info@wfl Derby.org
Website:	www.wfl Derby.org
Postcode:	DE23 6TF
Telephone Number:	01332 204 020
Access Times:	

Extra Information:	Charity Community Health Hub run by volunteers, providing a wide range of services such as, Practical & Emotional support with housing, benefits, work capability assessments, filling in forms, accompanying to interviews, immigration issues etc. Counselling, Advice on Health & Wellbeing, Blood Pressure monitoring, Blood glucose testing for type 11 Diabetes, BMI and Dietary advice. Sexual Health, early diagnosis of HIV,
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Health & Wellbeing

Abuse Law

Group/Organisation Address:	100 Talbot Road, Old Trafford, Stretford, Manchester M16 0PG
Email:	legalhelpline@simpsonmillar.co.uk
Website:	www.abuselaw.co.uk
Postcode:	M16 0PG
Telephone Number:	0800 260 5002
Access Times:	Our office opening times are Monday to Friday 9am until 5pm
Extra Information:	Specialist child abuse solicitors
Type of Services:	Legal Help
Type of Condition or Health Subject:	Abuse

Action for Advocacy

Group/Organisation Address:	The Oasis Centre, 75 Westminster Bridge Road, London, SE1 7HS
Email:	info@actionforadvocacy.org.uk
Website:	www.actionforadvocacy.org.uk
Postcode:	SE1 7HS
Telephone Number:	020 7921 4395
Access Times:	
Extra Information:	Action for Advocacy (A4A) is the central point of information on independent advocacy.
Type of Services:	Advocacy
Type of Condition or Health Subject:	Health & Wellbeing

Action for Children

Group/Organisation Address:	3 The Boulevard, Ascot Road, Watford, WD18 8AG
Email:	ask.us@actionforchildren.org.uk
Website:	www.actionforchildren.org.uk
Postcode:	WD18 8AG
Telephone Number:	01923 361 500
Access Times:	9.00am to 5.00pm, Monday to Friday

Extra Information:

We help children through fostering or adoption – and by intervening early to stop neglect and abuse. We make life better for children with disabilities. We influence policy and advocate for change.

Type of Services:

Children's Services

Type of Condition or Health Subject:

Mental Health Problems

Action for Children

Group/Organisation Address:

Action for Children,
45 Queen Street,
Chesterfield,
S40 4SF

Email:

robert.fox@actionforchildren.org.uk

Website:

services.actionforchildren.org.uk/derbyshire

Postcode:

S40 4SF

Telephone Number:

01246 277 422

Access Times:

Monday to Friday 09:00 - 17:00

Extra Information:

Action for Children are a national children's charity committed to helping the most vulnerable children and young people in the UK break through injustice, deprivation and inequality.

Type of Services:

Children's Services

Type of Condition or Health Subject:

Health & Wellbeing

Action For Elder Abuse

Group/Organisation Address:	Action For Elder Abuse, Website Helpline
Email:	
Website:	www.elderabuse.org.uk
Postcode:	N/A
Telephone Number:	Helpline - 080 8808 8141 (Monday - Friday 9.00am-5.00pm)
Access Times:	
Extra Information:	Action on Elder Abuse (AEA) is a specialist organisation, and unlike other 'older people's organisations' we focus exclusively on the issue of elder abuse, not as one issue among many, but as a single focus to our work.
Type of Services:	
Type of Condition or Health Subject:	

Active Derbyshire

Group/Organisation Address:	2 Godkin HousePark Road, Ripley, Derbyshire, DE5 3EF
Email:	info@activederbyshire.org.uk
Website:	www.activederbyshire.org.uk
Postcode:	DE5 3EF
Telephone Number:	01773 741915
Access Times:	Monday - Friday 9.00am - 5.00pm

Extra Information:	Active Derbyshire seeks to achieve the vision of more people in Derbyshire engaged in physical activity and sport, by providing choice, motivation and support.
Type of Services:	Physical Health
Type of Condition or Health Subject:	Health & Wellbeing

Addaction - National

Group/Organisation Address:	67-69 Cowcross Street,, London
Email:	info@addaction.org.uk
Website:	www.addaction.org.uk
Postcode:	EC1M 6PU
Telephone Number:	020 7251 5860
Access Times:	Monday - Friday 9.00am - 5.00pm
Extra Information:	Addaction is one of the UK's leading mental health, drug and alcohol charities. We work with adults and young people, in community settings, in prisons, in residential rehab and through outreach.
Type of Services:	Drug & Alcohol
Type of Condition or Health Subject:	Drugs & Alcohol

ADDISS (National Attention Deficit Disorder

Information & Support Service)

Group/Organisation Address:	ADDISS (National Attention Deficit Disorder Information & Support Service), 79 The Burroughs, Hendon, London
Email:	info@addiss.co.uk
Website:	www.addiss.co.uk
Postcode:	NW4 5AX
Telephone Number:	020 8952 2800
Access Times:	
Extra Information:	Provides people-friendly information and resources about Attention Deficit Hyperactivity Disorder to anyone who needs assistance-parents, sufferers, teachers or health professionals.
Type of Services:	Family & Carer Support
Type of Condition or Health Subject:	ADHD (Attention Deficit Hyperactivity Disorder)

Adfam

Group/Organisation Address:	Adfam, 2nd Floor, 120 Cromer Street, London, ,
Email:	admin@adfam.org.uk
Website:	www.adfam.org.uk
Postcode:	WC1H 8BS
Telephone Number:	020 3817 9410

Access Times:**Extra Information:**

We are a national organisation working to improve support for families affected by drug and alcohol use.

Type of Services:

Family & Carer Support

Type of Condition or Health Subject:

Drugs & Alcohol

ADS Addiction Dependency Solutions

Group/Organisation Address:

St Andrew House,,
201 London Road,,
Derby

Email:**Website:**

www.adsolutions.org.uk

Postcode:

DE1 2TZ

Telephone Number:

0800 051 5857 01332 268 499

Access Times:

Mon, Thurs, Fri 9-5pm, Tues, 11-5pm, Wed, 9-7pm

Extra Information:

Our Derby service is available for all Derby residents over the age of 18, who have problems with their alcohol use, or worried about a family member, partner or friend.

Type of Services:

Drug & Alcohol

Type of Condition or Health Subject:

Drugs & Alcohol

Adult Community Education - Alfreton

Group/Organisation Address:	Derbyshire County Council, Adult Community Education - Alfreton, Alfreton Park, Church Street, Alfreton, Derbyshire
Email:	alfreton.ace@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education
Postcode:	DE55 7BD
Telephone Number:	01629 533090
Access Times:	Mondays & Wednesdays 9.00am - 8.30pm Tuesdays & Thursdays 9.00am - 8.30pm Friday 9.00am - 1.00pm
Extra Information:	Adult education offers the largest choice of learning opportunities for adults aged 19 and over throughout Derbyshire.
Type of Services:	Adult Education
Type of Condition or Health Subject:	Health & Wellbeing

Adult Community Education - Belper

Group/Organisation Address:	Holbrook Road, Belper, Derbyshire, DE56 1PA,
Email:	belper.ace@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education/adult-education
Postcode:	DE56 1PA
Telephone Number:	01629 533131
Access Times:	Term times

Extra Information:

Adult education offers the largest choice of learning opportunities for adults aged 19 and over throughout Derbyshire.

Type of Services:

Adult Education

Type of Condition or Health Subject:

Health & Wellbeing

Adult Community Education - Bolsover

Group/Organisation Address:

Castle St.,
Bolsover,
Chesterfield,
S44 6PP

Email:

bolsover.ace@derbyshire.gov.uk

Website:

www.derbyshire.gov.uk/adulteducation

Postcode:

S44 6PP

Telephone Number:

01629 537912

Access Times:

Mondays - Thursdays 9.30am - 11.30am & 1.00pm - 3.00pm
Fridays 9.30am - 11.30am

Extra Information:

Adult education offers the largest choice of learning opportunities for adults aged 19 and over throughout Derbyshire.

Type of Services:

Adult Education

Type of Condition or Health Subject:

Health & Wellbeing

Adult Community Education - Buxton

Group/Organisation Address:	Fairfield Ace Centre , Victoria Park Rd, Buxton, SK17 7PE
Email:	buxton.ace@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education/adult-education/centres/our-adult-education-centres.aspx
Postcode:	SK17 7PE
Telephone Number:	01629 533385
Access Times:	Friday 12-2pm Saturday Closed Sunday Closed Monday 12-2pm Tuesday 12-2pm Wednesday 12-2pm Thursday 12-2pm
Extra Information:	Derbyshire Adult Community Education Service offers the largest choice of learning opportunities for adults aged 19 and over throughout Derbyshire
Type of Services:	Adult Education
Type of Condition or Health Subject:	Health & Wellbeing

Adult Community Education - Chapel-en-le Frith

Group/Organisation Address:	Derbyshire County Council , Chapel-en-le-frith, High School, Long Lane, Chapel-en-le-frith, Derbyshire, SK23 0TQ
Email:	chapel.ace@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/adulteducation
Postcode:	SK23 0TQ
Telephone Number:	01663 746897
Access Times:	Term Time 09:00 - 16:30 Hours
Extra Information:	We are committed to providing an environment where everyone will have an equal opportunity to participate and develop to their full potential. Some people may need extra support with their learning.

Type of Services: Adult Education

Type of Condition or Health Subject: Health & Wellbeing

Adult Community Education - Chesterfield Hunloke Centre

Group/Organisation Address: Derbyshire County Council,
Adult Community Education - Chesterfield,
Church Street South, Birdholme,
Chesterfield

Email: hunloke.ace@derbyshire.gov.uk

Website: www.derbyshire.gov.uk/education

Postcode: S40 2TF

Telephone Number: 01629 535002

Access Times: Mondays - Thursdays 9.00am - 4.30pm
Fridays 9.00am - 4.00pm

Extra Information: Our aim is to ensure a quality experience with connected services for the people we work with in helping them to improve their lives and progress in life and work.

Type of Services: Adult Education

Type of Condition or Health Subject: Health & Wellbeing

Adult Community Education - Clay Cross

Group/Organisation Address:	Market St, Clay Cross, Chesterfield, S45 9JE
Email:	claycross.ace@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education/adult_education
Postcode:	S45 9JE
Telephone Number:	01629 537108
Access Times:	Monday - Friday 9.00am - 4.00pm
Extra Information:	Our aim is to ensure a quality experience with connected services for the people we work with in helping them to improve their lives and progress in life and work.
Type of Services:	Adult Education
Type of Condition or Health Subject:	Health & Wellbeing

Adult Community Education - Codnor - Peveril House

Group/Organisation Address:	Derbyshire Community Education, Peveril House, Mill Lane, Codnor, Derbyshire
Email:	peverilhouse.ace@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education
Postcode:	DE5 9QF
Telephone Number:	01773 743665
Access Times:	Term time hours.

Extra Information:

We are committed to providing an environment where everyone will have an equal opportunity to participate and develop to their full potential. Some people may need extra support with their learning. This may be because of a specific learning difficulty or disability. We aim to help all students by offering individual support. We can provide special equipment, large print, hearing loops, note-takers and signers for you to join your course and complete your study.

Type of Services:

Adult Education

Type of Condition or Health Subject:

Health & Wellbeing

Adult Community Education - Cotmanhay and Ilkeston

Group/Organisation Address:

Cotmanhay House,
Bennerley Ave,
Ilkeston,
DE7 8PF

Email:

contactcentre@derbyshire.gov.uk

Website:

www.derbyshire.gov.uk/adulteducation

Postcode:

DE7 8PF

Telephone Number:

01629 531807

Access Times:

Term Time 09:00 - 16:30 Hours

Extra Information:

We are committed to providing an environment where everyone will have an equal opportunity to participate and develop to their full potential. Some people may need extra support with their learning.

Type of Services:

Adult Education

Type of Condition or Health Subject:

Health & Wellbeing

Adult Community Education - Dronfield

Group/Organisation Address:	Gladys Buxton Ace Centre, Oakhill Rd, Dronfield, S18 2EJ
Email:	gladysbuxton.ace@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education/adult-education
Postcode:	S18 2EJ
Telephone Number:	01246 413631
Access Times:	Term Time 09:00 - 16:30 Hours
Extra Information:	We aim to help all students by offering individual support. We can provide special equipment, large print, hearing loops, note-takers and signers for you to join your course and complete your study.
Type of Services:	Adult Education
Type of Condition or Health Subject:	Health & Wellbeing

Adult Community Education - Fairfield Buxton

Group/Organisation Address:	Adult Community Education, Derbyshire County Council, Victoria Park Road, Fairfield Buxton, Derbyshire
Email:	buxton.ace@Derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education
Postcode:	S17 7PE
Telephone Number:	01298 214175

Access Times: 9am - 5pm

Extra Information:

Type of Services: Adult Education

Type of Condition or Health Subject: Health & Wellbeing

Adult Community Education - Glossop

Group/Organisation Address: Glossop Adult Community Education,
Talbot Street,
Glossop,,
,

Email: glossop.ace@derbyshire.gov.uk

Website: www.derbyshire.gov.uk/education

Postcode: SK13 7DG

Telephone Number: 01629 535892

Access Times: Term Times

Extra Information: Our aim is to ensure a quality experience with connected services for the people we work with in helping them to improve their lives and progress in life and work.

Type of Services: Adult Education

Type of Condition or Health Subject: Health & Wellbeing

Adult Community Education - Hope Valley

Group/Organisation Address:	Hope Valley ACE Centre, Castleton Road, Derbyshire
Email:	community@hopevalley.Derbyshire.sch.uk
Website:	www.derbyshire.gov.uk/education
Postcode:	S33 6SD
Telephone Number:	01629 533385
Access Times:	Term times
Extra Information:	We are committed to providing an environment where everyone will have an equal opportunity to participate and develop to their full potential. Some people may need extra support with their learning. This may be because of a specific learning difficulty or disability. We aim to help all students by offering individual support. We can provide special equipment, large print, hearing loops, note-takers and signers for you to join your course and complete your study.
Type of Services:	Adult Education
Type of Condition or Health Subject:	Health & Wellbeing

Adult Community Education - Long Eaton

Group/Organisation Address:	Adult Community Education - Long Eaton, 173 Derby Road, Long Eaton, Nottingham
Email:	communityhouse.ace@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education
Postcode:	NG10 4LL
Telephone Number:	01629 537384
Access Times:	Term times

Extra Information:

Adult education offers the largest choice of learning opportunities for adults aged 19 and over throughout Derbyshire.

Type of Services:

Adult Education

Type of Condition or Health Subject:

Mental Health Problems

Adult Community Education - Matlock

Group/Organisation Address:

The Ritz ACE Centre,
Steep Turnpike,
Matlock,
Derbyshire

Email:

matlock.ace@derbyshire.gov.uk

Website:

www.derbyshire.gov.uk/education

Postcode:

DE4 3DP

Telephone Number:

01629 533225

Access Times:

Term Times

Extra Information:

Adult education offers the largest choice of learning opportunities for adults aged 19 and over throughout Derbyshire.

Type of Services:

Adult Education

Type of Condition or Health Subject:

Mental Health Problems

Adult Community Education - New Mills

Group/Organisation Address:	Derbyshire County Council, Spring Bank, New Mills, 01332 862436, Derbyshire
Email:	newmills.ace@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education
Postcode:	SK22 4AZ
Telephone Number:	01663 746897
Access Times:	Term times
Extra Information:	Adult education offers the largest choice of learning opportunities for adults aged 19 and over throughout Derbyshire.
Type of Services:	Adult Education
Type of Condition or Health Subject:	Health & Wellbeing

Adult Community Education - Shirebrook

Group/Organisation Address:	Adult Community Education Centre - Shirebrook, Carter Lane, Shirebrook, Nottinghamshire
Email:	shirebrook.ace@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education
Postcode:	NG20 8PE
Telephone Number:	01629 537576
Access Times:	Term Times
Extra Information:	Our aim is to ensure a quality experience with connected services for the people we work with in helping them to improve their lives and progress in life and work.

Type of Services: Adult Education

Type of Condition or Health Subject: Mental Health Problems

Adult Community Education - South Normanton

Group/Organisation Address: The Hub South Normanton ACE Centre,
Shiners Way (Market Street),
South Normanton

Email: thehub.ace@southnormanton.org

Website: www.derbyshire.gov.uk/education

Postcode: DE55 2AA

Telephone Number: 01629 533733

Access Times:

Extra Information: Our aim is to ensure a quality experience with connected services for the people we work with in helping them to improve their lives and progress in life and work.

Type of Services: Adult Education

Type of Condition or Health Subject: Health & Wellbeing

Adult Community Education - Swadlincote

Group/Organisation Address: Swadlincote ACE Centre,
Rink Drive,
Swadlincote,
Derbyshire

Email: swadlincote.ace@Derbyshire.gov.uk/education

Website: www.derbyshire.gov.uk/education/adult-education

Postcode: DE11 8JL

Telephone Number: 01629 533290

Access Times:

Extra Information: Adult education offers the largest choice of learning opportunities for adults aged 19 and over throughout Derbyshire

Type of Services: Adult Education

Type of Condition or Health Subject: Health & Wellbeing

Adult Community Education - Wirksworth

Group/Organisation Address: Derbyshire Eco Centre,
Porter Lane, Middleton,
Matlock, Derbyshire,

Email: ecocentre@derbyshire.gov.uk

Website: www.derbyshire.gov.uk/education

Postcode: DE4 4LS

Telephone Number: 01629 533038

Access Times:

Extra Information: Derbyshire Eco Centre is the county hub for sustainability learning. The eco centre offers a high quality, enjoyable and supportive environment in which to learn the skills we need to enjoy living sustainably and lead lower carbon lifestyles.

Type of Services: Adult Education

Type of Condition or Health Subject: Health & Wellbeing

Adult Community Education Centre - Hunloke

Group/Organisation Address: Hunloke Adult Community Education Centre,
Church Street South,
Birdholme,
Chesterfield,
Derbyshire,
S40 2TF

Email: hunloke.ace@derbyshire.gov.uk

Website: www.derbyshire.gov.uk/adulteducation

Postcode: S40 2TF

Telephone Number: 01629 535002

Access Times: Term Time 09:00 - 16:30 Hours

Extra Information: Adult education offers the largest choice of learning opportunities for adults aged 19 and over throughout Derbyshire.

Type of Services: Education

Type of Condition or Health Subject: Health & Wellbeing

Adult Education Centre - Chesterfield

Group/Organisation Address: Workers Educational Association (WEA),
WEA, Hurst House Adult Ed Ctr.,,
1 Stand Road,
Whittington Moor,
Chesterfield,,
Derbyshire,

Email: chesterfieldoffice@wea.org.uk

Website:	www.wea.org.uk
Postcode:	S41 8SW
Telephone Number:	01246 622249
Access Times:	
Extra Information:	<p>We have a special mission to raise aspirations and develop educational opportunities for the most disadvantaged. 82% of students with mental health issues reported improvements in their condition after studying with us</p> <p>An increase in confidence was reported by 72% of students</p> <p>Our courses helped with stress. 57% felt that the course helped to reduce stress and 50% of students reporting health problems felt that the course helped them handle stress better.</p>
Type of Services:	Adult Education
Type of Condition or Health Subject:	Health & Wellbeing

Adult Learning Service Derby City Council

Group/Organisation Address:	Derby Multicultural Centre, Dairyhouse Road, Derby
Email:	enquiries@derbyals.org
Website:	www.adult-learning-derby.org.uk
Postcode:	DE23 8HN
Telephone Number:	01332 717940
Access Times:	
Extra Information:	Adult Learning Service provides high quality education for adult learners
Type of Services:	Adult Education

Type of Condition or Health Subject:

Health & Wellbeing

Adult Learning Service Derby City Council

Group/Organisation Address:

Alvaston, First Steps Centre,
Osmaston Allenton Sure Start,
60 Cockayne Street,
Derby

Email:

boulton.childrenscentre@derby.gov.uk

Website:

www.adult-learning-derby.org.uk

Postcode:

DE24 8XB

Telephone Number:

01332 715620

Access Times:

Extra Information:

Adult Learning Service provides high quality education for adult learners

Type of Services:

Adult Education

Type of Condition or Health Subject:

Health & Wellbeing

Adult Learning Service Derby City Council

Group/Organisation Address:

Village Learning Centre,
Browning Street,
Derby

Email:

enquiries@derbyals.org

Website:

www.adult-learning-derby.org.uk

Postcode:

DE23 8DN

Telephone Number: 01332 711371

Access Times:

Extra Information: Adult Learning Service provides high quality education for adult learners

Type of Services: Adult Education

Type of Condition or Health Subject: Health & Wellbeing

Adult Learning Service Derby City Council

Group/Organisation Address: Littleover Community School,
Pastures Hill,
Littleover,
Derby

Email: enquiries@derbyals.org

Website: www.adult-learning-derby.org.uk

Postcode: DE23 4BZ

Telephone Number: 01332 717940

Access Times:

Extra Information: Adult Learning Service provides high quality education for adult learners

Type of Services: Adult Education

Type of Condition or Health Subject: Health & Wellbeing

Adult Learning Service Derby City Council

Group/Organisation Address: Allen Park Centre ,
Allen Street,
Allenton,
Derby

Email: enquiries@derbyals.org

Website: www.adult-learning-derby.org.uk

Postcode: DE24 9DE

Telephone Number: 01332 642300

Access Times:

Extra Information: Derby Adult Learning Service provides high quality education for adult learners. It aims to meet the needs of local communities and individuals, encouraging lifelong learning through partnership with other education and learning providers.

Type of Services: Adult Education

Type of Condition or Health Subject: Health & Wellbeing

Adult Learning Service Derby City Council

Group/Organisation Address: Darley, Kedleston Road Centre,
184 Kedleston Road,
Derby

Email: enquiries@derbyals.org

Website: www.adult-learning-derby.org.uk

Postcode: DE22 1GT

Telephone Number: 01332 717930

Access Times:

Extra Information:

Adult Learning Service provides high quality education for adult learners

Type of Services:

Adult Education

Type of Condition or Health Subject:

Health & Wellbeing

Adult Learning Service Derby City Council

Group/Organisation Address:

Rycote Centre,
Parker Street,
Derby

Email:

enquiries@derbyals.org

Website:

www.adult-learning-derby.org.uk

Postcode:

DE1 3HF

Telephone Number:

01332 717930

Access Times:**Extra Information:**

Adult Learning Service provides high quality education for adult learners

Type of Services:

Adult Education

Type of Condition or Health Subject:

Health & Wellbeing

Adult Learning Service Derby City Council

Group/Organisation Address:

Landau Forte College,
Fox Street,
Derby

Email:	Adult Learning Service provides high quality education for adult learners
Website:	www.adult-learning-derby.org.uk
Postcode:	DE1 2LF
Telephone Number:	01332 711371
Access Times:	
Extra Information:	Adult Learning Service provides high quality education for adult learners
Type of Services:	Adult Education
Type of Condition or Health Subject:	Health & Wellbeing

Advice Derbyshire

Group/Organisation Address:	N/A
Email:	financial@ruralactionderbyshire.org.uk
Website:	www.advicederbyshire.org
Postcode:	N/A
Telephone Number:	
Access Times:	North East Derbyshire 0844 848 9800 Derbyshire Districts 0844 375 2712
Extra Information:	Financial Action and Advice Derbyshire is a merger of two previous networks; Financial Inclusion Derbyshire and Advice Derbyshire. The aim of the partnership is "Taking action and giving advice to enable Derbyshire people to have enough to live on" by:
Type of Services:	Self Help
Type of Condition or Health Subject:	Health & Wellbeing

Advocacy Service - Derbyshire Independent Community Advocacy Service

Group/Organisation Address:

Albany House,
Kingsway,
DE22 3LZ

Email:

enquiries@derbyshireindependentcommunityadvocacy.org.uk

Website:

www.derbyshireindependentcommunityadvocacy.org.uk/home-page/

Postcode:

DE22 3LZ

Telephone Number:

01332 623732

Access Times:

Extra Information:

Advocacy is about making sure your voice is heard. Derbyshire MIND provide Independent Community Advocacy for people in Derbyshire. The service can help you to say what you want, write letters with you, go to meetings with you and find out information for you.

Type of Services:

Advocacy

Type of Condition or Health Subject:

Mental Health Problems

Advocacy Service - Derbyshire Mind

Group/Organisation Address:

Albany House,
Kingsway,
DE22 3LZ

Email:

advocacy@derbyshiremind.org.uk

Website:

www.derbyshiremind.org.uk/

Postcode:

DE22 3LZ

Telephone Number: 01332 623732

Access Times:

Extra Information: Advocacy is about making sure that people have their voices heard. Derbyshire Mind provide Advocacy Services for Derbyshire. Services cover Independent Specialist Advocacy (IMHA, IMCA and DOLS), Independent Health Complaints Advocacy.

Type of Services: Advocacy

Type of Condition or Health Subject: Mental Health Problems

Advocacy Service - ONE Advocacy Derby

Group/Organisation Address: ONE Advocacy Derby,
Sinfin Library,
Arleston Lane,
Derby,
DE24 3DS

Email: referrals@oneadvocacyderby.org
support@oneadvocacyderby.org

Website: oneadvocacyderby.org/

Postcode: DE24 3DS

Telephone Number: 01332 228748

Access Times:

Extra Information: Advocacy is about making sure your voice is heard. ONE Advocacy provides Advocacy service in Derby City. Services include; Care Act Advocacy, Independent Complaints Advocacy Services, Independent Mental Capacity Advocate, Independent Mental Health Advocate and Specialist Advocacy.

Type of Services: Advocacy

Type of Condition or Health Subject: Mental Health Problems

African Caribbean Community Association Chesterfield & District

Group/Organisation Address: 6 Ashgate Road,
Chesterfield,
derbyshire

Email: accavelma@yahoo.co.uk

Website: www.chesterfieldonline.co.uk/info/303

Postcode: S40 4AA

Telephone Number: 01246 207491

Access Times:

Extra Information: Offer help and advice to members of the black community on housing, immigration, benefits etc.
Weekly women's social support group
Weekly support group for all members
Access to Mental Health First Aiders (weekly drop in facilities every Tuesday between 11am and 2.30pm)
Luncheon Club twice monthly
Work with other agency organisations on a range of issues relevant to the black community
Work with local schools and other educational establishments.

Type of Services: Elderly Care

Type of Condition or Health Subject: Health & Wellbeing

AFT Association for Family Therapy and

Systemic Practice

Group/Organisation Address: AFT, Century House,,
100 Nottingham Road,,
Nottingham

Email:

Website: www.aft.org.uk

Postcode: NG10 2BZ

Telephone Number: 07958 571374

Access Times:

Extra Information: AFT, the association for Family Therapy and Systemic Practice, is a registered charity working to benefit the public by promoting effective family therapy and systemic services. The Nottingham AFT offers a bi-monthly family therapy reading group. After reading a paper together there is a group discussion. All are welcome.

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Mental Health Problems

After Adoption

Group/Organisation Address: Unit 5 Citygate,
5 Blantyre Street,
Manchester

Email: actionline@afteradoption.org.uk

Website: www.afteradoption.org.uk

Postcode: M15 4JJ

Telephone Number: 0800 0568 578

Access Times:

Extra Information:

After Adoption supports people throughout the adoption journey. Services include an adoption agency, which places those children who wait the longest, lifetime support for adoptive parents, specialist support for adopted children, young people and adults, including unique services for birth parents. Its innovative work and ability to deliver services to scale has helped to transform adoption across the UK.

Type of Services:

Family Services

Type of Condition or Health Subject:

Health & Wellbeing

Age Concern - Chesterfield and District

Group/Organisation Address:

South Lodge,
Boythorpe Avenue,
Chesterfield,
Derbyshire,

Email:

enquiries@ageconcernchesterfield.org.uk

Website:

www.ageconcernchesterfield.org.uk

Postcode:

S40 2BF

Telephone Number:

01246 273333

Access Times:

Monday & Friday - appointment
only Tuesday/Wednesday/Thursday 10.00am - 2.00pm

Extra Information:

We offer advice on managing finances, advocacy, benefits advice, debt advice, health advice, local fundraising, information social care advice, signposting, visiting/befriending. For more on services available please visit our organisation's website.

Type of Services:

Elderly Care

Type of Condition or Health Subject:

Health & Wellbeing

Age UK - Derby & Derbyshire (Head Office)

Group/Organisation Address:	Age UK Derby and Derbyshire, 29a Market Place, Heanor, Derby
Email:	administration@ageukderbyandderbyshire.org.uk
Website:	www.ageuk.org/derbyandderbyshire
Postcode:	DE75 7EG
Telephone Number:	01773 768240
Access Times:	
Extra Information:	We provide information and advice, Advocacy service, Carers Connect, housing options, safeguarding for vulnerable adults, day care, foot care, falls prevention, fit as a fiddle, careline telephone, befriending etc
Type of Services:	Elderly Care
Type of Condition or Health Subject:	Health & Wellbeing

Age UK - National

Group/Organisation Address:	Tavis House, 1-6 Tavisstock Square, London
Email:	contact@ageuk.org
Website:	www.ageuk.org.uk
Postcode:	WC1H 9NA
Telephone Number:	0800 055 6112
Access Times:	

Extra Information:

Information line offering detailed written information to older people and their families on a range of issues including benefits, care and housing.

Type of Services:

Elderly Care

Type of Condition or Health Subject:

Health & Wellbeing

Age UK Derby and Derbyshire - Befriending Service

Group/Organisation Address:

Age UK Derby and Derbyshire - Befriending Service,
29a Market Place,
Heanor,
Derbyshire

Email:

administration@ageukdd.org.uk

Website:

www.ageuk.org.uk/derbyandderbyshire.org.uk

Postcode:

DE75 7EG

Telephone Number:

01773 768240

Access Times:**Extra Information:**

The Befriending service provides social support and companionship to people living in the community who are isolated, vulnerable or lonely. We also provide a specialist befriending service to support people in the early stages of dementia.

Type of Services:

Elderly Care

Type of Condition or Health Subject:

Health & Wellbeing

Age UK Derby and Derbyshire - Erewash Careline

Group/Organisation Address:	Age UK Derby and Derbyshire - Erewash Careline, 29A Market Place, Heanor, Derbyshire,
Email:	administration@ageukdd.org.uk
Website:	www.ageuk.org.uk/derbyandderbyshire/careline
Postcode:	DE75 7EG
Telephone Number:	01773 766922
Access Times:	
Extra Information:	Care line is telephone befriending for people living in Erewash. Older people receive regular telephone conversations to monitor health and wellbeing.
Type of Services:	Elderly Care
Type of Condition or Health Subject:	Health & Wellbeing

Age UK Derby Chaddesden Centre

Group/Organisation Address:	Chaddesden Park, Derby,
Email:	derbyadmin@ageukderbyandderbyshire.org.uk
Website:	
Postcode:	DE21 6LN
Telephone Number:	01332 343232
Access Times:	

Extra Information:

The Chaddesden Centre offers a selection of health, wellbeing, social and day care activities for older people

Type of Services:

Elderly Care

Type of Condition or Health Subject:

Health & Wellbeing

Al-Anon Family Groups UK & EIRE

Group/Organisation Address:

Al-Anon Family Groups UK & EIRE,
57b Great Suffolk Street,
London

Email:

enquiries@al-anonuk.org.uk

Website:

www.al-anonuk.org.uk

Postcode:

SE1 0BB

Telephone Number:

020 7403 0888 Helpline available 10 am - 10 pm,
365 days a year)

Access Times:

Helpline: 10am - 10pm 365 days a year

Extra Information:

Al-Anon Family Groups hold regular meetings where members share their own experience of alcoholism and the effect of living with someone else's drinking. Al-Anon does not offer advice or counselling, but members give each other understanding and strength and hope.

Type of Services:

Family & Carer Support

Type of Condition or Health Subject:

Health & Wellbeing

Al-Anon/Alateen

Group/Organisation Address:	Al-Anon/Alateen, Webb Site and Helpline Number
Email:	
Website:	www.al-anonuk.org.uk
Postcode:	N/A
Telephone Number:	Helpline: 020 7953 2070
Access Times:	
Extra Information:	Alateen is for teenage relatives and friends of alcoholics. Alateen is part of Al-Anon. We believe alcoholism is a family disease that affects everyone in the family. Alateen meetings are attended by 12-17 year olds. They meet to share their experiences of having, or having had, a problem drinker in their lives. They help and support each other. By attending meetings, young people gain an understanding of the illness and feel the benefits of realising they are not alone. They learn that they did not cause this problem and that they are not responsible for their relative's or friend's drinking or behaviour. By sharing their experiences, they find solutions to their problems and hope for the future
Type of Services:	Helpline
Type of Condition or Health Subject:	Drugs & Alcohol

Alcohol Anonymous - Derbyshire

Group/Organisation Address:	Alcohol Anonymous - Derbyshire Nottinghamshire & Leicestershire, Bath Street, Nottingham
Email:	help@alcoholics-anonymous.org.uk
Website:	www.nld-aa.org.uk/

Postcode: NG1 1DD

Telephone Number: 0115 9417 100 National Helpline 0800 917 7650

Access Times:

Extra Information: Alcoholics Anonymous® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

Type of Services: Helpline

Type of Condition or Health Subject: Drugs & Alcohol

Alcohol Concern/Alcohol Research UK

Group/Organisation Address: Alcohol Concern / Alcohol Research UK,
27 Swinton Street ,
London,

Email: contact@alcoholconcern.org.uk

Website: www.alcoholconcern.org.uk

Postcode: WC1X 9NW

Telephone Number: 0203 907 8480

Access Times:

Extra Information: In April 2017 Alcohol Concern merged with Alcohol Research UK to form the UK's leading independent alcohol charity. Together, we are working to end the harm caused by alcohol.

Type of Services: Helpline

Type of Condition or Health Subject: Drugs & Alcohol

Alcohol Problems Advisory Service/Nottingham City NHS

Group/Organisation Address:	Alcohol Problems Advisory Service, 1 Standard Court, Park Road, Nottingham
Email:	info@apas.org.uk
Website:	www.apas.org.uk
Postcode:	NG1 6GN
Telephone Number:	0115 941 4747
Access Times:	
Extra Information:	apas is an independent not-for-profit provider of a variety of services designed to reduce the harm alcohol, gambling, substance misuse and addiction problems cause to individuals, families and the communities they live in.
Type of Services:	Helpline
Type of Condition or Health Subject:	Drugs & Alcohol

Alcoholics Anonymous

Group/Organisation Address:	Alcoholics Anonymous, PO Box 1, 10 Toft Green, York
Email:	help@aamail.org
Website:	www.alcoholics-anonymous.org.uk
Postcode:	YO1 7NJ

Telephone Number: 01904 644026 or 0800 9177 650 - national help line

Access Times:

Extra Information: AA is concerned solely with the personal recovery and continued sobriety of individual alcoholics who turn to the Fellowship for help.

Type of Services: Helpline

Type of Condition or Health Subject: Drugs & Alcohol

Alfreton Primary Care Centre

Group/Organisation Address: Alfreton Primary Care Centre,
Church Street,
Alfreton,
Derbyshire

Email:

Website: www.dchs.nhs.uk

Postcode: DE55 7AH

Telephone Number: 01773 546800

Access Times:

Extra Information: DCHS provides a range of services from the centre. Diagnostics, Dental, Health Promotion, Integrated Children's Teams, Learning Disability, Older People's Mental Health Services, Podiatry, Sexual Health, Specialist Services.

Type of Services: Children's Services

Type of Condition or Health Subject: Health & Wellbeing

Alzheimer's Society

Group/Organisation Address:	Alzheimer's Society, Devon House, 58 Katherine's Way, london
Email:	enquiries@alzheimers.org.uk
Website:	www.alzheimers.org.uk
Postcode:	E1W 1JX
Telephone Number:	0300 222 11 22 - Helpline
Access Times:	
Extra Information:	The National Dementia Helpline provides information, advice, and support through listening, guidance and appropriate signposting to anyone affected by dementia.
Type of Services:	Mental Health
Type of Condition or Health Subject:	Alzheimers

Alzheimer's Society - Dementia Support Service - Hospital In-Reach Royal Derby

Group/Organisation Address:	Alzheimer's Society - Dementia Support Service - Hospital In-Reach Royal Derby, Uttoxeter New Road, Derby,
Email:	derby@alzeimers.org.uk
Website:	
Postcode:	DE22 3NE
Telephone Number:	01332 208845

Access Times:**Extra Information:**

Working with patients presenting with confusion on admission to Royal Derby Hospital. Working with Older People's Mental Health Liaison Team (Confused Team)

Type of Services:

Mental Health

Type of Condition or Health Subject:

Alzheimers

Alzheimers Society Derbyshire Office

Group/Organisation Address:

Alzheimer's Society Derbyshire Office,
Building 20,
Masons Place Business Park,
Nottingham Road,
Derby,
Derbyshire

Email:**Website:****Postcode:**

DE21 6AQ

Telephone Number:

01332 208845

Access Times:**Extra Information:****Type of Services:**

Mental Health

Type of Condition or Health Subject:

Alzheimers

Amber Trust

Group/Organisation Address:	Amber Trust, 7-11 Wellington Street, Ripley, Derbyshire
Email:	info@ambertrust.co.uk
Website:	www.ambertrust.co.uk
Postcode:	DE5 3EH
Telephone Number:	01773 742051
Access Times:	Monday - Friday 8.00am - 5.00pm
Extra Information:	Amber Trust is a well established social care charity specialising in offering accommodation and support services to adults with mental ill health or those who are at risk of social exclusion.
Type of Services:	Mental Health
Type of Condition or Health Subject:	Mental Health Problems

Amber Valley Mental Health Carers

Group/Organisation Address:	The Croft, Slack Lane, Ripley
Email:	
Website:	
Postcode:	DE5 3HF
Telephone Number:	Contact Terry Earl on 07721006100 or 01629 822337
Access Times:	1st Tuesday of the month 1.30-3.30pm

Extra Information:

We are a self help group of people who care or have cared for a relative, friend or neighbour suffering from any form of mental health illness.
We meet monthly to offer each other mutual support, advice and understanding in a relaxed and friendly atmosphere.

Type of Services:

Voluntary Support Group

Type of Condition or Health Subject:

Mental Health Problems

Amber Valley CVS

Group/Organisation Address:

Amber Valley CVS,
35, Market Place,
Ripley,,
Derbyshire

Email:

admin@avcvs.org

Website:

www.avcvs.org

Postcode:

DE5 3HA

Telephone Number:

01773 512076

Access Times:

Monday - Wednesday 9.00am - 5.00pm Thursday
9.00am - 6.00pm Friday 9.00am - 4.30pm

Extra Information:

Amber Valley CVS is the local organisation for the district's voluntary and community groups. Our aims are to support groups and individuals in a wide range of activities and initiatives, which will help improve the quality of life for people in our area - covering: Volunteering with younger people · Befriending · Conservation work · Supporting older people · Supporting people with learning difficulties · Supporting people with Mental Ill Health

Type of Services:

Voluntary Support Group

Type of Condition or Health Subject:

Health & Wellbeing

Anxiety UK

Group/Organisation Address:	Anxiety UK, 339 Stretford Road, Hulme, Manchester,
Email:	support@anxietyuk.org.uk
Website:	www.anxietyuk.org.uk
Postcode:	M15 4ZY
Telephone Number:	Infoline - 08444 775 774 Monday – Friday – 9.30 am – 5.30pm Text Service: 07537 416905
Access Times:	
Extra Information:	Anxiety UK was established to promote the relief and rehabilitation of persons suffering from agoraphobia and associated anxiety disorders, phobias and conditions, in particular, but not exclusively, by raising awareness in such topics. We offer a range of innovative and high quality services delivered by professionals; supported by staff and volunteers with personal experience of anxiety, stress, and anxiety based depression.
Type of Services:	Mental Health
Type of Condition or Health Subject:	Mental Health Problems

Ashbourne Community Transport

Group/Organisation Address:	Ashbourne Community Transport, Blenheim Road, Ashbourne Derby
Email:	info@ashbournect.org.uk
Website:	www.ashbournect.org.uk
Postcode:	DE6 1HA

Telephone Number: 01335 300670

Access Times:

Extra Information: Ashbourne Community Transport (ACT) provides affordable, accessible transport in Ashbourne and its surrounding areas. ACT's services are available to those who do not have access to a car, cannot use mainstream public transport because of disability or mobility issues.

Type of Services: Voluntary Support Group

Type of Condition or Health Subject:

Asian Family Counselling Services (AFCS)

Group/Organisation Address: Asian Family Counselling Services (AFCS),
1 Hamton Court,
George Road,
Edgbaston,
Birmingham,

Email: bham.afcs@btconnect.com

Website: www.asianfamilycounselling.org

Postcode: B15 1PU

Telephone Number: 0121 454 1130

Access Times: When & where: Office hours Monday - Friday 9am - 5pm

Extra Information: The Asian Family Counselling Service provides counselling services for Asian couples going through marital problems.

Type of Services: Counselling

Type of Condition or Health Subject: Health & Wellbeing

Aspies for Freedom (AFF)

Group/Organisation Address:	Autism and Asperger's Chat Room
Email:	
Website:	www.aspiesforfreedom.com
Postcode:	N/A
Telephone Number:	
Access Times:	This website has a range of forums, articles and lots of information and aims to help build the autism culture.
Extra Information:	Welcome to Aspies For Freedom, connect with other autistics online and offline or chat with us in our autism chat room, no need to register, simply click and chat.
Type of Services:	Helpline
Type of Condition or Health Subject:	Autism

Association for Post Natal Illness

Group/Organisation Address:	Association for Post Natal Illness, 145 Dawes Road, Fulham London
Email:	info@apni.org
Website:	www.apni.org
Postcode:	SW6 7EB
Telephone Number:	0207 386 0868
Access Times:	Monday - Friday 10.00am - 2.00pm

Extra Information:

The Association for Post-Natal Illness is the leading organisation in its field. It provides support to mothers suffering from post-natal illness. The Association also runs a support service for husbands and families of the depressed woman. Many of the volunteer husbands will talk to husbands of sufferers and offer help and advice if necessary.

Type of Services:

Family Services

Type of Condition or Health Subject:

Postnatal Depression & Perinatal Mental Health

Atlow Mill Centre for Emotional Education

Group/Organisation Address:

Atlow Mill Centre for Emotional Education,
Mill Lane,
Hognaston,
Derbyshire,

Email:

info@atlowmill.org

Website:

www.atlowmill.org

Postcode:

DE6 1PX

Telephone Number:

01335 370494

Access Times:**Extra Information:**

Atlow Mill offers a range of personal development courses and designs bespoke programs for organisations, schools and community organisations.

Type of Services:

Family Therapy

Type of Condition or Health Subject:

Depression & Anxiety

Autism East Midlands

Group/Organisation Address:	Autism East Midlands, Unit 31, Craggs Industrial Estate, Marven Street, Creswell Worksop, Nottinghamshire
Email:	enquiries@autismeastmidlands.org.uk
Website:	www.autismeastmidlands.org.uk
Postcode:	S80 4AJ
Telephone Number:	01909 506 678
Access Times:	
Extra Information:	Autism East Midlands, (formerly NORSACA) is the largest specialist autism charity in the East Midlands. As a parent led charity, we are totally committed to providing individuals and their families with the support they need to live their lives to the full, throughout their lives.
Type of Services:	Mental Health
Type of Condition or Health Subject:	Autism

AVEDASS - Domestic Abuse Support Services

Group/Organisation Address:	AVEDASS - Domestic Abuse Support Services, Helpline
Email:	
Website:	www.ambervalley.info/articleview.asp?iid=avedass
Postcode:	N/A
Telephone Number:	01773 530043
Access Times:	

Extra Information:

Amber Valley and Erewash Domestic Abuse Support Service (AVEDASS) provides support for anyone who has been a victim of Domestic Abuse.

Type of Services:

Helpline

Type of Condition or Health Subject:

Domestic Violence

Avert

Group/Organisation Address:

Avert,
4 Brighton Road,
Horsham,
West Sussex,
,
,

Email:

info@avert.org

Website:

www.avert.org

Postcode:

RH13 5BA

Telephone Number:

01403 210202

Access Times:**Extra Information:**

AVERT is an independent charity. Our mission is to ensure widespread knowledge and understanding of HIV and AIDS, in order to reduce infections and improve the lives of those affected.

Type of Services:

Education

Type of Condition or Health Subject:

Sexual Health

AVP (Alternatives to Violence) Britain

Group/Organisation Address:	AVP (Alternatives to Violence) Britain, Grayston Centre, 28 Charles Square, London
Email:	info@avpbritain.org.uk
Website:	www.avpbritain.org.uk
Postcode:	N1 6HT
Telephone Number:	0207 324 4755
Access Times:	
Extra Information:	The Alternatives to Violence Project is a network of skilled volunteers who run workshops for anyone who wants to find ways of resolving conflict without resorting to violence. We work in the community and in prisons. Our workshops build on everyday experiences and try to help us move away from violent or abusive behaviour by developing other ways of dealing with conflicts.
Type of Services:	Education
Type of Condition or Health Subject:	Anxiety & Panic Attacks

Bank House South Derbyshire Mental Health Association

Group/Organisation Address:	Bank House, Sharpes Industrial Estate,, Alexandra Rd,, Swadlincote, Derbyshire
Email:	contact@bankhouse.co.uk
Website:	bankhouse.co.uk

Postcode: DE11 9AZ

Telephone Number: 01283 222881

Access Times:

Extra Information: Bank House is a Swadlincote based service dedicated to supporting adults with mental health issues. We offer a holistic approach, taking account of emotional, physical, social, and psychological needs

Type of Services: Physical Health

Type of Condition or Health Subject: Health & Wellbeing

Barnado's Leaving Care Project - Derbyshire

Group/Organisation Address: Barnado's Leaving Care Project - Derbyshire,
9 Mundy Street, Heanor, Derbyshire,
48 Newbold Street,
Chesterfield,

Email: on line email service

Website: www.barnardos.org.uk/leaving-care-service-derbyshire

Postcode: DE75 7EB

Telephone Number: 01773 717212

Access Times:

Extra Information: Leaving care: service offers support through the transition from Care to independent living, with follow on services providing skills, knowledge and access to 1:1 advice. Including access to supported lodgings, help getting a job and on the Job Training. We also offer housing support to assist and sustain independent living on leaving care. Providing access to supported accommodation, emergency short term or more long term bond schemes. Raising awareness through educational visits and improving the understanding of risks.

Type of Services: Counselling

Type of Condition or Health Subject: Health & Wellbeing

Barnardo's Short Breaks Service Derbyshire

Group/Organisation Address: Barnardo's Short Breaks Service Derbyshire,
9 Mundy Street,
Heanor,
Derbyshire

Email: On line email service

Website: www.barnardos.org.uk/short_breaks_Derbyshire

Postcode: DE75 7EB

Telephone Number: 01773 718060

Access Times:

Extra Information: The aim of Barnardo's Short Breaks Service–Derbyshire is to provide a child or young person with new experiences and opportunities for socialisation, independence and enjoyment whilst also providing a 'short break' for parents and carers. We will provide support to children and young people between the ages of 5 to 17 years who have been assessed as reaching the eligibility criteria as defined by the Local Authority.

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Be Inspiring Project

Group/Organisation Address:	Be Inspiring Project, Ikhlas Community Centre, 127-129 Clarence Road, Derby,
Email:	online email service
Website:	www.communitydirectoryderbyshire.org.uk/view/4178/be-inspiring-project
Postcode:	DE23 6LS
Telephone Number:	01332 460404
Access Times:	Mainly run after school and weekends Majority of our services are provided free of charge.
Extra Information:	Helping and support young people between the ages of 8 - 16 from all communities, especially the BME communities and young people with learning or behavioural difficulties.
Type of Services:	Voluntary Support Group
Type of Condition or Health Subject:	Depression & Anxiety

Belper Community Cottage

Group/Organisation Address:	Belper Community Cottage, 16 Chapel Street, Belper, Derbyshire,
Email:	office@belpercommunitycottage.co.uk
Website:	www.belpercottageproject.co.uk
Postcode:	DE56 1AR
Telephone Number:	01773 880364
Access Times:	
Extra Information:	The Belper Community Cottage (was Belper Cottage Project) provides an informal, welcoming and friendly central place for people to use its facilities.
Type of Services:	Family & Carer Support

Type of Condition or Health Subject:

Health & Wellbeing

Belper Self Help Group - Depression and Anxiety

Group/Organisation Address:

Belper Self Help Group - Depression and Anxiety,
Belper Community Cottage,
16 Chapel Street,
Belper, Derbyshire

Email:

office@belpercommunitycottage.co.uk

Website:

www.belpercommunitycottage.co.uk

Postcode:

DE56 1AR

Telephone Number:

01773 880364

Access Times:

Extra Information:

The group provides mutual support encouragement and reassurance in an informal and friendly setting for those experiencing depression, anxiety and its related problems. Family, friends, parents, carers are also welcome.

Type of Services:

Family & Carer Support

Type of Condition or Health Subject:

Depression

Bipolar UK

Group/Organisation Address:

Bipolar UK,
11 Belgrave Road,
London

Email:

info@bipolaruk.org

Website: www.bipolaruk.org.uk

Postcode: SW1V 1RB

Telephone Number: Support line - 0333 323 3880

Access Times: N/A

Extra Information:

Bipolar UK is the national charity dedicated to supporting people affected by bipolar. Every month the charity supports over 1,000 people with bipolar to stay well. This includes those with bipolar, those pre-diagnosis, and supporting their family and friends. Their peer support services include the below:

- Leaflets and information can be found on their website www.bipolaruk.org.

- Peer support groups across England, Wales and Northern Ireland. These groups are facilitated by trained volunteers, do not require a referral or booking to attend. Find out more on the website www.bipolaruk.org/find-a-support-group or call 0333 323 3885.

- Support groups are held in Derby and Chesterfield. The Derby group is held at Community Room, Parklands View, Bath Street, Derby, DE1 3FG on the 3rd Wednesday of every month, from 7pm to 9pm.

- The Chesterfield support group is held at Saints Parish Centre (next to the Crooked Spire), 5 St Marys Gate, Chesterfield, S41 7TD on the 1st and 3rd Wednesdays of every month, from 7pm to 9pm.

- A one to one telephone and email peer support. To arrange a call back, leave a message on 0333 323 3880 or email info@bipolaruk.org.

All of the above services can be used free of charge, and the support services are available to those over the age of 18. Those between 16 and 18 can attend a support group if accompanied by an adult.

Type of Services:

Mental Health

**Type of Condition
or Health Subject:**

Bipolar Disorder

Blesma

Group/Organisation Address:

Blesma,
The Limbless Veterans,
185-187 High Road,
Chadwell Heath,,
Romford, Essex

Email:

ChadwellHeath@blesma.org

Website:

www.blesma.org

Postcode:

RM6 6NA

Telephone Number:

Helpline - 020 8590 1124

Access Times:

Monday - Friday 9.00am - 5.00pm

Extra Information:

Blesma, The Limbless Veterans, is an Armed Forces charity dedicated to assisting serving and ex-Service men and women who have suffered life-changing limb loss or the use of a limb, an eye or sight. We support these men and women in their communities throughout the UK.

Type of Services:

Family & Carer Support

**Type of Condition or Health
Subject:**

PTSD (Post-traumatic Stress Disorder)

Bluebell Wood Children's Hospice

Group/Organisation Address:

Bluebell Wood Children's Hospice,
Cramfit Road,
North Anston,
Sheffield,

Email: info@bluebellwood.org

Website: www.bluebellwood.org

Postcode: S25 4AJ

Telephone Number: General enquiries: 01909 517 360 Care enquires: 01909 517 369

Access Times:

Extra Information: Bluebell Wood Children's Hospice offers care and support to children and young adults with life-shortening and life-threatening conditions, both in their own homes and at our hospice in North Anston. We support the whole family, and give them the chance to relax, take a break and have fun.

Type of Services: Children's Services

Type of Condition or Health Subject:

Blythe House Hospice

Group/Organisation Address: Blythe House Hospice,
Eccles Fold,
Chapel-en-le-Frith,
High Peak, Derbyshire,

Email: info@blythehouse.co.uk

Website: www.blythehousehospice.org.uk

Postcode: SK23 9TJ

Telephone Number: 01298 815388

Access Times: We are here to help people discover what is important to them, get practical help and support and explore new ways of coping.

Extra Information:

Blythe House adds quality to life by providing the highest levels of care for people affected by cancer and certain other life-threatening illnesses and supporting those who are bereaved

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Borrowbrook Home Link

Group/Organisation Address:

Borrowwash Home Link,
1A Chapel Row,
Borrowwash Derby

Email:

info@Borrowbrook.Borrowwash.com

Website:

www.borrowbrook.borrowwash.com

Postcode:

DE72 3LR

Telephone Number:

01332 280111

Access Times:**Extra Information:**

The Borrowbrook Home Link is about providing support services to older adults living independently in the Parish of Ockbrook and Borrowwash

Type of Services:

Elderly Care

Type of Condition or Health Subject:

Health & Wellbeing

Bristol Crisis Service for Women

Group/Organisation Address:	Bristol Crisis Service for Women, PO Box 654, Bristol
Email:	bcsw@btconnect.com
Website:	www.selfinjurysupport.org.uk
Postcode:	BS99 1XH
Telephone Number:	Women's Self-injury Helpline 0808 800 8088 Support text and email services available online
Access Times:	Tuesday to Thursday 7pm - 9:30pm
Extra Information:	Self injury Support is a charity, who offers support to women in emotional distress. We particularly help girls and women who harm themselves (often called self-injury). This is how some people cope with their feelings and problems.
Type of Services:	Adult Services
Type of Condition or Health Subject:	Depression

British Association for Behavioural and Cognitive Psychotherapy

Group/Organisation Address:	British Association for Behavioural and Cognitive Psychotherapy, Imperial House, Hornby Street, Bury
Email:	babcp@babcp.com
Website:	www.babcp.com
Postcode:	BL9 5BN
Telephone Number:	0161 705 4304
Access Times:	Mon - Fri 9-5pm

Extra Information:

The British Association for Behavioural and Cognitive Psychotherapy (BABCP) is a multi-disciplinary interest group for people involved in the practice and theory of behavioural and cognitive psychotherapy.

Type of Services:

Counselling

Type of Condition or Health Subject:

Depression & Anxiety

British Association for Counselling & Psychotherapy

Group/Organisation Address:

British Association for Counselling & Psychotherapy,
BACP House,
15 St Johns Business Park,
Lutterworth, Leicestershire,

Email:

bacp@bacp.co.uk

Website:

www.bacp.co.uk

Postcode:

LE17 4HB

Telephone Number:

01455 883300

Access Times:

Mon - Fri 8.45 - 5pm

Extra Information:

Works with large and small organisations within the sector. Ranges from advising schools, assisting the NHS on service provision, working with voluntary agencies and supporting independent practitioners. A searchable directory of counsellors is available.

Type of Services:

Self Help

Type of Condition or Health Subject:

Health & Wellbeing

British Association for Supported Employment

Group/Organisation Address:	British Association for Supported Employment, Unit 4, 200 Bury Road, Tottington, Lancs
Email:	admin@base-uk.org
Website:	www.base-uk.org
Postcode:	BL8 3DX
Telephone Number:	01204 880733
Access Times:	
Extra Information:	BASE is a national charity that promotes the principles and delivery of high quality Supported Employment services. Our brief is to represent, inform and encourage best practice.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Health & Wellbeing

British Association of Anger Management

Group/Organisation Address:	British Association of Anger Management, BAAM, The Studio, 14 Railway Approach, East Grinstead, West Sussex
Email:	info@angermanage.co.uk
Website:	www.angermanage.co.uk
Postcode:	RH19 1BP

Telephone Number:	0345 1300 286
Access Times:	Mon-Fri 9am-5pm PLEASE NOTE: We are not a helpline, we are a private organisation not a charity and we charge for all our services
Extra Information:	We are the UK's leading centre of excellence and expertise for anger, stress and conflict management. We offer support and training programmes for the general public, young people, governmental bodies, corporations, the educational sector, H.R departments and personnel, trainers, counsellors and anyone dealing with their own or another's anger issues.
Type of Services:	Voluntary Support Group
Type of Condition or Health Subject:	Anger

British Association of Occupational Therapists

Group/Organisation Address:	British Association of Occupational Therapists, 106-114 Borough High Street, Southwark, London
Email:	reception@cot.co.uk
Website:	www.cot.co.uk
Postcode:	SE1 1LB
Telephone Number:	020 7357 6480
Access Times:	
Extra Information:	The British Association of Occupational Therapists is the professional body representing the diverse and thriving community of occupational therapy staff across the UK.

Type of Services:

Physical Health

Type of Condition or Health Subject:

British Deaf Association

Group/Organisation Address:

British Deaf Association,
BDA Head Office,,
2nd Floor, 356 Holloway Road,,
London,

Email:

bda@bda.org.uk

Website:

www.bda.org.uk

Postcode:

N7 6PA

Telephone Number:

020 7697 4140

Access Times:

Monday - Friday 9.00am - 5.00pm

Extra Information:

The BDA is the UK's leading membership organisation and registered charity run by Deaf people for Deaf people. The BDA delivers a range of services to achieve its aims of empowering Deaf people to overcome difficulties that they face on a daily basis.

Type of Services:

Helpline

Type of Condition or Health Subject:

Mental Health Problems

British Pregnancy Advisory Service

Group/Organisation Address:

British Pregnancy Advisory Service,
Stratford Enterprise Park,
20 Timothy's Bridge Road,
Stratford upon Avon

Email:	info@bpas.org
Website:	www.bpas.org
Postcode:	CV37 9BF
Telephone Number:	Appointments and treatments - 0845 730 4030
Access Times:	24 hours - 7 days a week
Extra Information:	BPAS is a charity offering information, counselling, treatment and a range of services linked with unwanted pregnancy and contraception
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Postnatal Depression & Perinatal Mental Health

British Psychological Society

Group/Organisation Address:	British Psychological Society, St. Andrews House, 48 Princess Road East, Leicester
Email:	enquiries@bps.org.uk
Website:	www.bps.org.uk
Postcode:	LE1 7DR
Telephone Number:	0116 254 9568
Access Times:	Mon - Fri 9-5pm

Extra Information:

The British Psychological Society is a registered charity which acts as the representative body for psychology and psychologists in the UK. We support and enhance the development and application of psychology for the greater public good, setting high standards for research, education, and knowledge, and disseminating our knowledge to increase the wider public awareness of psychology and its importance.

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

British Red Cross (Wheelchair Service)

Group/Organisation Address:

British Red Cross,
Room 15
Clocktower Business Centre,
Works Road,
Hollingwood,
Chesterfield,
Derbyshire

Email:

MASManvers@redcross.org.uk

Website:

www.redcross.org.uk/get-help/borrow-a-wheelchair

Postcode:

S43 2PE

Telephone Number:

01246 280612 (during opening times) or 0300 456 1914 (press 5 if prompted) during office hours

Access Times:

Monday – Friday 10am – 2pm

Extra Information:

Hire a wheelchair or commode from the British Red Cross for a single trip or short term use. You can hire a wheelchair or commode for up to 12 weeks. There is a weekly hire fee, but we aim to ensure that all those who need a wheelchair can have one. Home delivery may be available.

Type of Services:

Voluntary Service

Type of Condition or Health Subject:

Health & Wellbeing

Brook

Group/Organisation Address:	Brook, 81 London Road, Liverpool
Email:	online email service
Website:	www.brook.org.uk
Postcode:	L3 8JA
Telephone Number:	
Access Times:	
Extra Information:	Brook Advisory Centres, commonly known just as Brook, has been at the forefront of providing wellbeing and sexual health support for young people under 25 for over 50 years. Our services in local communities, our education programmes, our training for professionals and our campaigning work means that young people are better equipped to make positive and healthy lifestyle choices.
Type of Services:	Voluntary Support Group
Type of Condition or Health Subject:	Sexual Health

CAADA - Co-ordinated Action Against Domestic Abuse - Support for Professionals

Group/Organisation Address:	CAADA - Co-ordinated Action Against Domestic Abuse - Support for Professionals, Suite 2a Whitefriars, Lewins Mead , Bristol
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Email:	info@safelives.org.uk
Website:	www.caada.org.uk
Postcode:	BS1 1NG
Telephone Number:	0117 403 3220
Access Times:	
Extra Information:	We are a national charity dedicated to ending domestic abuse, for good. We combine insight from services, survivors and statistics to support people to become safe, well and rebuild their lives.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Abuse

Call Derbyshire - Derbyshire County Council

Group/Organisation Address:	Bank Road, Matlock, DE4 3SS
Email:	contact.centre@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/council/contact-us/call-derbyshire/call-derbyshire.aspx
Postcode:	DE4 3SS
Telephone Number:	01629 533190
Access Times:	8am to 8pm, Monday to Friday and 9.30am to 4pm Saturdays
Extra Information:	Our call centre 'Call Derbyshire' aims to provide you with a speedy and direct response to enquiries. Outside these hours call 01629 532600.
Type of Services:	Helpline
Type of Condition or Health Subject:	Health & Wellbeing

CamTad (Campaign for Tackling Acquired Deafness)

Group/Organisation Address:	CamTad (Campaign for Tackling Acquired Deafness), The CamTad Office, (Junction 4), London Road Community Hospital, London Road Derby
Email:	Camtad@camtad.org
Website:	www.camtadderby.org.uk
Postcode:	DE1 2QY
Telephone Number:	01332 258143
Access Times:	Please note that the CamTAD office is open Tuesday, Wednesday and Thursday, 10am-12pm and 1pm-3pm for advice and information about hearing aids, hearing loss and assistive equipment Our clinics at the hospital are every Tuesday and Thursday, 1pm-3pm
Extra Information:	CamTAD's major aims are to ensure that hearing impaired people have the highest possible quality of life and are aware of all the services and strategies available to them. In support of these aims CamTAD has acted as a pressure group, self-help group and engaged in training and public awareness activities.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Mental Health Problems

Canaan Trust - Long Eaton Christian Homeless Charity

Group/Organisation Address:	Canaan Trust - Long Eaton Christian Homeless Charity, 14 Main Street, Long Eaton, Nottingham
Email:	online email service
Website:	www.canaan-trust.co.uk
Postcode:	NG10 1GR
Telephone Number:	0115 946 4903
Access Times:	
Extra Information:	The Canaan Trust, an independent Christian Charity provides safe secure and healthy supported accommodation for homeless males aged 16-54. Based in Long Eaton, Nottingham the Trust serves the needs of homeless men from Long Eaton, Ilkeston, Sandiacre, Stapleford, Sawley, Cotmanhay, Beeston, Chilwell, and Toton - all parts of Derbyshire and Nottinghamshire.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Health & Wellbeing

Care Co-ordination Association - CCA

Group/Organisation Address:	c/o Jaswinder Basi, Nottinghamshire Healthcare NHS Trust, Duncan Macmillan House, Porchester Road, Nottingham, NG3 6AA , ,
Email:	ccaonline@outlook.com
Website:	www.cpa.org.uk
Postcode:	NG3 6AA

Telephone Number:	0115 969 1300
Access Times:	Office Hours.
Extra Information:	The Care Co-ordination Association (CCA) has been established to support the implementation, operation, and development of the Care Programme Approach. It provides an update on new policy initiatives, a national network, publications and videos, etc
Type of Services:	Mental Health
Type of Condition or Health Subject:	Health & Wellbeing

Care Quality Commission

Group/Organisation Address:	Care Quality Commission, CQC National Customer Care Centre, Citygate, Gallowgate, Newcastle upon Tyne
Email:	online contact form
Website:	www.cqc.org.uk
Postcode:	NE1 4PA
Telephone Number:	03000 616161
Access Times:	
Extra Information:	We're the independent regulator of health and adult social care in England. We make sure health and social care services provide people with safe, effective, compassionate, high-quality care and we encourage care services to improve.
Type of Services:	Family & Carer Support
Type of Condition or Health Subject:	Health & Wellbeing

Carers Art Group

Group/Organisation Address:	Carers Art Group, Chesterfield Labour Club, 113 Saltergate, Chesterfield
Email:	
Website:	
Postcode:	S40 1NF
Telephone Number:	01246 220686
Access Times:	North Derbyshire Mental Health Carers Forum runs an art group in Chesterfield When & Where: The group meets every Friday at the Labour Club, Saltergate, Chesterfield S40 1NF
Extra Information:	Carers are welcome to come along and try out different activities, no experience is necessary and advice is readily available with all materials provided.
Type of Services:	Carer's Group
Type of Condition or Health Subject:	Health & Wellbeing

Carers Direct - UK Helpline

Group/Organisation Address:	Carers Direct, UK Helpline, ,
Email:	
Website:	www.nhs.uk/conditions/social-care-and-support/carers-direct-helpline
Postcode:	N/A
Telephone Number:	Helpline - 0300 123 1053

Access Times: The helpline is open from 9am-8pm Monday to Friday, and from 11am-4pm at weekends. It's closed on bank holidays.

Extra Information: Free confidential Information and advice for carers.

Type of Services: Carer's Group

Type of Condition or Health Subject: Health & Wellbeing

Carers Group in Derby

Group/Organisation Address: Carers Group Derby,
Radbourne Unit,
Royal Derby Hospital,
Uttoxetter Road,
Derby

Email: hannahburton1@nhs.net

Website:

Postcode: DE22 3NE

Telephone Number: 01332 623700 ext: 33877

Access Times: Every 3rd Thursday of the month between 4.30pm - 6.30pm at the ECT Department at Radbourne Unit, Royal Derby Hospital

Extra Information: The group is supported by a Consultant and a Lead Nurse. The group offers support, advice and information - new carers are welcome. For further information contact Hannah Burton.

Type of Services: Carer's Group

Type of Condition or Health Subject: Health & Wellbeing

Carers in Derbyshire

Group/Organisation Address:	Website helpline
Email:	
Website:	www.carersinderbyshire.org.uk/
Postcode:	N/A
Telephone Number:	
Access Times:	
Extra Information:	Carers in Derbyshire has been created by a partnership of unpaid carers and local health, social care and voluntary sector organisations. This website intends to be a 'starting point' for carers who are using the internet to find help, advice and support services in Derbyshire at any time of the day or night.
Type of Services:	
Type of Condition or Health Subject:	

Carers in Derbyshire Directory

Group/Organisation Address:	N/A
Email:	
Website:	www.carersinderbyshire.org.uk/carersdirectory
Postcode:	N/A
Telephone Number:	
Access Times:	
Extra Information:	A directory of carers services in Derbyshire
Type of Services:	Carer's Group

Type of Condition or Health Subject:

Health & Wellbeing

Carers Sitting Service

Group/Organisation Address:

Carers Sitting Service,
c/o The surgery,
189 Birkinstyle Lane,
Stonebroom, Alfreton,
Derbyshire

Email:

info@carerssittingservice.co.uk

Website:

www.carerssittingservice.co.uk

Postcode:

DE55 6LD

Telephone Number:

01773 873581

Access Times:

Extra Information:

Here at the "Carers Sitting Service" we specialise in caring for adults in the comfort of their own homes. Our aim is to.. Provide a respite service to Carers. To offer care and support and provide fully trained police checked Care Support Workers, who will ensure that the Cared for are provided with continuity of care and individual support plans.

Type of Services:

Carer's Group

Type of Condition or Health Subject:

Health & Wellbeing

Carers Trust

Group/Organisation Address:

Carers Trust,
32-36 Loman Road,
London

Email: info@carers.org

Website: www.carers.org

Postcode: SE1 0EH

Telephone Number: 0300 772 9600

Access Times:

Extra Information: Carers Trust is a major charity for, with and about carers. We work to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction problems.

Type of Services: Carer's Group

Type of Condition or Health Subject: Health & Wellbeing

Carers UK

Group/Organisation Address: Carers UK,
20 Great Dover Street,
London

Email: info@carersuk.org

Website: www.carersuk.org

Postcode: SE1 4LX

Telephone Number: 020 7378 4999 Helpline: 0808 808 7777
(Mondays and Tuesday between 10am and 4pm)

Access Times:

Extra Information: Carers UK makes life better for carers. We give expert advice, information and support.

Type of Services: Carer's Group

Type of Condition or Health Subject:

Health & Wellbeing

Chesterfield & District Shopmobility

Group/Organisation Address:

Chesterfield & District Shopmobility,
Ground Floor ,Multi-Storey Car Park,
1 New Beetwell Street,
Chesterfield

Email:

colin.mitchell@chesterfieldshopmobility.org.uk

Website:

www.chesterfieldshopmobility.org.uk

Postcode:

S40 1QR

Telephone Number:

01246 559328

Access Times:

Monday - Saturday 10am-4.30pm

Extra Information:

Chesterfield and District Shopmobility's attention to service and detail has made us a leader in our field. With a wide range of mobility scooters, power chairs and manual wheelchairs to choose from, you're sure to find the hire equipment to meet your needs! If you require assistance, our qualified staff and volunteers will provide you with expert guidance and safety instructions.

Type of Services:

Elderly Care

Type of Condition or Health Subject:

Health & Wellbeing

Chesterfield Community Transport

Group/Organisation Address:

Chesterfield Community Transport,
CSG Building,
New Street,
Chesterfield

Email:

online email message

Website:	www.ibegin.com/directory/uk/derbyshire/chesterfield/chesterfield-community-transport
Postcode:	S40 2JZ
Telephone Number:	01246 209668
Access Times:	
Extra Information:	Community Transport in Derbyshire is here for you. It provides a travel service to help people, especially those with mobility problems. Our service can help people become active members of their community, get out and about and make new friends.
Type of Services:	Home Care Services
Type of Condition or Health Subject:	Health & Wellbeing

Chesterfield Muslim Association

Group/Organisation Address:	Chesterfield Muslim Association, 29 Newbold Road, Chesterfield, Derbyshire
Email:	
Website:	www.communitydirectoryderbyshire.org.uk
Postcode:	S41 7PG
Telephone Number:	01246 277284
Access Times:	12noon-8pm everyday
Extra Information:	Immigration, social health, recreational, educational, benefits advice and interpretation service.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Health & Wellbeing

Chesterfield Sands - Stillbirth & Neonatal Death Charity

Group/Organisation Address:	Chesterfield Sands - Stillbirth & Neonatal Death Charity
Email:	chesterfieldsands@gmail.com
Website:	www.chesterfieldsands.co.uk
Postcode:	N/A
Telephone Number:	Helpline : 07432 387725 General enquiries: 07961 246125
Access Times:	
Extra Information:	Our aims at Chesterfield Sands are to provide anyone affected by the loss of a baby, at any stage of pregnancy, help and support through our monthly support meetings
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Postnatal Depression & Perinatal Mental Health

Chevin Housing Association

Group/Organisation Address:	Chevin Housing Association, 2 Carbrook Street, Carbrook, Sheffield
Email:	online email service
Website:	www.chevinha.co.uk
Postcode:	S9 2JE
Telephone Number:	0300 555 5561
Access Times:	Mon- Fri 9am-5pm

Extra Information:

The provision of rented accommodation for those people in housing need.

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Child Bereavement UK

Group/Organisation**Address:**

Child Bereavement UK,
Clare Charity Centre,
Wycombe Road,
Saunderton,
Buckinghamshire

Email:

support@childbereavementuk.org

Website:

www.childbereavementuk.org/about-us

Postcode:

HP14 4BF

Telephone Number:

Head Office 01494 568 900 Helpline 0800 02 888 40

Access Times:

Helpline - Monday - Friday 9.00am - 5.00pm

Extra Information:

Child Bereavement UK supports families and educates professionals when a baby or child of any age dies or is dying, or when a child is facing bereavement.

Type of Services:

Family & Carer Support

Type of Condition or Health Subject:

Health & Wellbeing

ChildLine

Group/Organisation Address:	ChildLine, NSPCC Weston House,, 42 Curtain Road,, London
Email:	
Website:	www.childline.org.uk
Postcode:	EC2A 3NH
Telephone Number:	Calling us is Free. 0800 1111
Access Times:	Online, on the phone anytime.
Extra Information:	Childline is yours – a free, private and confidential service where you can be you. Whatever your worry, whenever you need help, however you want to get in touch. We're here for you online, on the phone, anytime.
Type of Services:	Helpline
Type of Condition or Health Subject:	Health & Wellbeing

Children First Derby

Group/Organisation Address:	Children First Derby, 13 Leopold Street, Derby
Email:	
Website:	www.childrenfirstderby.co.uk
Postcode:	DE1 2HE
Telephone Number:	01332 341516
Access Times:	

Extra Information:

We are a Derby based charity working with children, young people and families to make a positive impact in their lives and in the local community. We offer the following services - Supervised Contact - Family Support and Mentoring

Type of Services:

Children's Services

Type of Condition or Health Subject:

Health & Wellbeing

Chinese Mental Health Association

Group/Organisation Address:

Chinese Mental Health Association,
Meritage Centre,
Church End,
,
London

Email:

info@cmha.org.uk

Website:

www.cmha.org.uk

Postcode:

NW4 4JT

Telephone Number:

020 7613 1008

Access Times:**Extra Information:**

CMHA now provide a diverse range of services with the aim of serving Chinese people who suffer from mental health related issues and problems. We also provide support for their carers whom may not be familiar with all the nuances of traditional Chinese culture. As different people have a variety of needs, our services cater to all ages and social - economic demographics, this includes young children and teenagers, to adults and older people.

Type of Services:

Mental Health

Type of Condition or Health Subject:

Mental Health Problems

Choice and Medication website

Group/Organisation Address:	Choice and Medication website, Ashbourne Centre, Kingsway Site, Derby
Email:	
Website:	www.choiceandmedication.org/derbyshcft
Postcode:	DE22 3LZ
Telephone Number:	01332 623700
Access Times:	
Extra Information:	Our Pharmacy Service aims to help service users, carers and health professionals to make the best use of medicines. Our Choice and Medication website provides people with information about medicines used in the mental health setting to help people make informed decisions about medication. Use this site on your own or use it together with your family or someone you care for or your doctor, nurse or pharmacist.
Type of Services:	Self Help
Type of Condition or Health Subject:	Health & Wellbeing

Citizens Advice - Ashbourne

Group/Organisation Address:	Citizens Advice - Ashbourne, Clifton Road - Surgery, Ashbourne, Derbyshire
Email:	N/A
Website:	www.daecab.org.uk
Postcode:	DE6 1RR
Telephone Number:	01335 300588

Access Times: Mondays PM

Extra Information: Advice, information and support available for anyone with problems concerning housing, welfare benefits, employment/redundancy, money, consumer and legal rights, family/neighbour disputes.

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Citizens Advice - Chesterfield

Group/Organisation Address: Citizens Advice - Chesterfield,
6-8 Broad Pavement,
Chesterfield,
Derbyshire

Email: N/A

Website: www.chesterfieldcab.co.uk

Postcode: S40 1RP

Telephone Number: General enquires 01246 209164 AdviceLine- 0300 456 8437

Access Times: Monday - Friday 09.30am -4.30pm Closed 1pm-2pm

Extra Information: At Chesterfield Citizens Advice we can give you free, confidential, impartial and independent advice and information on a wide range of subjects. We can work with you to sort out any debt worries and claim all the benefits you may be entitled to. We can help with housing and employment problems, or deal with queries about consumer or tax issues. We can advise on legal matters, answer questions about immigration, and we have lots of experience on family and personal matters too.

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Citizens Advice - Derby

Group/Organisation Address:	Citizens Advice - Derby, Sinfin Library, District Centre, Arleston Lane, Derby
Email:	N/A
Website:	www.calcderbby.org
Postcode:	DE24 3DS
Telephone Number:	0843 816 6252
Access Times:	Monday - Wednesday - Friday 10am - 4pm (drop-in sessions)
Extra Information:	Advice, information and support available for anyone with problems concerning housing, welfare benefits, employment/redundancy, consumer and legal rights, family/neighbour disputes.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Health & Wellbeing

Citizens Advice - Erewash

Group/Organisation Address:	Citizens Advice - Erewash, Castledine House, Heanor Road, Ilkeston
Email:	N/A
Website:	www.daecab.org.uk

Postcode:	DE7 8DY
Telephone Number:	0300 456 8390
Access Times:	Monday-Tuesday-Thursday-Friday 10.00am - 4.00pm (drop in sessions)
Extra Information:	Advice, information and support available for anyone with problems concerning housing, welfare benefits, employment/redundancy, consumer and legal rights, family/neighbour disputes.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Health & Wellbeing

Citizens Advice - High Peak

Group/Organisation Address:	Citizens Advice - High Peak, 26 Spring Gardens, Buxton, Derbyshire
Email:	N/A
Website:	www.ddcab.org.uk
Postcode:	SK17 6DE
Telephone Number:	Advice Line 0300 456 8390 Monday – Friday 9.00am - 4.00pm
Access Times:	N/A
Extra Information:	Advice, information and support available for anyone with problems concerning housing, welfare benefits, employment/redundancy, consumer and legal rights, family/neighbour disputes.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Health & Wellbeing

Citizens Advice - Matlock

Group/Organisation Address:	Citizens Advice - Matlock, Town Hall, Bank Road, Matlock
Email:	N/A
Website:	www.daecab.org.uk
Postcode:	DE4 3NN
Telephone Number:	0300 456 8390
Access Times:	Monday - Friday 10.00am - 4pm (drop in sessions)
Extra Information:	Advice, information and support available for anyone with problems concerning housing, welfare benefits, employment/redundancy, consumer and legal rights, family/neighbour disputes.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Health & Wellbeing

Citizens Advice - North East Derbyshire

Group/Organisation Address:	Citizens Advice - North East Derbyshire, Unit 1 Bridge Street, Clay Cross, Chesterfield
Email:	N/A
Website:	www.nedcab.org.uk

Postcode:	S45 9NG
Telephone Number:	Advice line - 0808 250 5702, freephone, Monday - Friday 10am - 2pm
Access Times:	Monday - Friday 10.00am - 2.00pm (drop in sessions)
Extra Information:	Advice, information and support available for anyone with problems concerning housing, welfare benefits, employment/redundancy, consumer and legal rights, family/neighbour disputes.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Health & Wellbeing

Citizens Advice - South Derbyshire

Group/Organisation Address:	Citizens Advice - South Derbyshire, 114 Church Street, Church Gresley, Swadlincote
Email:	N/A
Website:	www.southderbyshirecab.org.uk
Postcode:	DE11 9NR
Telephone Number:	Advice Line - 0300 330 9002 Enquiries - 01283 210108
Access Times:	Tuesday & Thursday 10.00am - 4.00pm (drop in sessions)
Extra Information:	Advice, information and support available for anyone with problems concerning housing, welfare benefits, employment/redundancy, consumer and legal rights, family/neighbour disputes.
Type of Services:	Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Clinical Commisioning Groups

Group/Organisation Address:

South Derbyshire CCG

Email:

Website:

www.southernderbyshireccg.nhs.uk

Postcode:

N/A

Telephone Number:

Access Times:

Extra Information:

NHS Southern Derbyshire Clinical Commissioning Group brings together the combined expertise of 56 local GP practices to commission health services on behalf of over 525,000 patients in Southern Derbyshire. Our vision is to continuously improve the health and wellbeing of the people of Southern Derbyshire, using all resources as fairly as possible.

Type of Services:

Family Services

Type of Condition or Health Subject:

Health & Wellbeing

Clinical Commisioning Groups

Group/Organisation Address:

Erewash CCG

Email:

Website:

www.erewashccg.nhs.uk

Postcode: N/A

Telephone Number:

Access Times:

Extra Information: NHS Erewash Clinical Commissioning Group (CCG) brings together your local GP's and other NHS organisations to plan and help shape local health services for the people of Erewash. The CCG also has representation from 12 GP practices from the area and has a Governing Body. Which is made up of local GP's supported by specialist doctors and nurses, lay members and experienced staff.

Type of Services: Family Services

Type of Condition or Health Subject: Health & Wellbeing

Clinical Commissioning Groups

Group/Organisation Address: North Derbyshire CCG

Email:

Website: www.northderbyshireccg.nhs.uk

Postcode: N/A

Telephone Number:

Access Times:

Extra Information: NHS North Derbyshire Clinical Commissioning Group provides primary medical services for 36 practices. The GP's and staff have a long history of providing service to this urban and rural population which contains a wide spectrum of social deprivation.

Type of Services: Family Services

Type of Condition or Health Subject: Health & Wellbeing

Clinical Commissioning Groups

Group/Organisation Address:	Hardwick CCG
Email:	
Website:	www.hardwickccg.nhs.uk
Postcode:	N/A
Telephone Number:	
Access Times:	
Extra Information:	NHS Hardwick Clinical Commissioning Group brings together local GPs and other NHS workers to plan and help shape health services for the people of Hardwick. This includes the areas around South Normanton< Bolsover and Clay cross. The organisation has representation from all sixteen GP Practices in the area and has a Governing Body made up of local GPs, other health professionals, lay members and NHS staff.
Type of Services:	Family Services
Type of Condition or Health Subject:	Health & Wellbeing

College - Chesterfield

Group/Organisation Address:	College - Chesterfield, Infirmary Road, Chesterfield
Email:	advice@chesterfield.ac.uk
Website:	www.chesterfield.ac.uk
Postcode:	S41 7NG
Telephone Number:	01246 500500
Access Times:	

Extra Information:	Wide range of vocational courses, both full-time and part-time.
Type of Services:	Adult Education
Type of Condition or Health Subject:	Health & Wellbeing

College - Hope Valley

Group/Organisation Address:	College - Hope Valley, Derbyshire County Council, Castleton Road,, Hope Valley
Email:	enquiries@hopevalley.derbyshire.sch.uk
Website:	www.hvcollege.com
Postcode:	S33 6SD
Telephone Number:	01433 620555
Access Times:	
Extra Information:	Hope Valley college is a comprehensive community college with a distinct ethos and a clear philosophy that underpins everything we do. Offer a range of classes. All enquiries welcome.
Type of Services:	Education
Type of Condition or Health Subject:	Health & Wellbeing

College of Sexual and Relationship

Therapists

Group/Organisation Address:	British Association for Sexual & Relationship Therapy, C.O.S.R.T, PO Box 13686, London
Email:	info@cosrt.org.uk
Website:	www.cosrt.org.uk
Postcode:	SW20 9ZH
Telephone Number:	0208 5432707
Access Times:	
Extra Information:	CORST is the UK's leading membership organisation for therapists specialising in sexual and relationship issues.
Type of Services:	Sexual Health
Type of Condition or Health Subject:	Sexual Health

Combat Stress

Group/Organisation Address:	Combat Stress, Stress Tyrwhitt House,, Oaklawn Road,, Leatherhead, Surrey,
Email:	helpline@combatstress.org.uk
Website:	www.combatstress.org.uk
Postcode:	KT22 0BX
Telephone Number:	24 hour helplines - Veterans and their families can call 0800 138 1619. Serving personnel and their families can call 0800 323 4444.
Access Times:	

Extra Information:

Combat Stress was founded in May 1919, just after the First World War ended. For almost a century, we've helped former servicemen and women deal with trauma-related mental health problems such as anxiety, depression and post-traumatic stress disorder (PTSD) We offer a range of treatment programmes, therapies and support to help you with your mental health problems. Everyone is unique and our highly skilled medical and clinical teams work with you individually to find the right support for you.

Type of Services:

Recovery & Rehabilitation

Type of Condition or Health Subject:

PTSD (Post-traumatic Stress Disorder)

Commission for Equality and Human Rights

Group/Organisation Address:

N/A

Email:

online email form Our freepost address: FREEPOST EASS HELPLINE FPN6521

Website:

www.equalityhumanrights.com

Postcode:

N/A

Telephone Number:

0808 800 0082 -helpline - Monday -Friday 9.00am - 7.00pm Saturday - 10.00am - 2.00pm

Access Times:**Extra Information:**

The Equality Advisory Support Service (EASS) is an advice service aimed at individuals who need expert information, advice and support on discrimination and human rights issues.

Type of Services:

Self Help

Type of Condition or Health Subject:

Communication Unlimited (CU)

Group/Organisation Address:	Communications unlimited, Flat 1 Perth House, Athlone Close, Chaddesden, Derby
Email:	bookings@cu-bsl.co.uk
Website:	www.communicationunlimited.co.uk
Postcode:	DE21 4BP
Telephone Number:	01332 366920
Access Times:	Contact CU office for details.
Extra Information:	The provision of quality communication services for people in Derby and Derbyshire who are deaf or who have hearing, sight, speech or manual dexterity problems.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Health & Wellbeing

Community Action Derby

Group/Organisation Address:	Community Action Derby, 4 Charnwood Street, Derby
Email:	enquiries@communityactionderby.org.uk
Website:	www.communityactionderby.org.uk
Postcode:	DE1 2GT
Telephone Number:	01332 346266
Access Times:	Mon - Thurs 9:30-4:30pm Volunteer Centre 01332 342272

Extra Information:

Derby CVS supports voluntary and community organisations in Derby. Through, capacity building, recruiting and placing volunteers, training and vocational development and promoting consultation and policy involvement.

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Concern - Erewash

Group/Organisation Address:

Community Concern - Erewash,
CCE Office,
The Symes Centre, Bright Street,
Cotmanhay Ilkeston

Email:

info@communityconcernerewash.co.uk

Website:

www.communityconcernerewash.co.uk

Postcode:

DE7 8NH

Telephone Number:

0115 944 4146

Access Times:

Monday to Thursday 9am-5pm, Friday 9am-2.00pm

Extra Information:

A charity that provides Erewash residents with DIY and gardening services, a laundry service and a befriending scheme.

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Directory Derbyshire

Group/Organisation Address:	Community Directory Derbyshire, Web based only, Contact via Web page
Email:	online email form
Website:	www.communitydirectoryderbyshire.org.uk
Postcode:	N/A
Telephone Number:	
Access Times:	
Extra Information:	Directory of voluntary groups, organisations, social clubs, charities, social enterprises in Derby and Derbyshire. Amber Valley CVS Community Action Derby Community Voluntary Partners Derbyshire Dales CVS Erewash Voluntary Action CVS High Peak CVS NDVA Rural Action Derbyshire South Derbyshire CVS South Derbyshire Voluntary Sector Mental Health Forum Volunteer Centre Buxton Volunteer Centre Chesterfield & NE Derbyshire Volunteer Centres Derbyshire
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Health & Wellbeing

Community Food Bank

Group/Organisation Address:	Loundsley Green Community centre, Cuttholme Road, Chesterfield, Derbyshire,
Email:	
Website:	
Postcode:	S40 4QU

Telephone Number:

Access Times:

Friday 1.00pm - 3.00pm

Extra Information:

Food Banks

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Food Banks

Group/Organisation Address:

St Michael and All Angels Parish Hall,
Church Street,
Brimington,
Derbyshire

Email:

Website:

Postcode:

S43 1JG

Telephone Number:

Access Times:

Monday - 12.00pm - 2.00pm

Extra Information:

food Bank

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Food Banks

Group/Organisation Address:

The Compass,
West Bars,
Chesterfield

Email:

Website:

Postcode: S40 1AZ

Telephone Number:

Access Times: Tuesday - 1.00pm - 3.00pm

Extra Information: Food Bank

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Community Food Banks

Group/Organisation Address: Systems House Padley Day Centre,
3 Becket Street,
Derby

Email:

Website:

Postcode: DE1 1HT

Telephone Number: 01332 331280

Access Times:

Extra Information: Community Food Banks

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Community Food Banks

Group/Organisation Address:

Sunday Lunch - St Peter's Church,
St Peter's Church Yard,
Derby

Email:

Website:

Postcode:

DE1 1NN

Telephone Number:

Access Times:

Extra Information:

Community Food Banks

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Food Banks

Group/Organisation Address:

Derby City Mission,
Charnwood Street,
Derby

Email:

Website:

Postcode:

DE1 2GU

Telephone Number:

Access Times:

Extra Information:

Community Food Banks

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Food Banks

Group/Organisation Address:

Gallery - Place of Welcome,
Queen Street,
Derby

Email:

Website:

Postcode:

DE1 3DS

Telephone Number:

Access Times:

Extra Information:

Community Food Banks

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Food Banks

Group/Organisation Address:

Arena Church,
Rutland Street,
Ilkeston,
Derbyshire

Email:

Website:

Postcode:

DE7 8DG

Telephone Number:

Access Times:

Extra Information:

Community Food Banks

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Food Banks

Group/Organisation Address:

The Hope Centre,
Curzon Street,
Derby

Email:

Website:

Postcode:

DE1 1LH

Telephone Number:

Access Times:

Extra Information:

Community Food Banks

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Food Banks

Group/Organisation Address:

Ashbourne Elim Pentecostal Church,
Waterside Road,
Ashbourne,
Derbyshire

Email:

Website:

Postcode:

DE6 1DG

Telephone Number:

Access Times:

Extra Information:

Community Food Banks

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Food Banks

Group/Organisation Address:

Bolsover Methodist Church,
Hill Top,
Bolsover,
Derbyshire

Email:

Website:

Postcode:

S44 6DL

Telephone Number:

Access Times:

Extra Information:

Community Food Banks

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Food Banks

Group/Organisation Address:

Ripley Corps Community Centre,
Heath Road,
Ripley,
Derbyshire

Email:

Website:

Postcode: DE5 3EN

Telephone Number:

Access Times:

Extra Information: Community Food Banks

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Community Food Banks

Group/Organisation Address: St George's Parish Hall,
Church Lane,
New Mills,
Derbyshire

Email:

Website:

Postcode: SK22 4NP

Telephone Number:

Access Times:

Extra Information: Community Food Banks

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Community Food Banks

Group/Organisation Address:

Shirebrook Christian Centre,
18 Main Street,
Shirebrook,
Derbyshire

Email:

Website:

Postcode:

NG20 8DG

Telephone Number:

Access Times:

Extra Information:

Community Food Banks

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Food Banks

Group/Organisation Address:

Jake's _ New Life Christian Centre,
Normanton Road,
Derby

Email:

Website:

Postcode:

DE23 6UU

Telephone Number:

Access Times:

Extra Information:

Community Food Banks

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Food Banks

Group/Organisation Address:

Community of Christ,
Thanet street,
Clay cross,
Derbyshire

Email:

Website:

Postcode:

S45 9JS

Telephone Number:

Access Times:

Extra Information:

Community Food Banks

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Food Banks

Group/Organisation Address:

Salcare Heanor,
Ray Street,
Heanor,
Derbyshire

Email:

Website:

Postcode:

DE75 7GF

Telephone Number:

Access Times:

Extra Information:

Community Food Banks

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Food Banks

Group/Organisation Address:

Nightstop,
United Reformed Church,
Hardwick Square East,
Buxton,
Derbyshire

Email:

Website:

Postcode:

SK17 6PT

Telephone Number:

Access Times:

Extra Information:

Community Food Banks

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Food Banks

Group/Organisation Address:

Living Hope at the Abundant Life Church,
Tibshelf Road,
Holmewood,
Derbyshire

Email:

Website:

Postcode:

S42 5TA

Telephone Number:

Access Times:

Extra Information: Community Food Banks

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Community Food Banks

Group/Organisation Address: Alfreton House,
High Street,
Alfreton,
Derbyshire

Email:

Website:

Postcode: DE55 7HH

Telephone Number:

Access Times:

Extra Information: Community Food Banks

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Community Food Banks

Group/Organisation Address: New Hope Community Church Killamarsh,
Rotherham Close,
Norwood Industrial Estate,
Killamarsh,
Derbyshire

Email:

Website:

Postcode: S21 2JU

Telephone Number:

Access Times:

Extra Information: Community Food Banks

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Community Food Banks

Group/Organisation Address: St Bartholomew's Church,
High Street,
Clay Cross,
Derbyshire

Email:

Website:

Postcode: S45 9DZ

Telephone Number:

Access Times:

Extra Information: Community Food Banks

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Community Food Banks

Group/Organisation Address:

Storehouse- St Alkmund's Church,
Kedleston Road,
Derby

Email:

Website:

Postcode:

DE22 1GU

Telephone Number:

Access Times:

Extra Information:

Community Food Banks

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Food Banks

Group/Organisation Address:

Waterfall,
The Vineyard,
Charlestown Road,
Glossop,
Derbyshire

Email:

Website:

Postcode:

SK13 8JN

Telephone Number:

Access Times:

Extra Information:

Community Food Banks

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Food Banks

Group/Organisation Address:

Adult Community Education Service,
Gamesly Children's Centre,
Winster Mews,
Gamesly, Glossop,
Derbyshire

Email:

Website:

Postcode:

SK13 0LU

Telephone Number:

Access Times:

Extra Information:

Community Food Banks

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Community Food Banks

Group/Organisation Address:

Long Eaton and Sawley Food Bank,
Christ Church,
Derby Road,
Long Eaton

Email:

Website:

Postcode:

NG10 4NE

Telephone Number:

Access Times:

Extra Information: Community Food Banks

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Community Food Banks

Group/Organisation Address: South Derbyshire CVS,
46-48 Grove street,
Swadlincote,
Derbyshire

Email:

Website:

Postcode: DE11 9DD

Telephone Number:

Access Times:

Extra Information: Community Food Banks

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Community Food Banks

Group/Organisation Address: Jigsaw Food Bank,
Lime Tree Business Park,
Lime Tree Road,
Matlock,
Derbyshire

Email:

Website:

Postcode: DE4 3EJ

Telephone Number:

Access Times:

Extra Information: Community Food Banks

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Community Legal Advice

Group/Organisation Address: Legal Services Commission

Email:

Website: www.gov.uk/legal-aid

Postcode: N/A

Telephone Number:

Access Times:

Extra Information: If you live in England or Wales. Legal aid can help you pay for legal advice, family mediation and representation in court and some tribunals. This could include help for housing, debt, family or education problems. You can also get legal aid if you are accused of a crime.

Type of Services: Self Help

Type of Condition or Health Subject: Health & Wellbeing

Community Transport in Derbyshire

Group/Organisation Address:	Derbyshire County Council, Cotmanhay Ilkeston, Derbyshire
Email:	derbyshire.ct@derbyshire.gov.uk
Website:	www.derbyshirect.com
Postcode:	DE4 3AG
Telephone Number:	01629 536 713
Access Times:	
Extra Information:	Various schemes available: Amber Valley 01773 746652, Ashbourne 01335 300670, Bakewell 01629 641920, Chesterfield 01246 209668, Clowne 01246 573040, Erewash 0115 9309134, Glossop 01457 861635, Swadlincote 01283 550764 and 229779
Type of Services:	Voluntary Support Group
Type of Condition or Health Subject:	Health & Wellbeing

CONI - Care of Next Infant

Group/Organisation Address:	CONI - Care of Next Infant, Foundation for the Study of Infant Death, Room C1, Stephenson Wing, Sheffield Children's Hospital, Western Bank, Sheffield
Email:	Coni@sheffield.ac.uk - or info@lullabytrust.org.uk
Website:	www.lullabytrust.org.uk/coni
Postcode:	S10 2TH
Telephone Number:	0114 271 7000
Access Times:	

Extra Information:

CONI is a programme used by hospitals and community health services to provide practical help and professional support for every family with their subsequent babies after a cot death. Coni is funded for the Study of Infant Deaths with local hospital and community health services.

Type of Services:

Children's Services

Type of Condition or Health Subject:

Health & Wellbeing

Contact a Family

Group/Organisation Address:

Contact a Family,
209-211 City Road,,
London

Email:

helpline@contact.org.uk

Website:

www.cafamily.org

Postcode:

EC1V 1JN

Telephone Number:

General Enquiries - 020 7608 8700 Free helpline-
0808 808 3555 Monday-Friday 9.30am-5.00 pm,

Access Times:**Extra Information:**

We are Contact, the charity for families with disabled children. We support families with the best possible guidance and information. We bring families together to support each other. And we help families to campaign, volunteer and fundraise to improve life for themselves and others.

Type of Services:

Family & Carer Support

Type of Condition or Health Subject:

ADHD (Attention Deficit Hyperactivity Disorder)

Coram Children's Legal Centre

Group/Organisation Address:	Coram Children's Legal Centre, Riverside Office Centre, Century House North, North Station Road, Colchester
Email:	on line email form
Website:	www.coram.org.uk
Postcode:	CO1 1RE
Telephone Number:	General enquiries only - 01206 714650
Access Times:	
Extra Information:	CCLC provides free legal information advice and representation to children, young people , their families, carers and professionals as well as international consultancy on child law and children's rights.
Type of Services:	Children's Group
Type of Condition or Health Subject:	Health & Wellbeing

Core Care Standards

Group/Organisation Address:	Derbyshire Healthcare Foundation Trust,, The Lodge,, Walton Hospital,, Whitecotes Lane,, Chesterfield.
Email:	corecarestandards@nhs.net
Website:	www.corecarestandards.co.uk
Postcode:	S40 3HW
Telephone Number:	Tel no. 01246 515974
Access Times:	

Extra Information:**Type of Services:**

Mental Health

Type of Condition or Health Subject:

Health & Wellbeing

Council for Information on Tranbqulisers, Antidepressants and Painkillers

Group/Organisation Address:

,

Email:**Website:**www.citawithdrawal.org.uk This website is now closed - access for alternative support only**Postcode:**

N/A

Telephone Number:**Access Times:****Extra Information:**

CITAP (formerly CITA) is a charitable organisation, established in 1987 to provide support and information for individuals, families and professional advisors dealing with prescribed tranquillisers, sleeping tablets and antidepressants. Office 10am - 4pm Monday - Friday

Type of Services:

Helpline

Type of Condition or Health Subject:

Drugs & Alcohol



Counselling Service Directory

Group/Organisation Address:	Counselling Service Directory, Coliseum, Camberley,, Riverside Way,, Surrey
Email:	
Website:	www.counselling-directory.org.uk
Postcode:	GU15 3YL
Telephone Number:	0333 325 2500
Access Times:	
Extra Information:	A service that brings together all the information to help find Counsellors and Psychotherapists in the Derbyshire area.
Type of Services:	Helpline
Type of Condition or Health Subject:	Health & Wellbeing

Counsellors and Psychotherapists in Primary Care

Group/Organisation Address:	CPC,, Church Street,, Littlehampton, Hampshire , ,
Email:	support@cpc-online.co.uk
Website:	www.cpc-online.co.uk
Postcode:	BN17 5EN
Telephone Number:	0800 1289 3467

Access Times: Monday - Friday: 9:00am - 6:00pm
Saturday: 9:00am - 5:00pm
Sunday: 11:00am - 3:00pm

Extra Information: CPC is a self regulating membership association; the names of individual members who reach the required standards for membership criteria are entered on a Register of Members. CPC's objectives are the preservation and protection of good mental health in the United Kingdom.

Type of Services: Self Help

Type of Condition or Health Subject: Mental Health Problems

Craft Group - Darley Dale

Group/Organisation Address: Craft Group - Darley Dale ,
Derbyshire Federation for Mental Health,
Unit 7,
Lime Tree Business Park,
Lime Tree Road,
Matlock,
Derbyshire,
,

Email: mainoffice@dfmh.co.uk

Website: www.dfmh.co.uk

Postcode: DE4 3EJ

Telephone Number: 01629 733915

Access Times:

Extra Information: Self help group where members can try out various craft activities.

Type of Services: Self Help

Type of Condition or Health Subject: Mental Health Problems

Creative Carers

Group/Organisation Address:	4 Charnwood Street, Derby
Email:	
Website:	www.creative-carers.org/
Postcode:	DE1 2GT
Telephone Number:	01332 227711
Access Times:	Mondays-Thursdays 9.30pm-4.30pm
Extra Information:	Creative Carers is for people over 18 who look after someone living in Derby (partner, family, member, friend or relative) informally. We are: are all family carers from Derby want carers to lead a fulfilling happy life support carers to create their own individualised package of self-care
Type of Services:	Carer's Group
Type of Condition or Health Subject:	Health & Wellbeing

Creative Support

Group/Organisation Address:	Creative Support, 11 St Judith's Court,, 34 South Street,, Derby,
Email:	derby@creativesupport.org.uk
Website:	www.creativesupport.co.uk
Postcode:	DE1 1DB
Telephone Number:	01332 291083
Access Times:	

Extra Information:

Our community support services include specific services for women, young people, and culturally relevant support for Asian men and women, respite services for individuals with mental health needs and their Carers. We have developed a number of innovative, high quality services that enable people with autism to lead happy and fulfilling lives, and also specialist services for female survivors of sexual abuse.

Type of Services:

Family & Carer Support

Type of Condition or Health Subject:

Mental Health Problems

Crich Careline

Group/Organisation Address:

Crich Careline

Email:

N/A

Website:

www.cacn.org.uk/events/crichcareline.htm

Postcode:

N/A

Telephone Number:

Peter on 01773 856228 or Vanessa on 01773 853754

Access Times:

N/A

Extra Information:

Crich Careline is a voluntary organisation that works to improve the welfare of people who are elderly, isolated, frail, disadvantaged or disabled in the Crich, Whatstandwell and Fritchley area.

Type of Services:

Elderly Care

Type of Condition or Health Subject:

Loneliness

Crossroads Care East Midlands

Group/Organisation Address:	Crossroads Care East Midlands, 19 Pelham Road, Sherwood, Nottingham
Email:	hello@carerstrustem.org
Website:	www.emcrossroads.co.uk
Postcode:	NH5 1AP
Telephone Number:	0115 962 8920
Access Times:	When & Where: 9am - 5pm
Extra Information:	Crossroads Care East Midlands provides carer support, respite breaks, end of life support, day centres and children's support for Derbyshire and Derby.
Type of Services:	Family & Carer Support
Type of Condition or Health Subject:	Health & Wellbeing

Cruse Bereavement Care - Derbyshire and East Staffordshire Area.

Group/Organisation Address:	Cruse Bereavement Care, 10 Vernon Street, Derby
Email:	dmailto:derbyshire@cruse.org.uk
Website:	www.cruse.org.uk
Postcode:	DE1 1FR
Telephone Number:	01332 332098 Helpline for Chesterfield: 01246 550080 Helpline for Burton on Trent: 01283 533362

Access Times:

Extra Information:

Cruse Bereavement Care is here to support you after the death of someone you know has died and you need to talk to someone. Face to face and group support is delivered by trained bereavement support volunteers.

Type of Services:

Family & Carer Support

Type of Condition or Health Subject:

Mental Health Problems

Cruse Bereavement Care - Head Office

Group/Organisation Address:

Cruse Bereavement Care - Head Office,
PO Box 800,
Richmond,
Surrey

Email:

info@cruse.org.uk

Website:

www.cruse.org.uk

Postcode:

TW9 1RG

Telephone Number:

helpline on 0808 808 1677

Access Times:**Extra Information:**

Cruse Bereavement Care is here to support you after the death of someone you know has died and you need to talk to someone. Face to face and group support is delivered by trained bereavement support volunteers.

Type of Services:

Family & Carer Support

Type of Condition or Health Subject:

Mental Health Problems

Cry-sis Support Group Helpline

Group/Organisation Address:	B M Cry-sis, London
Email:	info@cry-sis.org.uk
Website:	www.cry-sis.org.uk
Postcode:	WC1N 3XX
Telephone Number:	08451 228669
Access Times:	When & Where: 9am - 10pm 7 days a week
Extra Information:	Offers support for families with excessively sleepless or demanding babies.
Type of Services:	Self Help
Type of Condition or Health Subject:	

Debt Support Trust

Group/Organisation Address:	Debt Support Trust, Claremont Business Centre, 112 Cornwall Street, Kinning Park, Glasgow
Email:	contact@debtsupporttrust.org.uk
Website:	www.debtsupporttrust.org.uk
Postcode:	G41 1AA
Telephone Number:	Help line 0800 085 0226
Access Times:	

Extra Information:

Debt Support Trust is a debt advice charity established to help people struggling financially. Challenging debt problems can affect a person's work, relationships and mental health. The charity is available to offer support and guidance via the telephone and internet across the UK. We're here to help.

Type of Services:

Helpline

Type of Condition or Health Subject:

Health & Wellbeing

Department for Work and Pensions

Group/Organisation Address:

Department for Work and Pensions,
Council House,
1 Victoria Square,
Birmingham

Email:**Website:**

www.birmingham.gov.uk

Postcode:

B1 1BB

Telephone Number:

0800 882 200

Access Times:**Extra Information:**

Offers advice on benefits, tax and pensions for carers and families.

Type of Services:

Helpline

Type of Condition or Health Subject:

Health & Wellbeing

Department for Work and Pensions - Disability Benefits

Group/Organisation Address:	Department for Work and Pensions - Disability Benefits, Help-Line, Webb Page
Email:	
Website:	www.gov.uk/disability-benefits-helpline
Postcode:	N/A
Telephone Number:	If you were born before 8 April 1948 0345 605 6055 If you were born after 8 April 1948: 0345 712 3456
Access Times:	When & Where: Monday to Friday 8am to 6pm
Extra Information:	Advice on Disability Living Allowance (DLA), Attendance Allowance (AA) and personal Independent Payment (PIP).
Type of Services:	Helpline
Type of Condition or Health Subject:	

Department of Genito-Urinary Medicine

Group/Organisation Address:	GUM Clinic, London Road Community Hospital, Derby
Email:	
Website:	
Postcode:	DE1 2QY
Telephone Number:	01332 254681
Access Times:	

Extra Information:

Free confidential advice, screening, counselling and testing for HIV and sexually transmitted diseases.

Type of Services:

Sexual Health

Type of Condition or Health Subject:

Sexual Health

Depend

Group/Organisation Address:

Depend,
BM Depend,
London

Email:

info@depend.org.uk

Website:

www.depend.org.uk

Postcode:

WC1N 3XX

Telephone Number:**Access Times:****Extra Information:**

We are a voluntary organisation whose aim is to provide support, advice and information for anyone who knows, or is related to, a trans person in the UK. We offer:- Information and pointers for visitors who would like to learn more about gender transition. Access to free online support for adults whose partner, friend or family member is considering, undergoing or has completed transition in the UK. A way for people in similar situations and circumstances to communicate and exchange experiences and information, and to support each other.

Type of Services:

Sexual Health

Type of Condition or Health Subject:

Sexual Health

Depression Alliance

Group/Organisation Address:	Depression Alliance, 20 Great Dover Street, London
Email:	info@depressionalliance.org
Website:	www.depressionalliance.org
Postcode:	SE1 4LX
Telephone Number:	0845 123 2320
Access Times:	
Extra Information:	Depression Alliance is a grassroots, member-led charity that provides information and services to people affected by depression. We campaign to raise awareness of this condition.
Type of Services:	Mental Health
Type of Condition or Health Subject:	Depression

Depression Club - Derby

Group/Organisation Address:	Depression Club - Derby, 46 Sancroft Road, Spondon, Derby
Email:	info@derbydepressionclub.org.uk
Website:	www.derbydepressionclub.org.uk
Postcode:	DE21 7EU
Telephone Number:	07914 300074
Access Times:	Every Monday 6.30am to 8.00pm
Extra Information:	Self help group for people who suffer anxiety/depression, their friends relatives and carers.

Type of Services: Mental Health

Type of Condition or Health Subject: Depression

Depression UK

Group/Organisation Address: Depression UK,
C/O Self Help Nottingham,
Ormiston House,
32-36 Pelham Street, Notts

Email: info@depressionuk.org

Website: www.depressionuk.org

Postcode: NG1 2EG

Telephone Number:

Access Times:

Extra Information: Depression UK promotes mutual support between individuals affected by or at risk from depression, with the aim of encouraging self help, recovery and personal growth.

Type of Services: Mental Health

Type of Condition or Health Subject: Depression

Derby Adult Learning Service - Learning Partners

Group/Organisation Address: Derby Adult Learning Service - Learning Partners,
Village Learning Centre,
Browning Street, Derby

Email: lynda.raven@derbyals.org/pat.ward@derbyals.org

Website: www.adult-learning-derby.org.uk

Postcode: DE23 8DN

Telephone Number: 01332 711371

Access Times:

Extra Information: Scheme to pair up learners who need some extra help to attend adult learning courses with a volunteer. Both partners attend the course together as equals. This scheme is intended to provide support to learners who are wanting to learn independently. Courses are free. May be some materials or transport costs.

Type of Services: Family Learning

Type of Condition or Health Subject: Health & Wellbeing

Derby Advice - Welfare Rights Derby City

Group/Organisation Address: Welfare Advice Service Derby City,
Derby City Council,
Council House,
Corporation Street,
Derby

Email:

Website: www.derby.gov.uk/advice-and-benefits/welfare-rights-and-financial-advice

Postcode: DE1 2FS

Telephone Number: 01332 640000

Access Times:

Extra Information: Our welfare rights team can help you to find out about the benefits you are entitled to and how to claim

Type of Services: Family Services

Type of Condition or Health Subject: Health & Wellbeing

Derby Chaddesden Centre - Age UK

Group/Organisation Address: Derby Chaddesden Centre - Age UK,
Derby Chaddesden Centre,
Chaddesden Park, Derby

Email: chaddesden@ageukderbyandderbyshire.org.uk

Website: www.ageuk.org.uk/derbyandderbyshire

Postcode: DE21 6LN

Telephone Number: 01332 674 562

Access Times:

Extra Information: The Chaddesden Centre offers a selection of health, wellbeing, social and day care activities for older people.

Type of Services: Elderly Care

Type of Condition or Health Subject: Health & Wellbeing

Derby City and South Derbyshire Mental Health Carers Forum

Group/Organisation Address: Derby City & South Derbyshire Mental Health Carers Forum,
The Oddfellows Hall,
32 Charnwood Street,
Derby

Email: dcandsderbysmhcf@gmail.com

Website: www.derbycityandsouthderbyshirementalhealthcarersforum.wordpress.com

Postcode: DE1 2GU

Telephone Number:	07921 162740 or 07779 107087
Access Times:	When and Where: monthly meetings are held in Derby and offer stress buster groups in the south of the county (including Long Eaton and Ripley). Please see the Carers Directory for further information about group meetings or contact 07921 162740 or 07779 107087 .
Extra Information:	We are a self help group of people who care or have cared for a relative, friend or neighbour suffering from any form of mental health illness. we meet monthly to offer support, advice and understanding in a relaxed and friendly atmosphere.
Type of Services:	Self Help
Type of Condition or Health Subject:	Mental Health Problems

Derby City Careline - out of hours support

Group/Organisation Address:	PO Box 5998, Derby
Email:	
Website:	www.derby.gov.uk/health-and-social-care/your-life-your-choice/support-from-adult-social-care/social-care-out-of-hours-support/
Postcode:	N/A
Telephone Number:	01332 786968
Access Times:	Derby City Care Line is the out-of-hours emergency social work service for people living in or visiting Derby. Monday to Friday from 5pm to 9am on weekends and Bank Holidays - 24 hours a dayDuring office hours telephone 01332 640777
Extra Information:	Providing out of hours support for people in Derby City
Type of Services:	Helpline
Type of Condition or Health Subject:	Health & Wellbeing

Derby City Handyperson Service

Group/Organisation Address:	Home Repairs, Adults Health and Housing,, The Council House,, Derby City Council, Corporation Street,, Derby,
Email:	home.repairs@derby.gov.uk

Website:	www.derby.gov.uk/housing/improvements-and-repairs/care-and-repair-scheme
Postcode:	DE1 2FS
Telephone Number:	01332 640134.
Access Times:	
Extra Information:	You need to be: living in Derby, aged 75 and over, or aged 60 and over and getting income-related benefits (like Council Tax Benefit) or health-related benefits (like Attendance Allowance). Our Handyperson Service helps older people to deal with those small jobs around the house which are often too small for a contractor to complete.
Type of Services:	Elderly Care
Type of Condition or Health Subject:	Health & Wellbeing

Derby City Young Carers

Group/Organisation Address:	2 Stanley Road, Derby,
Email:	youngcarers@derby.gov.uk
Website:	www.derby.gov.uk/health-and-social-care/your-life-your-choice/information-for-carers/young-carers/
Postcode:	DE24 0EX
Telephone Number:	01332 641 028
Access Times:	
Extra Information:	Derby City Young Carers Project covers the whole of the city and offers information, advice and support to young carers. The project aims to help young carers take a break from caring through social events, group activities and one to one support
Type of Services:	Carer's Group
Type of Condition or Health Subject:	Health & Wellbeing

Derby College - Additional Learning Support

Group/Organisation Address:	Derby College - Additional Learning Support, Cathedral Road, Derby
Email:	enquiries@derby-college.ac.uk
Website:	www.derby-college.ac.uk
Postcode:	DE1 3PA
Telephone Number:	01332 387400
Access Times:	
Extra Information:	The Additional Learning Support Department at Derby College is dedicated to helping you maximise your potential and attain your goals
Type of Services:	Education
Type of Condition or Health Subject:	Health & Wellbeing

Derby Shopmobility

Group/Organisation Address:	Derby Shopmobility, Westfield Derby Basement Car Park, 31 Morledge, Derby
Email:	derbyshopmobility@btconnect.com
Website:	www.derbyshopmobility.org.uk
Postcode:	DE1 2AW
Telephone Number:	01332 200320
Access Times:	Monday-Saturday 9.30am-4.30pm

Extra Information:

The service supplies the free loan of battery-powered scooters and electric and manual wheelchairs to enable people with mobility problems to get around Derby. Advance booking is recommended.

Type of Services:

Home Care Services

Type of Condition or Health Subject:

Health & Wellbeing

Derby Special Educational Needs and Disability Service (Formerly Parent Partnership)

Group/Organisation Address:

Derby SENDIASS,
The Council House,
Corporation Road,
Derby

Email:

SENDIASS@derby.gov.uk

Website:

www.derby.gov.uk/education-and-learning/schools-and-colleges/sendiasm

Postcode:

DE1 2FS

Telephone Number:

01332 641414

Access Times:**Extra Information:**

We are Derby Special Educational Needs & Disability, Information, Advice and Support Service (SENDIASS). Formally Parent Partnership Service. We provide free, legally based impartial, confidential and accessible information, advice and support for children, young people and parents/carers. SENDIASS gives advice on Special Educational Needs Disabilities (SEND), Health and Social Care. Your child does not need to have a formal diagnosis to receive our support.

Type of Services:

Family Learning

Type of Condition or Health Subject:

Health & Wellbeing

Derby Substance Misuse Service Website

Group/Organisation Address: St Andrews House (Formerly The Benefits Office),
201 London Road,,
Derby

Email:

Website: www.derbysubstancemisuseservices.org.uk

Postcode: DE1 2TZ

Telephone Number: 0300 790 0265

Access Times: Drop in sessions are also available: Monday,
Wednesday, Thursday, Friday 9am - 4pm Tuesday
12pm - 4pm

Extra Information: On this website you will find information about drug and alcohol support services in Derby, information about what the services offer and how you can get in touch with them if you or someone else needs support for drug and alcohol use.

Type of Services: Helpline

Type of Condition or Health Subject: Drugs & Alcohol

Derby Women's Centre

Group/Organisation Address: Derby Women's Centre,
4 Leopold Street,
Derby

Email: elainer@derbywomenscentre.co.uk

Website: www.derbywomenscentre.org.uk

Postcode: DE1 2HE

Telephone Number: 01332 341633

Access Times: We are open 10.00 am – 3.00 pm Tuesday to Thursday but please check with the centre if you don't already have a prior appointment. The Freedom Programme is every Thursday you don't need to book or make an appointment but please note it is a 12 week rolling programme.

Extra Information: We offer low cost counselling, mental health and domestic violence services (including legal and debt/benefits/housing advice) courses/ workshops to build confidence and improve wellbeing. All of our services are confidential. Creche facilities are available.

Type of Services: Counselling

Type of Condition or Health Subject: Domestic Violence

Derbyshire Alcohol Advice Service - DAAS

Group/Organisation Address: Derbyshire Alcohol Advice Service DAAS,
First Floor Dents Chambers,
81 New Square,
CHESTERFIELD,

Email: daas@daas.uk.com

Website: www.alcohol-advice.co.uk

Postcode: S40 1AH

Telephone Number: 0845 308 4010 / 01246 206 514

Access Times: Monday -Wednesday - Thursday - Friday 9.00am - 5.00pm
Tuesday 9.00am - 8.00pm

Extra Information: We are a local service provider, committed to improving the lives of local people, who are affected by alcohol misuse. This includes providing a safe and friendly environment, where you can come for confidential support and advice. We are a source of information for anybody affected by alcohol.

Type of Services: Family & Carer Support

Type of Condition or Health Subject:

Drugs & Alcohol

Derbyshire Alcohol Advice Service -Women and Alcohol

Group/Organisation Address:

Derbyshire Alcohol Advice Service -Women and Alcohol,
1st Floor Dents Chambers,
81 New Square,,
Chesterfield Derbyshire

Email:

daas@daas.uk.com

Website:

www.alcohol-advice.co.uk

Postcode:

S40 1AH

Telephone Number:

01246 206514 (local rate) 0845 3084010 (may incur a charge, check with your phone service provider)

Access Times:

Monday/Wednesday/Thursday/Friday 9.00am - 5.00pm
Tuesday 9.00am - 8.00pm

Extra Information:

We are a local service provider, committed to improving the lives of local people who are affected by alcohol misuse, including providing a safe and friendly environment for support and advice.

Type of Services:

Counselling

Type of Condition or Health Subject:

Drugs & Alcohol

Derbyshire and Derby Sexual Health Services

Group/Organisation Address:

Derbyshire and Derby Sexual Health Services,
Wheatbridge Health Village,,
30 Wheatbridge Road,
Chesterfield,
Derbyshire,
,

Email:

dshps@dchs.nhs.uk

Website:

www.yoursexualhealthmatters.org.uk

Postcode:

S40 2AB

Telephone Number:

0800 328 3383

Access Times:**Extra Information:**

Provides a range of services around sexual health to the general public, including specific support for the gay, lesbian, bisexual and transgender community of Derbyshire, and those people living with or affected by HIV/AIDS.

Type of Services:

Sexual Health

Type of Condition or Health Subject:

Sexual Health

Derbyshire Arts Partnership

Group/Organisation Address:

Derbyshire Arts Partnership,
Cultural and Community Services,
DCC Alfreton Library,
Severn Square,
Alfreton,
Derbyshire

Email:**Website:**

www.derbyshire.gov.uk/arts

Postcode:

DE55 7BQ

Telephone Number:

01629 532336 or 01629 532287

Access Times:**Extra Information:**

We aim to enable everyone, who lives in, works in, or visits Derbyshire, to take part in the arts, from dance and film to writing and live performance.

Type of Services:

Adult Education

Type of Condition or Health Subject:

Health & Wellbeing

Derbyshire Association for the Blind

Group/Organisation Address:

Derbyshire Association for the Blind,
Sight Support Derby Head Office,
Suite 2.2 - 2.10 2nd Floor,
Litchurch Plaza Litchurch Lane,
Derby

Email:

children & young people:-
cyp@sightsupportderbyshire.org.uk general enquiries:
enquiries@sightsupportderbyshire.org.uk

Website:

www.sightsupportderbyshire.org.uk

Postcode:

DE24 8AA

Telephone Number:

01332 292262

Access Times:

Monday-Thursday 9am-5pm. Closed Friday

Extra Information:

Sight Support Derbyshire exists to provide essential support and services to blind and partially sighted people to help them to become independent. We help provide understanding and education about visual impairment, with a variety of services including a help-line, information days, support groups and activities.

Type of Services:

Voluntary Support Group

Type of Condition or Health Subject:

Health & Wellbeing

Derbyshire Autism Services Group (DASG)

**Group/Organisation
Address:**

Derbyshire Autism Services Group (DASG),
DASG.,
Unit 3A Unicorn Business Park,
Wellington Street,
Ripley,
,

Email:

enquiries@derbyshireautismservices.org

Website:

www.derbyshireautismservices.org

Postcode:

DE5 3EH

Telephone Number:

01773 741221

Access Times:

Extra Information:

We offer information, advice and guidance but above all support to children, young people and adults affected by autism - with or without a diagnosis - and their families. We also work with professionals in other services to make sure that individuals and families affected by autism have their needs met and fully taken into account when involved with them.

Type of Services:

Family & Carer Support

**Type of Condition or
Health Subject:**

Autism

Derbyshire Carers Association

**Group/Organisation
Address:**

Derbyshire Carers Association - Head Office,
3 Park Road,
Ripley,
Derbyshire

Email:

info@derbyshirecarers.co.uk

Website:

www.derbyshirecarers.co.uk

Postcode:

DE5 3EF

Telephone Number:	01773 833833
Access Times:	Monday-Friday 9am-4.30pm
Extra Information:	Derbyshire Carers Association recognise that the responsibility of caring for someone who cannot manage at home without help often places great physical and emotional strain upon the carer. We can offer you a wide range of confidential services. We also campaign for better resources, help with planning of services with appropriate agencies, and liaise with organisations with similar aims.
Type of Services:	Carer's Group
Type of Condition or Health Subject:	Health & Wellbeing

Derbyshire Carers Association - High Peak Office

Group/Organisation Address:	Derbyshire Carers Association - High Peak Office, Jubilee Day Centre, 81 Jubilee Street, New Mills, High Peak
Email:	highpeak@derbyshirecarers.co.uk
Website:	www.derbyshirecarers.co.uk
Postcode:	SK22 4PA
Telephone Number:	01663 745500
Access Times:	Please contact area office for opening times.
Extra Information:	Derbyshire Carers Association recognise that the responsibility of caring for someone who cannot manage at home without help often places great physical and emotional strain upon the carer. We can offer you a wide range of confidential services
Type of Services:	Carer's Group

Type of Condition or Health Subject:

Health & Wellbeing

Derbyshire Carers in Schools - Young Carers

Group/Organisation Address: Action for Children,
45 Queen Street,
Chesterfield

Email:

Website: www.actionforchildren.org.uk/in-your-area/services/young-carers/derbyshire-carers-in-schools/

Postcode: S40 4SF

Telephone Number: 01246 277422

Access Times:

Extra Information: The service works across 6 schools in Derbyshire. This service provides early intervention and support to the young person and family, keeping close communication with school to ensure Young Carer's reach their full potential within education

Type of Services: Carer's Group

Type of Condition or Health Subject: Health & Wellbeing

Derbyshire Chinese Welfare Association

Group/Organisation Address: Derbyshire Chinese Welfare Association,
110/122 Abbey Street,
Derby

Email: dcwa2000s@yahoo.com

Website: www.facebook.com/derby.chinesecommunity

Postcode: DE22 3SQ

Telephone Number: 01332 342436

Access Times: Mon - Thurs 11am-1pm & 2pm-5pm, Sun 2pm-4pm

Extra Information:

Working with the Chinese community in Derby and Southern Derbyshire to address mental health issues through community engagement. It also provides advice and guidance on a variety of matters such as employment, training, education and cultural affairs.

Type of Services:

Mental Health

Type of Condition or Health Subject:

Health & Wellbeing

Derbyshire Dales Careline

Group/Organisation Address:

Derbyshire Dales Careline,
St Oswald's Hospital, Clifton Road,
Ashbourne,
Derbyshire

Email:

info@carelinecalling.org.uk

Website:

www.carelinecalling.co.uk

Postcode:

DE6 1DR

Telephone Number:

01335 210353

Access Times:**Extra Information:**

Careline is a free befriending service for people living in the Derbyshire and Uttoxeter area. We aim to make people's lives better by calling those who feel in need of support.

Type of Services:

Home Care Services

Type of Condition or Health Subject:

Health & Wellbeing

Derbyshire Dales CVS

Group/Organisation Address:	Derbyshire Dales CVS, Agricultural Business Centre, Agricultural Way,, Bakewell, Derbyshire
Email:	enquires@ddcvs.uk
Website:	www.ddcvs.org.uk
Postcode:	DE45 1AH
Telephone Number:	01629 812154
Access Times:	
Extra Information:	Derbyshire Dales CVS offer local voluntary and community groups access to facilities such as equipment loan and hire, we advise on issues such as trustees and committees, developing policies, signposting to advice for other issues.
Type of Services:	Voluntary Support Group
Type of Condition or Health Subject:	Health & Wellbeing

Derbyshire Directory

Group/Organisation Address:	Derbyshire County Council, County Hall, Matlock, Derbyshire, DE4 3AG
Email:	
Website:	www.derbyshire.gov.uk/community/derbyshire-directory/welcome-to-the-derbyshire-directory.aspx
Postcode:	DE4 3AG
Telephone Number:	01629 533190
Access Times:	

Extra Information: The Derbyshire Directory can help you find out what's happening on your doorstep. Community groups, sports clubs, charities and voluntary organisations are at the heart of life in Derbyshire – here's where you can find how to contact them. More than 3,000 local non-profit groups are listed here on the Derbyshire Directory. We also list national charities and helplines if there isn't a local branch. Use our keyword search to look up an organisation or you can search by category instead.

Type of Services: Family & Carer Support

Type of Condition or Health Subject: Health & Wellbeing

Derbyshire Domestic Abuse Helpline - Safer Derbyshire

Group/Organisation Address: Derbyshire Domestic Abuse Helpline - Stop Hurting, Helpline

Email: online email form

Website: www.saferderbyshire.gov.uk/contact-us/contact-us.aspx

Postcode: N/A

Telephone Number: Domestic Abuse Helplines 08000 198 668Safeguarding Enquiries 01629 533190

Access Times:

Extra Information: If you're affected by abuse at home you can call the Derbyshire Domestic Abuse Helpline 'Stop Hurting' on 08000 198 668 and talk to a trained counsellor or leave a message for someone to get back to you.

Type of Services: Helpline

Type of Condition or Health Subject: Domestic Violence

Derbyshire Domestic Violence and Sexual

Abuse Service

Group/Organisation Address:	Derbyshire Domestic Violence and Sexual Abuse Service, 6 Fairfield Road, Chesterfield, Derbyshire
Email:	
Website:	www.ddvsas.org.uk
Postcode:	S40 4TP
Telephone Number:	01246 540444
Access Times:	Drop-in Mon-Thurs 9.30-12pm
Extra Information:	We are a charity which offers a range of services to help and support women, men and children who are affected by domestic abuse. Our aim is to increase safety and reduce risk to promote independent living and a reduction in repeat victimisation and offending.
Type of Services:	Abuse
Type of Condition or Health Subject:	Domestic Violence

Derbyshire Drug and Alcohol Action Team (DAAT)

Group/Organisation Address:	Derbyshire Drug and Alcohol Action Team (DAAT), Help-Line
Email:	online email form
Website:	www.saferderbyshire.gov.uk
Postcode:	N/A
Telephone Number:	01629 533190

Access Times:**Extra Information:**

The DAAT is a county 'umbrella' organisation which commissions and co-ordinates all substance misuse services. The DAAT can provide signposting to all appropriate agencies and services.

Type of Services:

Helpline

Type of Condition or Health Subject:

Drugs & Alcohol

Derbyshire Eco Centre

Group/Organisation Address:

Derbyshire Eco Centre,
Porter Lane,
Middleton-by-Wirksworth,
Derbyshire

Email:

ecocentre@derbyshire.gov.uk

Website:

www.derbyshire.gov.uk/education/adult-education/centres/derbyshire-eco-centre/derbyshire-eco-centre.aspx

Postcode:

DE4 4LS

Telephone Number:

01629 533038

Access Times:**Extra Information:**

The Derbyshire Eco Centre is the county hub for courses and activities focusing on education for sustainable development. We welcome volunteers to help us in a variety of roles, both inside and outside, including a midweek volunteer group.

Type of Services:

Education

Type of Condition or Health Subject:

Health & Wellbeing

Derbyshire Federation for Mental Health - High Peak Office

Group/Organisation Address:	Derbyshire Federation for Mental Health, Buxton 4 Youth, 11A Market Street, Buxton, Derbyshire
Email:	mainoffice@dfmh.co.uk
Website:	dfmh.co.uk
Postcode:	SK17 6JY
Telephone Number:	01298 212602
Access Times:	
Extra Information:	Our aim is to improve mental health and promote independence for service users in Derbyshire.
Type of Services:	Mental Health
Type of Condition or Health Subject:	Mental Health Problems

Derbyshire Federation for Mental Health (Main Office)

Group/Organisation Address:	The Derbyshire Federation for Mental Health, Stancliffe House, Molyneaux Business Park, Darley Dale, Matlock, ,
Email:	mainoffice@dfmh.co.uk
Website:	dfmh.co.uk
Postcode:	DE4 2HJ
Telephone Number:	01629 733915
Access Times:	

Extra Information:

We manage two funds on behalf of NHS North Derbyshire CCG to provide financial support for self help groups for mental health service users in the High Peak and Dales area.

Type of Services:

Mental Health

Type of Condition or Health Subject:

Mental Health Problems

Derbyshire First Contact signposting scheme

Group/Organisation Address:	County Hall, Matlock, DE4 3AG
Email:	firstcontact@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/social-health/adult-care-and-wellbeing/information-advice-and-first-contact-service/first-contact/first-contact-derbyshire-signposting-scheme.aspx
Postcode:	DE4 3AG
Telephone Number:	01629 533190
Access Times:	
Extra Information:	First Contact is a free service for adults in Derbyshire. By filling in 1 simple form you can be referred to a number of different organisations who can offer services, information and/or advice to support your independence, health and wellbeing. The scheme is managed by adult care in partnership with other statutory and voluntary sector partners.
Type of Services:	Adult Services
Type of Condition or Health Subject:	Health & Wellbeing

Derbyshire Gypsy Liaison Group

Group/Organisation Address:

Derbyshire Gypsy Liaison Group,
1-3 Ladygrove Mill,,
Lady Grove Road,
Two Dales,,
Matlock,
Derbyshire,
,

Email:

info@dglg.org

Website:

www.dglg.org

Postcode:

DE4 2FG

Telephone Number:	01629 732744
Access Times:	Mon Wed Fri 10-3pm
Extra Information:	Working to develop equality of access to mental health services. Producing information packs for both service providers and the Gypsy/Traveller community. During busy times the answer machine will always be on. In an emergency please contact 0121 6858677 Travellers Advice Team.
Type of Services:	Mental Health
Type of Condition or Health Subject:	Mental Health Problems

Derbyshire Handy Van Network

Group/Organisation Address:	Derbyshire Handy Van Network
Email:	
Website:	www.derbyshire.gov.uk/community/handy_van_service
Postcode:	N/A
Telephone Number:	
Access Times:	Amber Valley 01773 604426: Bolsover - 01246 217700 Chesterfield - 01246 345748: Derbyshire Dales - 01298 23970: Erewash - 01773 604426: High Peak - 01298 23970: North East Derbyshire - 01246 217700
Extra Information:	The Derbyshire Handy Van Network provides practical support to help older and vulnerable people to live independently in their own homes. The service is available to those who are aged 60 and over or if you are referred by Derbyshire County Council.
Type of Services:	Self Help
Type of Condition or Health Subject:	Loneliness

Derbyshire Home Library Service

Group/Organisation Address:	County Hall, Matlock, DE4 3AG
Email:	Kirstie.Matkin@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/leisure/libraries/services/home-library-service/home-library-service.aspx
Postcode:	N/A
Telephone Number:	01629 539140 x 39140
Access Times:	
Extra Information:	The home library service is available for people of all ages who are unable to access our services either on a temporary or permanent basis Delivery of books, audio books and CDs. The service is: free tailored to your needs includes regular free delivery. Delivery to people in their own homes, or in care homes or sheltered accommodation.
Type of Services:	Education
Type of Condition or Health Subject:	Health & Wellbeing

Derbyshire Homelessness Service

Group/Organisation Address:	Bases in Erewash and South Derbyshire
Email:	artemis.house@p3charity.org <1> midlandlodgeallstaff@p3charity.org
Website:	www.p3charity.org/
Postcode:	N/A
Telephone Number:	Erewash 01159 729874 South Derbyshire 01283 819944
Access Times:	
Extra Information:	This service provides a safe place for adults who are homeless to live and combines it with a personalised support package to tackle the root cause of their homelessness. The service operates both 24-hour, staffed hostel accommodation, available in Erewash and South Derbyshire, alongside supporting people to access housing in the community.

Type of Services: Help in a Crisis

Type of Condition or Health Subject: Health & Wellbeing

Derbyshire Housing Aid

Group/Organisation Address: Derbyshire Housing Aid,
Phoenix Street,
Derby

Email:

Website: www.housingaid.org.uk

Postcode: DE1 2ER

Telephone Number: 01332 287850

Access Times:

Extra Information: Derbyshire Housing Aid has developed over the years to address the growing needs of our local community, including specialist legal advice in housing, debt and welfare benefits, training and employability services and, homelessness prevention projects.

Type of Services: Legal Help

Type of Condition or Health Subject:

Derbyshire Law Centre

Group/Organisation Address: Derbyshire Law Centre,
1 Rose Hill East,,
Chesterfield,

Email: online email form

Website:	www.derbyshirelawcentre.org.uk
Postcode:	S40 1NU
Telephone Number:	01246 550674 Freephone 0800 707 6990
Access Times:	Monday-Friday 9.30am - 4.30pm.
Extra Information:	The Law Centre specialises in the following areas of law: Housing, Employment, Immigration, Hate and Harassment, Debt and Discrimination. Our aim is to provide, achieve equal access to justice for all sections of the community by providing free legal services in social welfare law in the Derbyshire
Type of Services:	Legal Help
Type of Condition or Health Subject:	Depression & Anxiety

Derbyshire Learning Disability Service

Group/Organisation Address:	Derbyshire Learning Disability Service, Website Help Service
Email:	online message form
Website:	www.derbyshirehealthcareft.nhs.uk/services/learning-disabilities
Postcode:	N/A
Telephone Number:	01332 623700
Access Times:	
Extra Information:	Our team of learning disabilities specialists have a wide range of skills and a depth of knowledge, experience and excellence that enables us to help people with learning disabilities living with additional complex health needs. The learning disabilities service, which support residents aged 18 and over from both Derby City and Southern Derbyshire, provides assessment, intervention, treatment, advice, guidance and training as required.
Type of Services:	

**Type of Condition
or Health Subject:**

Derbyshire LGBT+

Group/Organisation Address: Derbyshire LGBT+,
7 Bramble Street,
Derby,

Email: info@derbyshirelgbt.org.uk

Website: www.derbyshirelgbt.org.uk

Postcode: DE1 1HU

Telephone Number: 01332 207704

Access Times:

Extra Information: Derbyshire LGBT+ is Derbyshire's only LGBT specific support service, we are here to support anyone who is Lesbian, Gay, Bisexual & Transgender or anyone who is having issues with their sexual identity or gender identity, this includes family and friends.

Type of Services: Helpline

**Type of Condition or Health
Subject:** Sexual Health

Derbyshire Live Life Better - Stop Smoking

**Group/Organisation
Address:**

Live Life Better Derbyshire,
Derbyshire County Council,
Room 110,
County Hall,
Matlock,
Derbyshire,
,

Email:

llbd.info@derbyshire.gov.uk

Website:

www.livelifebetterderbyshire.org.uk/services/stop-smoking

Postcode:

DE4 3AG

Telephone Number:

Freephone - 0800 085 2299
01629 538 200

Access Times:**Extra Information:**

At Live Life Better Derbyshire we provide support, help and advice to help you make a successful quit attempt. We know quitting isn't easy but our friendly stop smoking advisors will support you with tips, information and advice on the range of stop smoking medications available to you. Live Life Better Derbyshire provides support to smokers aged 12 and over living in Derbyshire.

Type of Services:**Type of Condition or
Health Subject:**

Derbyshire Parent Partnership

**Group/Organisation
Address:**

Derbyshire Parent Partnership,
Chesterfield Register Office,,
New Beetwell Street,,
Chesterfield,

Email:

info@derbyshireparentcarervoice.org

Website:

derbyshireparentforums.co.uk

Postcode:

S40 1QJ

Telephone Number:	01629 533666
Access Times:	Please have a look at the website, come along to a forum for a chat and a coffee or get in touch with your ideas, we are always looking for ways to improve and would love to hear from you.
Extra Information:	Derbyshire Parent Voice has been set up to help parents have a forum for change within Derbyshire services. Parent Forums are making real changes to the way councils work with regard to parents, carers and children and young people.
Type of Services:	Family & Carer Support
Type of Condition or Health Subject:	Health & Wellbeing

Derbyshire Rape Crisis - SV2 Supporting Victims of Sexual Violence

Group/Organisation Address:	SV2, Millfield House, 85 Mill Lane, Codnor, Derbyshire
Email:	help@sv2.org.uk
Website:	www.sv2.org.uk
Postcode:	DE5 9QG
Telephone Number:	01773 746 115
Access Times:	Monday - Friday 9.00am - 5.00pm
Extra Information:	SV2 will support you regardless of when your experience of sexual abuse or violence occurred. we support all genders from any age and offer counselling to both adults and children. You do not have to report the crime to the police to get support from SV2. However, if you do want to report we can support you through the process.

Type of Services: Help in a Crisis

Type of Condition or Health Subject: Sexual Health

Derbyshire Recovery and Peer Support Service

Group/Organisation Address: The Croft,
Ripley,
Derbyshire

Email: derbyshirerecoverypeersupportservice@rethink.org

Website: www.rethink.org/derbyshirerecovery

Postcode: DE5 3HF

Telephone Number: 01773 734989

Access Times: Office hours

Extra Information: The service aims to help people improve and maintain their mental health and wellbeing; access social networks and peer-support and provide opportunities in your local community.

Type of Services: Self Help

Type of Condition or Health Subject:

Derbyshire Recovery Partnership

Group/Organisation Address:	Derbyshire Recovery Partnership, First Floor Dents Chamber, 81 New Square, Chesterfield, Derbyshire
Email:	info@derbyshirerecoverypartnership.co.uk
Website:	www.derbyshirerecoverypartnership.co.uk
Postcode:	S40 1AH
Telephone Number:	0845 308 4010 or 01246 206514
Access Times:	Check website for other branches in Derbyshire
Extra Information:	Do you, or someone you know, have problems with Alcohol or Drugs and are finding that this is causing you problems? If so, the Derbyshire Recovery Partnership (DRP) can offer you help and support to either stop or gain control of your use and to start to build positive relationships for you, your family and your community.
Type of Services:	Recovery & Rehabilitation
Type of Condition or Health Subject:	Drugs & Alcohol

Derbyshire Safe Place Scheme

Group/Organisation Address:	Derbyshire County Council
Email:	safe.places@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/social-health/adult-care-and-wellbeing/keeping-safe/derbyshire-safe-place-scheme/derbyshire-safe-place-scheme.aspx
Postcode:	N/A
Telephone Number:	01629 532469
Access Times:	
Extra Information:	A Safe Place is somewhere you can go if you feel scared, are lost or need help when you are out and about. Safe Places are public buildings in towns and communities across Derbyshire, such as libraries, shops, pharmacies and GP surgeries. They have stickers in their windows so you can see that they are part of the scheme and know you can go in and ask for help if you need to. You can be issued with a Safe Place card, if you're out and about and you need help, you can take the card to a Safe Place to ask for help.
Type of Services:	
Type of Condition or Health Subject:	

Derbyshire Sport

Group/Organisation Address:	Derbyshire Sport, 2 Godkin House,, Park Road,, Ripley, Derbyshire
Email:	info@activederbyshire.org.uk
Website:	www.activederbyshire.org.uk
Postcode:	DE5 3EF
Telephone Number:	01773 741915
Access Times:	
Extra Information:	We cover the county of Derbyshire including Derby city and the Derbyshire part of the Peak District National Park. Our partnership includes agencies from the local community, education and sports that are committed to working together through sport and active recreation, to improve the quality of life for the people of Derbyshire.
Type of Services:	Family Therapy
Type of Condition or Health Subject:	Health & Wellbeing

Derbyshire Unemployed Workers Centres

Group/Organisation Address:	Derbyshire Unemployed Workers Centres, 1 Rose Hill, Chesterfield, Derbyshire
Email:	info@duwc.org.uk
Website:	www.duwc.org.uk
Postcode:	S40 1NU
Telephone Number:	01246 231441
Access Times:	Tel; Mon-Thurs 9am-5pm, Fri 9am-4pm

Extra Information:

Advice centre covering the County of Derbyshire and beyond. WE offer a mixture of open door drop-in and telephone advice. We provide free and independent welfare rights advice and WE campaign for the rights of those who are unemployed, on a low income or sick, injured or disabled by their work.representation.

Type of Services:

Helpline

Type of Condition or Health Subject:

Health & Wellbeing

Derbyshire Welfare Rights Service

Group/Organisation Address:

Derbyshire Welfare Rights Service,
Long Close,
Cemetery Lane,
Ripley, Derbyshire

Email:

welfarebenefits@derbyshire.gov.uk

Website:

www.derbyshire.gov.uk/social-health/adult-care-and-wellbeing/benefits-debt-and-legal-matters/welfare-benefits/welfare-benefits.aspx

Postcode:

DE5 3HY

Telephone Number:

01629 531535

Access Times:

Helpline Monday/Tuesday/Thursday/ Friday - 11.00am - 4.00pm

Extra Information:

We have staff based throughout the County to offer help & advice on benefits, tax credits, or employment issues from claims to presentation.

Type of Services:

Helpline

Type of Condition or Health Subject:

Health & Wellbeing

Derbyshire Young Carers Service

Group/Organisation Address:

Genesis Business Park,
32-46 King St,
Alfreton

Email:

youngcarers@derbyshirecarers.co.uk

Website:

www.derbyshirecarers.co.uk

Postcode:	DE55 7DQ
Telephone Number:	01773 833833
Access Times:	Mon - Fri 9-5pm
Extra Information:	A young carer service providing support to young carers aged 5-18 across Derbyshire. Offering a variety of support groups, workshops, activities. A great way to meet other young carers.
Type of Services:	Carer's Group
Type of Condition or Health Subject:	Health & Wellbeing

Derbyshire Youthinc Careers Advice (was Connexions)

Group/Organisation Address:	Derbyshire Youthinc Careers Advice (was Connexions), Website advice
Email:	
Website:	derbyshireyouthinc.com/something_to_learn/national_careers_service
Postcode:	N/A
Telephone Number:	
Access Times:	Various locations listed on website above
Extra Information:	The National Careers Service provides information, advice and guidance to help you make decisions. The service offers confidential and impartial advice to 18-year-olds claiming work-related benefits and everyone over the age of 19. A range of National Careers Service access points have been set up across Derbyshire, the sessions are for people to drop in and get advice from a qualified careers adviser.
Type of Services:	
Type of Condition or Health Subject:	

Derwent Rural Counselling Service

**Group/Organisation
Address:**

Derwent Rural Counselling Service,
Newholme Hospital,,
Baslow Road, Bakewell,
Derbyshire,

Email:

admin@drcs.org.uk

Website:

www.derwentruralcounselling.co.uk

Postcode:

DE45 1AD

Telephone Number:

0800 047 6861

Access Times:**Extra Information:**

DRCS can help with emotional problems and common mental health issues, such as, Anxiety, Depression, Relationship problems, Stress, issues around Bereavement and Loss. Counselling provided by qualified experienced counsellors by appointment.

Type of Services:

Mental Health

**Type of Condition or Health
Subject:**

Depression

Diabetes & You - North Derbyshire

**Group/Organisation
Address:**

Diabetes & you Administrator,
Newholme Hospital,
Baslow Road, Bakewell,
Derbyshire

Email:**Website:**

www.dchs.nhs.uk/find_services_by_topic/id/45332

Postcode:

DE45 1AD

Telephone Number:

01629 817878

Access Times: Bakewell, Buxton, Chapel-En-Le Frith, Clay Cross, Clowne, Chesterfield, Eckington, Matlock, North Wingfield and Shirebrook.

Extra Information: 'Diabetes & You' is a group education programme for people who have recently been diagnosed with Type 2 Diabetes. It aims to help you to understand your condition so you can learn how to control it and have the best quality of life possible.

Type of Services: Adult Education

Type of Condition or Health Subject: Health & Wellbeing

Diabetes & You Administrator- South Derbyshire

Group/Organisation Address: Diabetes & You Administrator- South Derbyshire, Babington Hospital,, Derby Road,, Belper,

Email:

Website: www.dchs.nhs.uk

Postcode: DE56 1WH

Telephone Number: 01773 824171

Access Times: Alfreton, Ashbourne, Belper, Heanor, Hilton, Ilkeston, Long Eaton, Ripley, Willington and Swadlincote.

Extra Information: 'Diabetes & You' is a group education programme for people who have recently been diagnosed with Type 2 Diabetes. It aims to help you to understand your condition so you can learn how to control it and have the best quality of life possible.

Type of Services: Adult Education

Type of Condition or Health Subject:

Health & Wellbeing

DIAL UK

Group/Organisation Address:

DIAL UK,
DIAL Doncaster,
Unit 9 Shaw Wood Business Park,
Shaw Wood Way, South Yorkshire

Email:

helpline@scope.org.uk

Website:

www.dialuk.info

Postcode:

DN2 5TB

Telephone Number:

01302 327800

Access Times:

Monday - Friday - 9.30am - 4.00pm

Extra Information:

Disability Information and Advice Line (DIAL), is made up of a team of experienced experts with a common interest on disability and catering to all aspects of living with a disability. Our primary goal is to provide adequate information and support to individuals living with disability throughout the United Kingdom.

Type of Services:

Helpline

Type of Condition or Health Subject:

Health & Wellbeing

Direct Help and Advice (Debt and Housing Information Derby)

Group/Organisation Address:	Direct Help and Advice (Debt and Housing Information Derby), Derbyshire Housing Aid, Phoenix Street, Derby
Email:	info@dhadvice.org
Website:	www.dhadvice.org.uk
Postcode:	DE1 2ER
Telephone Number:	01332 287850
Access Times:	
Extra Information:	We provide effective, specialist advice, advocacy and representation for people that would otherwise not be able to access these services. We secure their basic needs, protect and preserve their legal rights. We provide equal access to justice and seek fairness and dignity for all our clients.
Type of Services:	Advocacy
Type of Condition or Health Subject:	Health & Wellbeing

Disability Assist Helpline

Group/Organisation Address:	Disability Assist, Help-line, Web Page
Email:	disabilityassist@hotmail.co.uk
Website:	www.disabilityassist.wordpress.com
Postcode:	N/A
Telephone Number:	
Access Times:	

Extra Information:

Disability Assist provides information to disabled people and their supporters. We can answer any disability related enquiry by email. If for any reason we cannot we will signpost you to someone who can.

Type of Services:

Helpline

Type of Condition or Health Subject:

Health & Wellbeing

Disability Derbyshire - Coalition for Inclusive Living (DCIL)

Group/Organisation Address:

Disability Derbyshire - Coalition for Inclusive Living (DCIL),
Park Road,
Ripley,
Derbyshire

Email:

info@dcil.org.uk

Website:

www.dcil.org.uk

Postcode:

DE5 3EF

Telephone Number:

01773 740246

Access Times:

9am-4:30pm

Extra Information:

Disability Derbyshire Coalition for Inclusive Living (DDCIL) works to apply disabled people's ideas and experiences to developing services and public policies. We exist because disabled people realised that disability is caused by the way society is organised, and not by the way their bodies, senses or minds work.

Type of Services:

Home Care Services

Type of Condition or Health Subject:

Health & Wellbeing

Disability Employment Project - Derbyshire

Group/Organisation Address:	Disability Employment Project, Web Page Only
Email:	
Website:	www.derbyshire.gov.uk/working-for-us/equal-opportunities/disability-employment-service/disability-employment-service.aspx
Postcode:	N/A
Telephone Number:	
Access Times:	
Extra Information:	
Type of Services:	Self Help
Type of Condition or Health Subject:	Health & Wellbeing

Disabled Workers Co-operative

Group/Organisation Address:	Disabled Workers Co-operative, 130 Wells Road, Glastonbury, Somerset
Email:	
Website:	www.disabledworkers.org.uk
Postcode:	BA6 9AQ
Telephone Number:	
Access Times:	
Extra Information:	We aim to raise the independence of disabled people by enabling them to take an active role in the economy & achieve a sense of self worth, & to raise awareness of the contribution that disabled people can make to society.
Type of Services:	Voluntary Support Group
Type of Condition or Health Subject:	Health & Wellbeing

DORA (Dedicated Organisation Raising Awareness of Mental Health Issues)

Group/Organisation Address:	DORA (Dedicated Organisation Raising Awareness of Mental Health Issues), DORA, The Annexe, Holywell Health Centre, Holywell Street, Chesterfield
Email:	doradoradora@btconnect.com
Website:	www.derbyshirehealthcareft.nhs.uk/EasySiteWeb/GatewayLink.aspx?allid=2934
Postcode:	S41 7SH
Telephone Number:	01246 540 750
Access Times:	
Extra Information:	Based in Chesterfield, DORA is a charitable umbrella organisation for mental health self-help groups in Derbyshire. There are 25+ groups in this family, helping people cope with a wide range of mental health issues, including but not limited to depression anxiety, eating disorders, hearing voices, self-harming, bipolar etc.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Mental Health Problems

Down's Syndrome - Derby

Group/Organisation Address:	Down's Syndrome - Derby, 14 Chevin Road, Duffield, Derby
Email:	enquiries@dsderby.org
Website:	www.dsderby.org
Postcode:	DE56 4DS
Telephone Number:	Help Line: - 0333 1212 300 Monday – Friday 10.00am - 4.00pm

Access Times:

Extra Information:

Information and support for people with a learning disability - Down's Syndrome and their families.

Type of Services:

Learning Disability Services

Type of Condition or Health Subject:

Mental Health Problems

Down's Syndrome Association

Group/Organisation Address:

Down's Syndrome Association,
Langdon Down Centre,
2a Langdon Park,
Teddington

Email:

info@downs-syndrome.org.uk

Website:

www.downs-syndrome.org.uk

Postcode:

TW11 9PS

Telephone Number:

Help Line: - 0333 1212 300 Monday - Friday
10.00am - 4.00pm

Access Times:**Extra Information:**

Information and support for people with a learning disability - Down's Syndrome and their families.

Type of Services:

Voluntary Support Group

Type of Condition or Health Subject:

Health & Wellbeing

Drinkline - The National Alcohol Helpline

Group/Organisation Address:

Drinkline - The National Alcohol Helpline,
Helpline

Email:

Website: www.drinkaware.co.uk/alcohol-support-services

Postcode: N/A

Telephone Number: Free helpline: 0300 123 1110 (weekdays 9am–8pm, weekends 11am–4pm)

Access Times:

Extra Information: Drinkline runs a free, confidential helpline for people who are concerned about their drinking, or someone else's. The purpose of the Drinkline service is to offer free, confidential, accurate and consistent information and advice to callers who are concerned about their own or someone else's drinking regardless of the caller's age, gender, sexuality, ethnicity or spirituality.

Type of Services: Helpline

Type of Condition or Health Subject: Drugs & Alcohol

Dyslexia Action - Derby

Group/Organisation Address: Dyslexia Action - Derby,
Derby Centre,
12 The Strand,
Belper,

Email: derby@dyslexiaaction.org.uk

Website: www.dyslexiaaction.org.uk

Postcode: DE1 1BE

Telephone Number: 01332 365359

Access Times: Wednesday 8.30am -4.30pm. Thursday 8.30am - 5.00pm

Extra Information: Dyslexia Action is a non profit organisation providing support to those affected by dyslexia and literacy difficulties, across all sectors and training providers.

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Dyslexia Action - Nottingham

Group/Organisation Address: Dyslexia Action - Nottingham,
Foxhall Business Centre,
2 King Street,
Nottingham

Email: nottingham@dyslexiaaction.org.uk

Website: www.dyslexiaaction.org.uk

Postcode: NG1 2AS

Telephone Number: 0115 9483849

Access Times: Monday - Friday 8.30am - 4.30pm

Extra Information:

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Dyslexia Action - Sheffield

Group/Organisation Address: Dyslexia Action - Sheffield,
Knowle House,
4 Norfolk Park Road,
Sheffield,

Email: sheffield@dyslexiaaction.org.uk

Website: www.dyslexiaaction.org.uk

Postcode:	S2 3QE
Telephone Number:	0114 2815905
Access Times:	Monday - Thursday 9am - 4pm Friday 9am - 2pm
Extra Information:	
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Health & Wellbeing

Eating Disorders - The National Centre

Group/Organisation Address:	Eating Disorders - The National Centre, 54 New Road, Esher, Surrey
Email:	admin@ncfed.com
Website:	www.eating-disorders.org.uk
Postcode:	KT10 9NU
Telephone Number:	0845 838 2040
Access Times:	
Extra Information:	National Centre for Eating Disorders, providing treatment and support for persons affected in particular by compulsive overeating and bulimia.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Eating Disorders

Eating Disorders Association (b-eat)

Group/Organisation Address:	Eating Disorders Association (b-eat), Wensum House, 103 Prince of Wales Road, Norwich
Email:	for adults - help@beateatingdisorders.org.uk for young people - fyp@beateatingdisorders.org.uk
Website:	www.b-eat.co.uk
Postcode:	NR1 1DW
Telephone Number:	Helpline: 0808 801 0677 General enquiries - 0300 123 3355
Access Times:	
Extra Information:	Beat is the UK's eating disorder charity. We are a champion, guide and friend to anyone affected by eating disorders, giving individuals and their loved ones a place they feel listened to and supported.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Eating Disorders

Eccles Fold Resource Centre

Group/Organisation Address:	Eccles Fold Resource Centre, Ecclesfold Road, Chapel en le Frith
Email:	
Website:	www.derbyshire.gov.uk/carehomes
Postcode:	SK23 9TJ
Telephone Number:	01629 533190
Access Times:	Monday to Sunday: 8am to 10pm

Extra Information:

Eccles Fold Resource centre is a registered provider of living accommodation for people who require nursing or personal living accommodation.

Type of Services:

Home Care Services

Type of Condition or Health Subject:

Dissociative Disorders

Ecominds

Group/Organisation Address:

Ecominds (Mind),
Web and Email

Email:

info@mind.org.uk

Website:

www.mind.org.uk

Postcode:

N/A

Telephone Number:

0300 123 3393

Access Times:**Extra Information:**

We provide advice and support to empower anyone experiencing a mental health problem. We campaign to improve services, raise awareness and promote understanding.

Type of Services:

Mental Health

Type of Condition or Health Subject:

Mental Health Problems

Enable Housing Association Ltd

Group/Organisation Address:	Enable Housing Association, Ellen House, Heath Road, Holmewood, Derbyshire
Email:	info@emhcareandsupport.org.uk
Website:	www.enable-care.org.uk
Postcode:	S42 5RB
Telephone Number:	01246 599999
Access Times:	
Extra Information:	We help and support older people with learning difficulty & disabilities, by providing activities, support, care & housing that matches their needs.
Type of Services:	Home Care Services
Type of Condition or Health Subject:	Health & Wellbeing

Enrych - Derbyshire & Leicestershire

Group/Organisation Address:	Enrych - Derbyshire & Leicestershire, Marlene Reid Centre, 85 Belvoir Road,, Coalville, Leicestershire
Email:	coalvilleoffice@enrych.org.uk
Website:	www.%20leicestershire-derbyshire.enrych.org.uk
Postcode:	LE67 3PH
Telephone Number:	01530 832926
Access Times:	

Extra Information:

Supports adults with a disability to engage more fully within their local communities, matching member's requirements to the skills and interests of volunteers and personal assistants, who support them to take part in leisure and learning activities.

Type of Services:

Voluntary Support Group

Type of Condition or Health Subject:

Health & Wellbeing

Epilepsy Action

Group/Organisation Address:

British Epilepsy Association,
New Anstey House, Gate Way Drive,
Yeadon,,
Leeds

Email:

epilepsy@epilepsy.org.uk

Website:

www.epilepsy.org.uk

Postcode:

LS19 7XY

Telephone Number:

0113 210 8800 Freephone helpline - 0808 800 5050

Access Times:**Extra Information:**

Epilepsy Action is th UK's leading epilepsy organisation and exists to improve the lives of everyone affected by the condition. As a member-led association we are led by and represent people with epilepsy, their families and healthcare professionals.

Type of Services:

Voluntary Support Group

Type of Condition or Health Subject:

Mental Health Problems

Erewash Mental Health Association Ltd

Group/Organisation Address:	Erewash Mental Health Association Ltd, Touchwood Centre, 4 Charlotte Street, Ilkeston, Derbyshire
Email:	enquiries@touchwoodcentre.org.uk
Website:	www.touchwoodcentre.org.uk
Postcode:	DE7 8LH
Telephone Number:	0115 9308947
Access Times:	Monday - Friday 10..00am - 3.30pm
Extra Information:	We seek to provide a supportive atmosphere for people experiencing and recovering from mental health problems. We offer a variety of activities such as aromatherapy, keep fit, craft, computers, relaxation and much more.
Type of Services:	Mental Health
Type of Condition or Health Subject:	Mental Health Problems

Fairplay

Group/Organisation Address:	Fairplay, Alexandra Road West, Chesterfield, Derbyshire,
Email:	office@fair-play.co.uk
Website:	www.fair-play.co.uk
Postcode:	S40 1NP
Telephone Number:	01246 203963
Access Times:	

Extra Information:

Fairplay offers a wide range of services for children and young people aged 0 - 25 with disabilities and additional needs, and their families. Fairplay offers services in Chesterfield, North East Derbyshire, Bolsover, High Peak and Derbyshire Dales.

Type of Services:

Children's Services

Type of Condition or Health Subject:

Health & Wellbeing

Families Anonymous

Group/Organisation Address:

Volunteer, Families Anonymous,
The Doddington & Rollo Comm Centre,
Charlotte Despard Avenue,
Battersea, London

Email:

office@famanon.org.uk

Website:

www.famanon.org.uk

Postcode:

SW11 5HD

Telephone Number:

office - 0207 4984680helpline - 0845 1200 660

Access Times:**Extra Information:**

Families Anonymous is a world-wide fellowship of family members and friends affected by another's abuse of mind-altering substances, or related behavioral problems. FA has groups, spread throughout the country, which meet regularly. Any concerned person is encouraged to attend the meetings, even if there is only a suspicion of a problem. The Fellowship is a self-help organisation with a programme based on the 12 Steps and 12 Traditions first formulated by Alcoholics Anonymous. Check website for Support Groups in the UK.

Type of Services:

Helpline

Type of Condition or Health Subject:

Drugs & Alcohol

Family Lives (Formerly Parentline Plus) Head Office

Group/Organisation Address:	Family Lives (Formerly Parentline Plus), 15-17 The Broadway, Hatfield, Hertfordshire
Email:	on line message form
Website:	www.familylives.org.uk
Postcode:	AL9 5HZ
Telephone Number:	Head Office - 020 7553 3080 Helpline - 0808 800 2222 (Monday - Friday 9.00am - 9.00pm - Saturday & Sunday - 10.00am - 3.00pm)
Access Times:	
Extra Information:	Family Lives was formally registered as a charity in 1999, and operated under the name of Parentline Plus. Parentline Plus reverted back to its registered name of Family Lives in 2011. Family Lives works around the clock, transforming the lives of families, supporting parents and making happier relationships, happier families and a stronger society. Our trained family support workers, both paid and volunteer, offer all family members immediate and on-going help on the phone, online or in local communities.
Type of Services:	Helpline
Type of Condition or Health Subject:	Health & Wellbeing

Family Mediation Service

Group/Organisation Address:	Family Mediation Service, NCH Family Mediation, 45 Queen Street, Chesterfield
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Email:

Website: www.nfm.org.uk

Postcode: S40 4SF

Telephone Number: 01246 277422

Access Times: 9.00am to 5.00pm Mon-Fri

Extra Information: We offer family mediation supporting Parents and Children through separation.

Type of Services: Family Therapy

Type of Condition or Health Subject: Health & Wellbeing

Family Support Service - Nottinghamshire and Derbyshire

Group/Organisation Address: Family Support Service - Butterflies Project, Cavendish Lodge, 10 Devonshire Avenue, Beeston, Nottinghamshire

Email: BFSSNottinghamshire&Derbyshire@barnardos.org.uk

Website: www.barnardos.org.uk

Postcode: NG9 1BS

Telephone Number: 0115 9575300

Access Times:

Extra Information: Butterflies Project offering, short break services offer family support for disabled children and their families. Referral is through school, social services, health or from families and young people themselves

Type of Services: Family & Carer Support

Type of Condition or Health Subject: Health & Wellbeing

Farming Community Network

Group/Organisation Address:

The Farming Community Network,
Manor Farm,
West Haddon,
Northampton,

Email:

help@fcn.org.uk

Website:

www.fcn.org.uk/contact

Postcode:

NN6 7AQ

Telephone Number:

01788 510866 - office hours 9.00 -5.00
Helpline 03000 111 999 - 7am - 11pm every
day of the year

Access Times:**Extra Information:**

Provision of emotional and practical support by
farmers for farmers and their families.
National telephone helpline.

Type of Services:

Helpline

**Type of Condition or Health
Subject:**

Health & Wellbeing

First Steps (Derbyshire)

Group/Organisation Address:

First Steps (Derbyshire),
Ingham House,
16 Agard Street,
Derby

Email:

info@firststepsderbyshire.co.uk

Website:

www.firststepsderby.co.uk

Postcode: DE1 1DZ

Telephone Number: 01332 367571

Access Times:

Extra Information: First Steps is Derbyshire's only eating disorder charity. We offer support to people of all ages all over Derbyshire and the surrounding areas who are affected by eating difficulties and disorders, this includes parents, partners, family and carers.

Type of Services: Family Services

Type of Condition or Health Subject: Eating Disorders

First Steps to Freedom - the Anxiety Actionline

Group/Organisation Address: First Steps to Freedom - the Anxiety Actionline,
PO Box 476,,
Newquay,,
Cornwall

Email:

Website: www.savs-southend.org/community-directory/14763/first-steps-to-freedom-the-anxiety-actionline

Postcode: TR7 1NQ

Telephone Number: 0845 841 0619Helpline - 0845 120 2916

Access Times:

Extra Information: First Steps to Freedom is a U.K. registered charity which aims to help, in a practical way, those who suffer from phobias, obsessive compulsive disorder (excessive washing, checking, unwanted thoughts etc.), general anxiety, panic attacks and those who wish to come off tranquillisers, together with help for their carers.

Type of Services: Mental Health

Type of Condition or Health Subject: Anxiety & Panic Attacks

Food for the Brain

Group/Organisation Address:	Food for the Brain, 11a Chartfield House, Putney, London
Email:	info@brainbiocentre.com
Website:	www.foodforthebrain.org
Postcode:	SW15 6DT
Telephone Number:	020 8332 9600 - Monday - Friday 9.00am - 5.00pm
Access Times:	
Extra Information:	At Food for the Brain we wish to raise awareness of the importance of optimum nutrition in mental health. We are a charitable foundation working to inform organisations and empower individuals to change their diet and lifestyle and take greater control of their own mental health.
Type of Services:	Adult Education
Type of Condition or Health Subject:	Mental Health Problems

Football Initiative: Winning Mentality

Group/Organisation Address:	Derby County Community Trust, iPro Stadium, Derby
Email:	community@dcft.co.uk
Website:	www.derbycountycommunitytrust.com
Postcode:	DE24 8X
Telephone Number:	01332 667575

Access Times: Thurs 1.30pm-2.30pm Derwent Valley Rovers - Inclusive mental health 5 a-side sessions (16+)

Extra Information: The Winning Mentality Initiative provides football sessions, available to people in Derbyshire to promote their mental health. All of the clubs provide players the opportunity to participate in football and improve their skills and confidence.

Type of Services: Physical Health

Type of Condition or Health Subject: Mental Health Problems

Football Initiative: Winning Mentality - Erewash

Group/Organisation Address: Erewash Valliants Football Club,
Friesland Leisure Centre,
Sandiacre,
Nottingham

Email:

Website: www.erewash.gov.uk

Postcode: NG10 5AE

Telephone Number: 0115 9490400

Access Times: Monday 4.15-5.15pm

Extra Information:

Type of Services: Physical Health

Type of Condition or Health Subject: Mental Health Problems

Forward Trust (Formerly RAPt)

Group/Organisation Address:	Forward Trust (Formerly RAPt), (the Rehabilitation for Addicted Prisoners Trust), The Foundry, 2nd Floor, 17/19 Oval Way, London
Email:	info@forwardtrust.org.uk
Website:	www.rept.org.uk
Postcode:	SE11 5RR
Telephone Number:	020 3752 5560
Access Times:	office Hours
Extra Information:	Forward Trust (Formerly RAPt) works to help people with drug and alcohol dependence, both in prison and in the community, overcome the grip of addiction and lead positive lives, free from drugs and crime. We work with families and carers of substance misusers, as well as substance misusers themselves.
Type of Services:	Drug & Alcohol
Type of Condition or Health Subject:	Drugs & Alcohol

Foundations - The National Body for Home Improvement and Handy Person Service

Group/Organisation Address:	Foundations, The Old Co-op Building, 11 Railway Street, Glossop, Derbyshire, , ,
Email:	info@foundations.uk.com

Website:	wwwFOUNDATIONS.UK.COM
Postcode:	SK13 7AG
Telephone Number:	0300 124 0315
Access Times:	
Extra Information:	Home improvement and handyperson service providers are local organisations dedicated to helping older people, people with disabilities, and vulnerable people to live in safety and with dignity in their own homes.
Type of Services:	Voluntary Support Group
Type of Condition or Health Subject:	Health & Wellbeing

Framework Housing Association

Group/Organisation Address:	Framework Housing Association, 25 Gregory Boulevard, Nottingham
Email:	
Website:	WWW.FRAMEWORKHA.ORG
Postcode:	NG7 6NX
Telephone Number:	0115 841 7711
Access Times:	
Extra Information:	Framework provides a wide range of services that change and save lives in three ways: By preventing homelessness: By stopping rough sleeping: By helping people to live independently. We offer training, education, volunteering and employment opportunities that help people to leave homelessness behind and to move on with their lives.
Type of Services:	Supported Accommodation

Type of Condition or Health Subject:

Health & Wellbeing

Freedom Community Project - Bolsover

Group/Organisation Address:

Freedom Community Project - Bolsover,
Bolsover Methodist Church,
Hill Top,
Bolsover, Chesterfield

Email:

info@fcgroup.org.uk

Website:

www.fcgroup.org.uk

Postcode:

S44 6NN

Telephone Number:

01246 241457

Access Times:

Extra Information:

The Project provides support for people within North East Derbyshire. We run a number of projects from our two centres aimed at providing practical support. We also provide fun social activities for the community to encourage people and build self esteem.

Type of Services:

Voluntary Support Group

Type of Condition or Health Subject:

Health & Wellbeing

Friendship Care & Housing

Group/Organisation Address:

Friendship Care & Housing,
5 The Triangle,
Nottingham

Email:

friendship@longhurst-group.org.uk

Website:	www.fch.org.uk
Postcode:	NG2 1AE
Telephone Number:	0300 123 1745
Access Times:	Mon-Fri 9am-5pm
Extra Information:	The Association provides and maintains suitable, high quality, affordable homes and gives continuing support to people across the Midlands.
Type of Services:	Home Care Services
Type of Condition or Health Subject:	Health & Wellbeing

Gamblers Anonymous

Group/Organisation Address:	Gamblers Anonymous
Email:	
Website:	www.gamblersanonymous.org.uk
Postcode:	N/A
Telephone Number:	
Access Times:	Live chat room available on the website. Help with gambling and local support groups.
Extra Information:	Gam-Anon offers friendship, practical help, comfort and understanding to parents, husbands and wives of compulsive gamblers. Full information on Website.
Type of Services:	Self Help
Type of Condition or Health Subject:	Health & Wellbeing

Genetic Alliance UK

Group/Organisation Address:	Genetic Alliance UK, CAN Mezzanine, 49-51 East Road, London
Email:	contactus@geneticalliance.org.uk
Website:	www.geneticalliance.org.uk
Postcode:	N1 6AH
Telephone Number:	020 7831 0883
Access Times:	
Extra Information:	Genetic Alliance UK is the national charity working to improve the lives of patients and families affected by all types of genetic conditions.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Health & Wellbeing

Gingerbread - Single Parents, Equal Families

Group/Organisation Address:	Gingerbread, 520 Highgate Studios, 53-79 Highgate Road, London
Email:	Online message form
Website:	www.gingerbread.org.uk
Postcode:	NW5 1TL
Telephone Number:	0207 428 5420 Helpline - 0808 802 0925
Access Times:	Helpline open- Monday 10.00am - 6.00pm Tuesday/Thursday/Friday 10.00am - 4.00pm Wednesday 10.00am - 1.00pm & 5.00pm - 7.00pm

Extra Information:

The Gingerbread Parent Helpline supplies support and expert advice on anything from dealing with a break-up to going back to work to sorting out child maintenance, benefit or tax credit issues.

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Gires

Group/Organisation Address:

The Gender Identity Research & Education Soc,
Milverley,
The Warren, Ashted,
Surrey

Email:

Online message form

Website:

www.gires.org.uk

Postcode:

KT21 2SP

Telephone Number:

01372 801 554

Access Times:**Extra Information:**

Gires is a UK organisation whose purpose is to improve the lives of trans and gender non conforming people of all ages, including those who are non-binary and non-gender, as well of their families.

Type of Services:

Family Therapy

Type of Condition or Health Subject:

Health & Wellbeing

Gloss Group

Group/Organisation Address: c/o Glossop Mental Health Project,
33 Charles Street,
Glossop,
Derbyshire

Email:

Website: www.glossgroup.org.uk

Postcode: SK13 7DJ

Telephone Number: 01629 532689

Access Times:

Extra Information: Gloss provides support services and social activities for people with mental health problems. A social event is held in the evening on the first Wednesday of every month. This might be an outing to the cinema or to a restaurant, a game or quiz session, or a karaoke night. The Group also offers therapeutic Groups, such as relaxation anxiety management, aromatherapy, assertiveness training etc.

Type of Services: Mental Health

Type of Condition or Health Subject: Mental Health Problems

Golden Rainbows Chesterfield

Group/Organisation Address: Golden Rainbows Chesterfield,
Assembly Rooms,
Chesterfield Market Hall,
Soresby Street,
Chesterfield,
Derbyshire

Email: info@derbyshirelgbt.org.uk

Website: chesterfieldvolunteercentre.wordpress.com/2017/07/03/new-group-for-over-55s-lgbt

Postcode: S40 1AR

Telephone Number:	Derbyshire LBGT+ 01332 207704
Access Times:	Come and join us on the second Tuesday of every month at Room 2, Assembly Rooms, Chesterfield Market Hall
Extra Information:	Chesterfield Golden Rainbows is run by Derbyshire LBGT+ and the LBGT+ support and advocacy service for Derby and Derbyshire. It is a new monthly social support group for lesbians, gay, bisexual and Trans* over 55's in Chesterfield.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Health & Wellbeing

GOV.UK

Group/Organisation Address:	GOV.UK, Web based information
Email:	
Website:	www.gov.uk
Postcode:	N/A
Telephone Number:	
Access Times:	
Extra Information:	The Website of all government departments and many other agencies and public services.
Type of Services:	Helpline
Type of Condition or Health Subject:	Health & Wellbeing

Grapevine Wellbeing Centre

Group/Organisation Address:	Grapevine Wellbeing Centre, 15 Scarsdale Place, Buxton, Derbyshire
Email:	office@grapevinebuxton.org.uk
Website:	www.communitydirectoryderbyshire.org.uk/view/3693/grapevine-wellbeing-centre
Postcode:	SK17 6EF
Telephone Number:	01298 72965
Access Times:	Drop in sessions - Monday - Friday 12.30pm - 3.30pm
Extra Information:	Grapevine Wellbeing Centre is a safe space for anyone experiencing any form of mental health condition and a drop-in for wellbeing. The centre's drop-ins (from Monday to Friday) provide access to a range of help and support. The Grapevine also run other groups both in the morning and late afternoons such as Arts and Crafts, Music Matters, Mindfulness, Film Group, Creative Writing and Park Walks. Please ring for days and times or see our website https://www.grapevinebuxton.com/
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Mental Health Problems

Growing Recovery in Derbyshire

Group/Organisation Address:	Growing Recovery in Derbyshire, Web based information resource
Email:	info@growingrecoveryinderbyshire.co.uk
Website:	www.growingrecoveryinderbyshire.co.uk
Postcode:	N/A
Telephone Number:	
Access Times:	
Extra Information:	The Growing Recovery in Derbyshire (GRID) website is designed to be a Drug and Alcohol Recovery Services gateway allowing anyone to find up to date information on drug and alcohol treatment services, recovery opportunities, mental health support and other useful services throughout Derbyshire.

Type of Services: Drug & Alcohol

Type of Condition or Health Subject: Drugs & Alcohol

Hadhari Nari Advice and Information Centre

Group/Organisation Address: Hadhari Nari Advice and Information Centre,
36 St James Road,
Normanton,
Derby

Email: admin@womenscentre.org.uk

Website: www.womenscentre.org.uk

Postcode: DE23 8QX

Telephone Number: 01332 270101

Access Times: Monday/Tuesday/Thursday 9.00am - 5.00pm

Extra Information: Health Clinic for Women run by local practice nurse. Provides: Womens Aid Group, Advice/Information, Support, Outreach, Counselling, Contraception. We offer temporary accommodation for women who have experienced domestic violence in Derby and Derbyshire.

Type of Services: Domestic Violence

Type of Condition or Health Subject: Domestic Violence

Hallmark Community Housing Association Ltd

Group/Organisation Address:	Hallmark Community Housing Association Ltd, 8 Charnwood Street, Derby
Email:	info@hallmark.ie
Website:	www.derby.org.uk/info/3528
Postcode:	DE1 2GT
Telephone Number:	01332 614700
Access Times:	Mon-Fri 9am-5pm
Extra Information:	Hallmark provides good quality housing, including sheltered housing, for all household types, with a particular emphasis on meeting the needs of people from the minority communities.
Type of Services:	Supported Accommodation
Type of Condition or Health Subject:	Health & Wellbeing

Harmless

Group/Organisation Address:	Harmless, 1 Beech Avenue, Nottingham
Email:	info@harmless.org.uk .
Website:	www.harmless.org.uk
Postcode:	NG7 7LJ
Telephone Number:	0115 934 8445
Access Times:	Contact by email or website contact form.
Extra Information:	Harmless is a user led organisation that provides a range of services about self harm and suicide prevention including support, information, training and consultancy to people who self harm, their friends and families and professionals and those at risk of suicide.

Type of Services: Mental Health

Type of Condition or Health Subject: Mental Health Problems

Headway North Derbyshire

Group/Organisation Address: Headway North Derbyshire,
North Derbyshire Disability Service,
Mulberry, Clay Cross Hospital,
Market Street,,
Clay Cross,
Chesterfield,

Email: mail@headwaynorthderbyshire.org.uk

Website: www.headwaynorthderbyshire.org.uk

Postcode: S45 9NZ

Telephone Number: 07940 729544

Access Times: Every second Wednesday of the month - 7.00pm - 9.00pm
Chesterfield Community Centre Tontine Road
Chesterfield S40 1QU

Extra Information: Headway's mission is to promote understanding of all aspects of brain injury and provide information, support and services to survivors, their families and carers. To assist people with brain injuries to return to community living, including access to appropriate accommodation, social outlets and productive activity.

Type of Services: Physical Health

Type of Condition or Health Subject: Mental Health Problems

Health Referral Scheme - Derbyshire Healthy Lifestyle Programme

Group/Organisation Address:	Health Referral Scheme - Derbyshire Healthy Lifestyle Programme, Derby's Community Health Services, Babington Hospital, Derby Road,, Belper Derbyshire
Email:	centraladminteam.dchs@nhs.net
Website:	www.healthreferralscheme.co.uk
Postcode:	DE56 1WH
Telephone Number:	01773 525000
Access Times:	
Extra Information:	Offers an exercise & weight management programme to support people to achieve a healthier lifestyle by increasing physical activity and improving nutrition choices.
Type of Services:	Physical Health
Type of Condition or Health Subject:	Health & Wellbeing

Healthwatch Derby

Group/Organisation Address:	Healthwatch Derby, The Council House,, Corporation Street,, Derby
Email:	info@healthwatchderby.co.uk
Website:	www.healthwatchderby.co.uk
Postcode:	DE1 2FS
Telephone Number:	01332 643988

Access Times:**Extra Information:**

Healthwatch Derby is the new independent consumer champion created to gather and represent the views of the public. Health watch Derby will play a role at both national and local level and will make sure that the views of the public and people who use services are taken into account.

Type of Services:

Self Help

Type of Condition or Health Subject:

Health & Wellbeing

Healthwatch Derbyshire

Group/Organisation Address:

Healthwatch Derbyshire,
Suite 14, Riverside Business Centre,
Foundry Lane,
Milford, Belper,
Derbyshire

Email:

enquiries@healthwatchderbyshire.co.uk

Website:

www.healthwatchderbyshire.co.uk

Postcode:

DE56 0RN

Telephone Number:

01773 880786

Access Times:**Extra Information:**

HWD hears what children, young people and adults have to say about health and social care services, whether that be praise, criticism or ideas for improvement. We strengthen the collective voice of patients and the public, so that service providers and commissioners listen to what they have to say. We then hold them to account, for how they use the information we provide to shape, inform and influence service delivery and design.

Type of Services:

Self Help

Type of Condition or Health Subject:

Health & Wellbeing

Heanor Carousel Craft Group

Group/Organisation Address: Heanor Carousel Craft Group,
Stepping Stones Community Centre,,
Ilkeston Road,,
Heanor,
Derbyshire

Email: info@ambervalley.info

Website: www.ambervalley.info

Postcode: DE75 7AG

Telephone Number: 01773 710939

Access Times: Tues 7pm-9pm, Wed 10am-1pm (Closed BH weeks)

Extra Information: The Group is open to anyone 18+ with an interest in CRAFTING. We are mainly a disabled group but have members who are non disabled too. Anyone will be made most welcome. But we must STRESS WE ARE NOT A TEACHING GROUP, but we do have regular make and takes and demonstrations. We are a self run Community Group with members who have a shared interest in Craft.

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Hearing Help in Amber Valley

Group/Organisation Address: Hearing Help in Amber Valley,
156, Derby Road,,
Marehay,,
Derbyshire

Email: info@hearinghelpuk.uk

Website: www.hearinghelpambervalley.co.uk

Postcode: DE5 8HU

Telephone Number: 01773 570976

Access Times:

Extra Information: Hearing Help UK is a charity which exists to provide Practical Help and Support to the Hearing-Impaired Community enabling them to enjoy the highest quality of life possible. We provide a variety of important services to hearing impaired individuals, their carers, families and friends, throughout Amber Valley, Erewash, South Dales and South Derbyshire.

Type of Services: Self Help

Type of Condition or Health Subject: Health & Wellbeing

Hearing Voices Network - Sheffield

Group/Organisation Address: Hearing Voices Network - Sheffield,
Limbrick Road,
Sheffield

Email: nhvn@hotmail.co.uk

Website: www.hearing-voices.org

Postcode: S6 2PE

Telephone Number: 0114 271 8210

Access Times: Membership fees available on line.

Extra Information: If you hear voices Hearing Voices Network (HVN) can help - we are committed to helping people who hear voices. We offer information, support and understanding to people who hear voices and those who support them.

Type of Services: Mental Health

Type of Condition or Health Subject:

Hearing Voices

Helen's Trust

Group/Organisation Address:

Helen's Trust,
Unit 2, Granby Road,
Bakewell,
Derbyshire

Email:

online message email

Website:

www.helenstrust.org.uk

Postcode:

DE45 1ES

Telephone Number:

01629 812759

Access Times:

Extra Information:

Helen's trust ethos is that everyone should have the opportunity and choice to die in the familiar surroundings of home, if that is their wish. In many cases a family member takes on the role of main carer and can become tired or feel isolated. Helen's Trust can support them by providing night sits and day sits in the home. This gives a few free hours for them to have a rest or enjoy an activity which they have been missing and a good nights sleep safe in the knowledge that their loved one is being cared for in their own home.

Type of Services:

Voluntary Support Group

Type of Condition or Health Subject:

Health & Wellbeing

Help to Work (Website)

Group/Organisation Address:	Help to Work (Website), Bolsover District and Chesterfield Borough
Email:	
Website:	www.helptowork.org.uk
Postcode:	N/A
Telephone Number:	
Access Times:	
Extra Information:	Lots of organisations can help people living in Bolsover District or Chesterfield Borough to change their lives, and the Help to Work website can put you in touch with them. There is help to find employment, to become self-employed, to do some training or volunteering, and also to build your self confidence.
Type of Services:	Self Help
Type of Condition or Health Subject:	Mental Health Problems

High Peak CVS

Group/Organisation Address:	High Peak CVS, Dunbar House, 105 Buxton Road, Whaley Bridge, High Peak
Email:	hello@highpeakcvs.org.uk
Website:	www.highpeakcvs.org.uk
Postcode:	SK23 7HX
Telephone Number:	01663 735350
Access Times:	Tuesday - Friday 9.30am - 1.00pm

Extra Information:

Promotes community & voluntary sustainability in the High Peak area. Providing advice, practical services and resources, information, training, facilities and identifying funding. Many of our services are FREE. Please contact us to see how we can help you

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Home-Start Derby

Group/Organisation Address:

Home-Start Derby,
Pear Tree Room,
Marble Hall,
Nightingale Road,
Derby

Email:

admin@homestarterby.co.uk

Website:

homestarterby.co.uk

Postcode:

DE24 8BF

Telephone Number:

01332 742619

Access Times:**Extra Information:**

Home-Start Derby is the leading family support charity in Derby. We offer early intervention and support to vulnerable parents. We help parents gain the skills and confidence to ensure their children get the best possible in life and achieve their full potential. Home-Start Derby support families in and around Derby and Amber Valley that have at least one child under five.

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Depression & Anxiety

Home-Start Erewash

Group/Organisation Address:	Home-Start Erewash, 6 Heanor Road, Ilkeston, Derbushire
Email:	office@home-starterewash.co.uk
Website:	home-starterewash.co.uk
Postcode:	DE7 8DX
Telephone Number:	0115 930 4640
Access Times:	
Extra Information:	Home-Start is one of the leading family support charities in the UK. Home-Start volunteers help families with young children deal with the challenges they face. We support parents as they learn to cope, improve their confidence and build better lives for their children. Families struggling with post-natal depression, isolation, physical health problems, bereavement and many other issues receive the support of a volunteer who will spend around two hours a week in a family's home supporting them in the ways they need.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Health & Wellbeing

Home-Start High Peak

Group/Organisation Address:	Home-Start High Peak, 26, Spring Gardens,, Buxton, Derbyshire
Email:	admin@homestarthighpeak.org.uk
Website:	www.homestarthighpeak.org.uk

Postcode: SK17 6DE

Telephone Number: 01298 72777

Access Times:

Extra Information: Home-Start is one of the leading family support charities in the UK. Home-Start volunteers help families with young children deal with the challenges they face. We support parents as they learn to cope, improve their confidence and build better lives for their children. Families struggling with post-natal depression, isolation, physical health problems, bereavement and many other issues receive the support of a volunteer who will spend around two hours a week in a family's home supporting them in the ways they need.

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Depression & Anxiety

Home-Start Leicester

Group/Organisation Address: Home-Start Leicester,
8-10 West Walk,
Leicester

Email: elaine@home-start-leicester.org.uk

Website: www.home-start.org.uk

Postcode: LE1 7NA

Telephone Number: 0116 2549337

Access Times: 9-5pm

Extra Information: Home-Start provides a unique service for families - recruiting and training volunteers to support parents with young children at home. Home Start schemes work towards the increased confidence and independence of the family.

Type of Services: Charitable Organisation

Type of Condition or Health Subject:

Depression & Anxiety

Home-Start South Derbyshire

Group/Organisation Address:

Home-Start South Derbyshire,
c/o South Derbyshire Citizens Advice,
114 Church Street,
Church Gresley,
Swdalincote,
Derbyshire

Email:

tharris@homestartsouthderbyshire.org.uk

Website:

www.homestartsouthderbyshire.org.uk

Postcode:

DE11 9NR

Telephone Number:

01283 210107

Access Times:

Extra Information:

Home-Start is one of the leading family support charities in the UK. Home-Start volunteers help families with young children deal with the challenges they face. We support parents as they learn to cope, improve their confidence and build better lives for their children. Families struggling with post-natal depression, isolation, physical health problems, bereavement and many other issues receive the support of a volunteer who will spend around two hours a week in a family's home supporting them in the ways they need.

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Depression & Anxiety

Homeless UK

Group/Organisation Address:	Homeless UK, Minorities House, 2-5 Minorities, London
Email:	info@homelesslink.org.uk
Website:	www.homelessuk.org
Postcode:	EC3N 1BJ
Telephone Number:	Head Office - 020 7840 4430 Shelter Helpline - 0808 800 4444
Access Times:	
Extra Information:	We are the national membership charity for organisations working directly with people who become homeless in England. We work to make services better and campaign for policy change that will help end homelessness.
Type of Services:	Legal Help
Type of Condition or Health Subject:	Health & Wellbeing

Hopeline UK

Group/Organisation Address:	Hopeline UK, PAPYRUS Prevention of Young Suicide, 28-32 Milner Street, Warrington, Cheshire, ,
Email:	
Website:	
Postcode:	WA5 1AD

Telephone Number:	Head Office - 01925 572 444 - office hours 9.00am - 5.00pm Helpline - 0800 068 4141
Access Times:	Helpline - Monday-Friday 10.00am - 10.00pm Weekends and Bank Holidays - 2.00pm - 10.00pm
Extra Information:	HOPELineUK is a confidential telephone helpline service providing support to anyone concerned that a young person they know may be at risk of suicide. HOPE Line UK is staffed by trained professionals who can discuss your needs in coping.
Type of Services:	Helpline
Type of Condition or Health Subject:	Suicidal feelings

Hospitals

Group/Organisation Address:	Chesterfield Royal Hospital Foundation Trust, Calow, Chesterfield, Derbyshire
Email:	
Website:	www.chesterfeldroyal.nhs.uk
Postcode:	S44 5BL
Telephone Number:	01246 277271
Access Times:	
Extra Information:	
Type of Services:	Self Help
Type of Condition or Health Subject:	Health & Wellbeing

Hospitals

Group/Organisation Address: Ilkeston Community Hospital,
Heanor Road,
Ilkeston,
Derbyshire

Email:

Website: www.dchs.nhs.uk

Postcode: DE7 8LN

Telephone Number: 0115 9305522

Access Times:

Extra Information:

Type of Services: Physical Health

Type of Condition or Health Subject: Health & Wellbeing

Hospitals

Group/Organisation Address: Newholme Hospital,
Baslow Road,
Bakewell,
Derbyshire

Email:

Website: www.dchs.nhs.uk

Postcode: DE45 1AD

Telephone Number: 01629 812525

Access Times:

Extra Information:

Type of Services: Physical Health

Type of Condition or Health Subject: Health & Wellbeing

Hospitals

Group/Organisation Address:

Ripley Community Hospital,
Sandham Lane,
Ripley,
Derbyshire

Email:**Website:**

www.dchs.nhs.uk

Postcode:

DE5 3HE

Telephone Number:

01773 743456

Access Times:**Extra Information:****Type of Services:**

Physical Health

Type of Condition or Health Subject:

Health & Wellbeing

Hospitals

Group/Organisation Address:

Walton Hospital,
Whitecoates Lane,
Chesterfield,
Derbyshire

Email:**Website:**

www.dchs.nhs.uk

Postcode:

S40 3HW

Telephone Number:

01246 515151

Access Times:

Extra Information:**Type of Services:** Physical Health**Type of Condition or Health Subject:** Health & Wellbeing

Hospitals

Group/Organisation Address: Derby City Hospitals NHS Foundation Trust,
Royal Derby Hospital,
Uttoxeter Road,
Derby**Email:****Website:** www.derbyhospitals.nhs.uk**Postcode:** DE22 3NE**Telephone Number:** 01332 340131**Access Times:****Extra Information:****Type of Services:** Physical Health**Type of Condition or Health Subject:** Health & Wellbeing

Hospitals

Group/Organisation Address: Whitworth Hospital,
330 Bakewell Road,
Darley Dale,
Matlock,
Derbyshire**Email:**

Website: www.dchs.nhs.uk

Postcode: DE4 2JD

Telephone Number: 01629 580211

Access Times:

Extra Information:

Type of Services: Physical Health

Type of Condition or Health Subject: Health & Wellbeing

Hospitals

Group/Organisation Address: London Road Community Hospital,
London Road,
Derby

Email:

Website: www.derbyhospitals.nhs.uk

Postcode: DE1 2QY

Telephone Number: 01332 265500

Access Times:

Extra Information:

Type of Services: Physical Health

Type of Condition or Health Subject: Health & Wellbeing

Hospitals

Group/Organisation Address:

Babington Hospital,
Derby Road,
Belper,
Derbyshire

Email:**Website:**

www.dchs.nhs.uk

Postcode:

DE56 1WH

Telephone Number:

01773 824171

Access Times:**Extra Information:****Type of Services:**

Physical Health

Type of Condition or Health Subject:

Health & Wellbeing

Hospitals

Group/Organisation Address:

Bolsover Hospital,
Welbeck Road,
Bolsover,
Chesterfield

Email:**Website:**

www.dchs.nhs.uk

Postcode:

S44 6DH

Telephone Number:

01246 827901

Access Times:**Extra Information:****Type of Services:**

Physical Health

Type of Condition or Health Subject:

Health & Wellbeing

Hospitals

Group/Organisation Address: Buxton Hospital,
London Road,
Buxton,
Derbyshire

Email:

Website: www.dchs.nhs.uk

Postcode: SK17 9NJ

Telephone Number: 01298 214000

Access Times:

Extra Information:

Type of Services: Physical Health

Type of Condition or Health Subject: Health & Wellbeing

Hospitals

Group/Organisation Address: Cavendish Hospital,
Manchester Road,
Buxton,
Derbyshire

Email:

Website: www.dch.nhs.uk

Postcode: SK17 6TE

Telephone Number: 01298 212800

Access Times:

Extra Information:

Type of Services: Physical Health

Type of Condition or Health Subject: Health & Wellbeing

Hospitals

Group/Organisation Address:

St Oswald's Hospital,
Clifton Road,
Ashbourne,
Derbyshire

Email:

Website:

www.dchs.nhs.uk

Postcode:

DE6 1DR

Telephone Number:

01335 230000

Access Times:

Extra Information:

Type of Services:

Physical Health

Type of Condition or Health Subject:

Health & Wellbeing

Hospitals

Group/Organisation Address:

Clay Cross Hospital,
Market Street,
Clay Cross,
Chesterfield,

Email:

Website:

www.dchs.nhs.uk

Postcode:

S45 9DZ

Telephone Number:

01246 252900

Access Times:**Extra Information:****Type of Services:** Physical Health**Type of Condition or Health Subject:** Health & Wellbeing

Hospitals

Group/Organisation Address: Heanor Memorial Hospital,
Ilkeston Road,
Heanor,
Derbyshire**Email:****Website:** www.dchs.nhs.uk**Postcode:** DE75 7EA**Telephone Number:** 01773 710711**Access Times:****Extra Information:****Type of Services:** Physical Health**Type of Condition or Health Subject:** Health & Wellbeing

Huntington's Disease Association

Group/Organisation Address: Huntington's Disease Association,
Suite 24 Liverpool Science Park IC1,
131 Mount Pleasant,
Liverpool**Email:** info@hda.org.uk

Website: www.hda.org.uk

Postcode: L3 5TF

Telephone Number: Head Office - 0151 331 54444 Monday - Friday 9.00am - 5.00pm

Access Times:

Extra Information: To provide Support and advice to anyone with anything to do with Huntington's Disease, regardless of role. Carry out training, conferences, family visits, patient care development etc.

Type of Services: Family & Carer Support

Type of Condition or Health Subject: Health & Wellbeing

Hurst House Community Education Centre

Group/Organisation Address: Hurst House Community Education Centre,
WEA & Chesterfield,
Hurst House Comm Education Centre,
1 Stand Road,
Whittington Moor, Chesterfield

Email: chesterfieldoffice@wea.org.uk

Website: www.hursthouse.org.uk

Postcode: S41 9HS

Telephone Number: 01246 622249

Access Times:

Extra Information:

The Workers' Educational Association (WEA) is UK's largest voluntary-sector adult education provider. Our courses are designed specifically for adults and we aim to create an informal, relaxed but stimulating atmosphere in which you can study a wide range of subjects. Interested in finding out more? – why don't you pop in for a coffee – and have a chat and find out about what we do and the courses on offer at the centre and around Chesterfield.

Type of Services:

Education

Type of Condition or Health Subject:

Health & Wellbeing

Hyperactive Children's Support Group (HACSG)

Group/Organisation Address:

Hyperactive Children's Support Group (HACSG),
71 Whyke Lane,
Chichester,
West Sussex

Email:hacsg@hacsg.org.uk**Website:**www.hacsg.org.uk**Postcode:**

PO19 7PD

Telephone Number:

Head Office 01243 539966 Monday- Friday
2.30pm - 4.30pm

Access Times:**Extra Information:**

The Hyperactive Children's Support Group is a registered charity which has been successfully helping Attention Deficit Hyperactivity Disorder (ADHD) and hyperactive children and their families for over 35 years. Our specialism is advocating a dietary approach to the problem of hyperactivity.

Type of Services:

Family & Carer Support

Type of Condition or Health Subject:

ADHD (Attention Deficit Hyperactivity Disorder)

i-decide Tenancy Support Derbyshire

Group/Organisation Address:	5 local bases around Derbyshire
Email:	idecideseniors@p3charity.org
Website:	www.p3charity.org/services/i-decide-derbyshire
Postcode:	N/A
Telephone Number:	01773 742051
Access Times:	Mon - Fri 9 -5pm
Extra Information:	We provide accommodation and tenancy-based support for people in Derbyshire aged 16+ experiencing mental health issues. For those with existing accommodation, we can offer support to remain living within their own homes. Accommodation is available in the following areas: Erewash South Derbyshire Chesterfield North East Derbyshire Bolsover
Type of Services:	Mental Health
Type of Condition or Health Subject:	Health & Wellbeing

Immigration Service Commission (OISC)

Group/Organisation Address:	Immigration Service Commission (OISC), 21 Bloomsbury Street, 5th Floor, 53 Tooley Street, London
Email:	info@oisc.gov.uk
Website:	www.gov.uk/government/organisations/office-of-the-immigration-services-commissioner
Postcode:	WC1B 3HF

Telephone Number: 0345 000 0046

Access Times:

Extra Information: We can give you advice about who can help you with immigration issues. This office sets the standards and decides who can give you advice about immigration. We can recommend who can advise you.

Type of Services: Self Help

Type of Condition or Health Subject:

Independant Age

Group/Organisation Address: Independant Age,
18 Avonmore Road,
Kensington,
Olympia,
London

Email: advice@independentage.org

Website: www.independentage.org

Postcode: W14 8RR

Telephone Number: Head Office - 020 7605 4200 - office hours Free
Helpline - 0800 319 6789 - Monday -Friday 8.30am
- 6.30pm Saturday 9.00am - 1.00pm

Access Times:

Extra Information: Independent Age can provide you and your family with clear, free and impartial advice on the issues that matter: care and support, money and benefits, health and mobility.

Type of Services: Elderly Care

Type of Condition or Health Subject: Health & Wellbeing

Insight Healthcare (Talking Therapies)

Group/Organisation Address:	Insight Healthcare (Talking Therapies), Buttress House, 36 Brenkley Way, Seaton Burn, Newcastle Upon Tyne
Email:	east.midlands@insighthealthcare.org
Website:	www.insighthealthcare.org
Postcode:	NE13 6DS
Telephone Number:	General enquiries - 0300 555 5582
Access Times:	Monday to Thursday: 8.00am-8.00pm (self-referral line open 8.00am-6.00pm)Friday: 8.00am-5.00pm (self-referral line open 8.00am-4.00pm)
Extra Information:	Provides help for people with anxiety, depression and other similar difficulties: low mood, stress, panic, anger, phobias, trauma, bereavement, loss, relationship difficulties, family problems. Therapy will be provided in GP surgery or at another convenient venue in Derbyshire. Therapy can also take place over the telephone or online where appropriate.
Type of Services:	Counselling
Type of Condition or Health Subject:	Depression & Anxiety

Job Centre Plus

Group/Organisation Address:	Job Centre Plus Derbyshire, Website Directory
Email:	
Website:	www.gov.uk/contact-jobcentre-plus
Postcode:	N/A
Telephone Number:	0800 160 0190

Access Times: Check locations on website

Extra Information: Jobcentre Plus offers support to help you find a job, improve your job skills and claim for Jobseeker's Allowance, Incapacity Benefit, Universal Credit, Support Allowance and Income Support.

Type of Services:

Type of Condition or Health Subject:

Job Centre Plus - Disability Employment

Group/Organisation Address: Job Centre Plus - Disability Employment,

Email:

Website: www.gov.uk/government/publications/specialist-disability-employment-support

Postcode: N/A

Telephone Number: 0800 169 0190

Access Times:

Extra Information: A Disability Employment Advisor (DEA) at your local Jobcentre can help you find a job or gain new skills and tell you about disability friendly employers in your area.

Type of Services: Adult Services

Type of Condition or Health Subject: Health & Wellbeing

Karma Nirvana

Group/Organisation Address: Karma Nirvana,
PO Box 148,
Leeds

Email: info@karmanirvana.org.uk

Website: www.karmanirvana.org.uk

Postcode: LS13 9DB

Telephone Number: Helpline 0800 5999 247 Monday-Friday 9.30am - 5.00pm

Access Times:

Extra Information: A specialist South Asian women's project offering a bi-lingual service providing a range of support, including a refuge, to South Asian women and children experiencing domestic violence. Urdu, Hindi, and Punjabi spoken.

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Domestic Violence

Kidscape

Group/Organisation Address: Kidscape,
2 Grosvenor Gardens,
London

Email: info@kidscape.org

Website: www.kidscape.org.uk

Postcode: SW1W 0DH

Telephone Number: Head Office - 020 7730 3300 Parent Advice Line 020 7823 5430 (Monday/Tuesday 10.00am-5.00pm) Childline Helpline - 0800 1111

Access Times:

Extra Information: Our mission is to provide children, families, carers and professionals with advice, training and practical tools to prevent bullying and protect young lives.

Type of Services: Children's Services

Type of Condition or Health Subject: Health & Wellbeing

Laurens Link - Derby

Group/Organisation Address: Laurens Link and Angels,
2 Wilson St,
Halliday House,
Derby

Email: support@laurenslink.co.uk

Website: www.laurenslink.co.uk

Postcode: DE1 1PG

Telephone Number: 01332 362744
01332 362638 (for angels)

Access Times:

Extra Information: We are a Derby based registered charity which aims to provide support for families, carers, friends and other individuals who are affected by drug abuse or alcohol misuse of someone who they care for.

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Drugs & Alcohol

Learning Disability Carers Community in Derbyshire

Group/Organisation Address:	Learning Disability Carers Community, On Line Website
Email:	
Website:	www.ldcarerscommunity.org.uk
Postcode:	N/A
Telephone Number:	
Access Times:	
Extra Information:	Learning Disability Carers Community is dynamic and built on “doing and improving” to defend the rights and lives of people with learning disabilities, their carers and families. It is carer led and run.
Type of Services:	
Type of Condition or Health Subject:	

Live Well

Group/Organisation Address:	Live Well
Email:	livewell@derby.gov.uk
Website:	www.livewellderby.co.uk
Postcode:	N/A
Telephone Number:	01332 641254
Access Times:	
Extra Information:	We help people to lose weight, stop smoking, get fitter and enjoy a healthy pregnancy and support their children to be a healthy weight. Across the city of Derby
Type of Services:	Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Living Well With Autism - Derbyshire

Group/Organisation Address:

Living Well With Autism - Relate derby,
3 Wentworth House,
Vernon Gate,
Derby,

Email:

info@livingwellwithautism.org.uk

Website:

www.livingwellwithautism.org.uk

Postcode:

DE1 UR

Telephone Number:

01332 301350

Access Times:

Extra Information:

Are you an adult living in Derbyshire County who is affected by an Autism Spectrum Condition (ASC)? If so, Living Well with Autism can offer a range of free support to you and your family or carer. Services are offered at a range of locations across Derbyshire. We deliver counselling and coaching services face to face, by phone and also via the web using webcam, Live Chat and email.

Type of Services:

Counselling

Type of Condition or Health Subject:

Autism

Living with a Long Term Condition Programme

Group/Organisation Address:	Citizens Advice Mid Mercia 114 Church St, Church Gresley, Swadlincote, Derbyshire, DE11 9NR
Email:	lwltc@citizensadvicemidmercia.org.uk
Website:	http://www.citizensadvicemidmercia.org.uk/self-support/
Postcode:	DE11 9NR
Telephone Number:	01283 210208
Access Times:	See website for dates/times/venues
Extra Information:	The Living with A Long Term Condition (LWLTC) programme is for anyone living in Derbyshire who has one or more long-term health conditions such as asthma, arthritis, multiple sclerosis (MS), depression, diabetes, chronic obstructive pulmonary disease (COPD), heart disease, sickle cell, HIV, ME/chronic fatigue, chronic pain or any other condition. The course is also available and proven to be beneficial for carers of someone living with a long term condition. The course is designed to help participants cope with their health condition and improve their quality of life. LWLTC is a free six-week course that can help a person to take more control of their health by learning new skills and strategies to manage their condition on a daily basis.
Type of Services:	Education
Type of Condition or Health Subject:	Health & Wellbeing

Local Authorities

Group/Organisation Address:	Bolsover District Council, The Arc, High Street, Clowne, Chesterfield
Email:	enquiries@bolsover.gov.uk
Website:	www.bolsover.gov.uk
Postcode:	S43 4JY

Telephone Number: 01246 242423

Access Times:

Extra Information: Website contains all information about your council.

Type of Services: Family & Carer Support

Type of Condition or Health Subject: Health & Wellbeing

Local Authorities

Group/Organisation Address: Chesterfield Borough Council,
Town Hall,
Rosehill,
Chesterfield

Email:

Website: www.chesterfield.gov.uk

Postcode: S40 1LP

Telephone Number: 01246 345 345

Access Times:

Extra Information: Website contains all information about your council.

Type of Services: Family & Carer Support

Type of Condition or Health Subject: Health & Wellbeing

Local Authorities

Group/Organisation Address:	Derby City Council, The Council House, Corporation Street, Derby
Email:	
Website:	www.derby.gov.uk
Postcode:	DE1 2FS
Telephone Number:	01332 293111
Access Times:	
Extra Information:	Website contains all information about your council.
Type of Services:	Family & Carer Support
Type of Condition or Health Subject:	Health & Wellbeing

Local Authorities

Group/Organisation Address:	Derbyshire County Council, Town Hall, Matlock, Derbyshire
Email:	
Website:	www.derbyshire.gov.uk
Postcode:	DE4 3AG
Telephone Number:	01629 533190
Access Times:	
Extra Information:	Website contains all information about your County Council.
Type of Services:	Family & Carer Support
Type of Condition or Health Subject:	Health & Wellbeing

Local Authorities

Group/Organisation Address:	Amber Valley Borough Council, Town Hall, Market Place, Ripley
Email:	enquiry@ambervalley.gov.uk
Website:	www.ambervalley.gov.uk
Postcode:	DE5 3BT
Telephone Number:	01773 570222
Access Times:	
Extra Information:	Website contains all information about your council.
Type of Services:	Family & Carer Support
Type of Condition or Health Subject:	Health & Wellbeing

Local Authorities

Group/Organisation Address:	Derbyshire Dales District Council, Town Hall, Bank Road, Matlock, Derbyshire
Email:	
Website:	www.derbyshiredales.gov.uk
Postcode:	DE4 3NN

Telephone Number: 01629 761 100

Access Times:

Extra Information: Website contains all information about your council.

Type of Services: Family & Carer Support

Type of Condition or Health Subject: Health & Wellbeing

Local Authorities

Group/Organisation Address: Erewash Borough Council,
Town Hall,
Wharncliffe Road,
Ilkeston,
Derbyshire

Email: enquiries@erewash.gov.uk

Website: www.erewash.gov.uk

Postcode: DE7 5RP

Telephone Number: 0115 9072244

Access Times:

Extra Information: Website contains all information about your council.

Type of Services: Family & Carer Support

Type of Condition or Health Subject: Health & Wellbeing

Local Authorities

Group/Organisation Address:	High Peak Borough Council, Buxton Town Hall, Market Place, Buxton, Derbyshire
Email:	
Website:	www.highpeak.gov.uk
Postcode:	SK17 6EL
Telephone Number:	0345129 7 77701298 28400
Access Times:	
Extra Information:	Website contains all information about your council.
Type of Services:	Family & Carer Support
Type of Condition or Health Subject:	Health & Wellbeing

Local Authorities

Group/Organisation Address:	North East Derbyshire District Council, 2013 Mill Lane, Wingerworth, Chesterfield
Email:	
Website:	www.ne-derbyshire.gov.uk
Postcode:	S42 6NG
Telephone Number:	01246 231111
Access Times:	
Extra Information:	Website contains all information about your council.

Type of Services: Family & Carer Support

Type of Condition or Health Subject: Health & Wellbeing

Local Authorities

Group/Organisation Address: South Derbyshire District Council,
Civic Office,
Civic Way,
Swadlincoat,
Derbyshire

Email: customer.services@south-derbys.gov.uk

Website: www.south-derbys.gov.uk

Postcode: DE11 0AH

Telephone Number: 01283 595 795

Access Times:

Extra Information: Website contains all information about your council.

Type of Services: Family & Carer Support

Type of Condition or Health Subject: Health & Wellbeing

Local food Banks

Group/Organisation Address: The Compass,
West Bars,
Chesterfield

Email:

Website:

Postcode: S40 1AZ

Telephone Number:

Access Times:

Extra Information: Food Banks

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Long Eaton Community Garden

Group/Organisation Address: ,
Norfolk Road allotments,
Long Eaton

Email:

Website: www.longeatoncommunitygarden.org.uk

Postcode: N/A

Telephone Number:

Access Times:

Extra Information: Would you like to learn more about how to grow veg without pesticides and artificial fertilizers? Would you like to have somewhere to take your children for some good old fashioned time outdoors? getting your hands dirty, finding out about local environment and meeting others at the same time, is a great way to spend the day. Do you find yourself later in life and looking for some additional company and a cuppa? The newly opened Long Eaton Community Garden has something for you whoever you are?

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Long Eaton Shop Mobility

Group/Organisation Address:	Long Eaton Shop Mobility, Mike Barker (coordinator), Shop Mobility, New Street, Long Eaton, Notts,
Email:	info@shopmobilityuk.org
Website:	www.shopmobilityuk.org
Postcode:	NG10 1HE
Telephone Number:	0115 946 5392
Access Times:	Tues-Fri 8.30am-4.15pm, Sat 8.30am-3.30pm The centre is part of the Erewash Borough Council Service to the community. Other numbers: 0115 931 6058, 01773 835199 covering all areas in Derbyshire
Extra Information:	We provide wheelchairs or electric powered scooters for those with temporary or permanent disabilities. To enable visits to shops/businesses within the Long Eaton area.
Type of Services:	Elderly Care
Type of Condition or Health Subject:	Health & Wellbeing

Making Space - Derby City Dementia Service

Group/Organisation Address:	Making Space - Derby City Demetia Service, Derby West Business Centre, Ashbourne Road, Derby
Email:	derbycity.dementia-service@makingspace.co.uk
Website:	makingspace.co.uk/services/centres/derby-city-dementia-support
Postcode:	DE22 4NB

Telephone Number:	01332 497640
Access Times:	N/A
Extra Information:	Are you, or someone you care for experiencing memory loss, forgetfulness, confusion or other effects of dementia? If yes, our Derby dementia support service is here to help. Our expert dementia advisers provide memory assessments, a living well programme, carer groups, respite groups and activity sessions. All of which help you to live well with dementia and enjoy as full and active life as possible.
Type of Services:	Family & Carer Support
Type of Condition or Health Subject:	Dementia

Making Space Derbyshire

Group/Organisation Address:	Making Space - Derbyshire Dementia Support, Unit 4 Ashover Business Centre, Matlock Road, Kelstedge, Derbyshire
Email:	derbyshiredementia.service@makingspace.co.uk
Website:	www.makingspace.co.uk/services/centres/derbyshire-dementia-support
Postcode:	S45 0DX
Telephone Number:	01246 592010
Access Times:	Monday - Friday 8.30am - 4.00pm
Extra Information:	Are you, or someone you care for experiencing memory loss, forgetfulness, confusion or other effects of dementia? If yes, our Derbyshire dementia support service is here to help. Our expert dementia advisers provide memory assessments, a living well programme, carer groups, respite groups and activity sessions. All of which help you to live well with dementia and enjoy as full and active life as possible.
Type of Services:	Mental Health
Type of Condition or Health Subject:	Dementia

Manchester Rape Crisis

Group/Organisation Address:	Manchester Rape Crisis, Help-Line
Email:	mrcrasacs@btconnect.com
Website:	www.manchesterrapecrisis.co.uk
Postcode:	N/A
Telephone Number:	Office - 0161 273 4591 (Monday - Friday 10.00am - 4.00pm) Helpline - 0161 272 4500 Monday - Friday 10.00am - 4.00pm Wednesday & Thursday 6.00pm - 9.00pm
Access Times:	
Extra Information:	We are women who provide confidential support services for women and girls who have experienced sexual violence at any time in their lives. Apart from our helpline all services are for women over the age of 18. The helpline is open to all ages.
Type of Services:	Help in a Crisis
Type of Condition or Health Subject:	Sexual Health

Medical Foundation for the Care of Victims of Torture

Group/Organisation Address:	Medical Foundation for the Care of Victims of Torture, Unit 005, 1st Floor, Caroline Point,, 62 Caroline St, Birmingham,
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Email: westmidlands@freedomfromtorture.org

Website: www.freedomfromtorture.org

Postcode: B3 1UF

Telephone Number: 0121 314 6825

Access Times:

Extra Information: Every survivor of torture in the UK has a different story, which means their needs are different too. That's why we tailor the support we offer to suit each person that comes to us. We provide counselling, group therapy and ongoing support. We provide expert medical assessments to support survivors' asylum claims.

Type of Services: Physical Health

Type of Condition or Health Subject: Mental Health Problems

Medway Community Centre

Group/Organisation Address: Medway Community Centre,
New Street,
Bakewell,
Derbyshire

Email: enquiries@medwaycentre.co.uk

Website: www.medwaycentre.co.uk

Postcode: DE45 1DY

Telephone Number: 01629 813638

Access Times:

Extra Information:

Bakewell's Medway Community Centre in the heart of the Peak District has great facilities that all members of the community, young and old, can use. For group meetings, craft lessons, children's birthday parties, wedding receptions or theatre performances, the Centre has a wide variety of accommodation available. The Centre is owned and managed by its members and volunteers.

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Mencap helpline

Group/Organisation Address:

Mencap,
123 Golden Lane,
London

Email:

information@mencap.org.uk

Website:

www.mencap.org.uk

Postcode:

EC1Y 0RT

Telephone Number:

020 7454 0454

Access Times:

Helpline - 0800 808 1111
Monday - Friday
9.00am - 5.00pm

Extra Information:

Mencap is the UK's leading learning disability charity working with people with a learning disability, their families and carers.

Type of Services:

Helpline

Type of Condition or Health Subject:

Mental Health Problems

Meningitis Trust (Meningitis Now)

Group/Organisation Address:	Meningitis Trust (Meningitis Now), Daniels Ind Estate, Fern House, Bath Road,, Stroud, Gloucestershire
Email:	info@meningitis.org
Website:	www.meningitis-trust.org
Postcode:	GL5 3TJ
Telephone Number:	Head Office 01453 768000 (Monday - Friday 9.00am - 5.00pm) Helpline - 0808 8010 388
Access Times:	
Extra Information:	Facing life after meningitis can be terrifying. You don't need to face it alone. Whatever your experience, we are here for you. Our free support services can help provide you with vital support when it is needed most of all, throughout the UK
Type of Services:	Family & Carer Support
Type of Condition or Health Subject:	Health & Wellbeing

Mental Health Care Foundation

Group/Organisation Address:	Mental Health Care Foundation, Colechurch House, 1 London Bridge Walk, London, ,
Email:	
Website:	www.mentalhealthcare.org.uk
Postcode:	SE1 2XS
Telephone Number:	

Access Times:

If you are concerned that you are developing a mental health problem you should seek the advice and support of your GP as a matter of priority. We are not able to advise people directly on their personal circumstances.

Extra Information:

The Mental Health Foundation is the UK's charity for everyone's mental health. We deliver programmes, training and guidance that help to prevent mental health problems and support good mental health. We focus on issues that create high risks and know that mental health matters to us all, throughout our lives.

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Mental Health Problems

Mental Health Together

Group/Organisation Address:

Suite 14, Riverside Business Centre,,
Foundry Lane, Milford, Belper

Email:

enquiries@mentalhealthtogether.org.uk

Website:

www.mentalhealthtogether.org.uk

Postcode:

DE56 0RN

Telephone Number:

01773 880786

Access Times:**Extra Information:**

Mental Health Together exists to give mental health service receivers and carers a greater say in the services they access; ensuring they are listened to and that their experiences are at the heart of service design and delivery.

Type of Services:**Type of Condition or Health Subject:**

Mermaids

**Group/Organisation
Address:**

B M Mermaids,
Suite 5 High Street House,
2 The High Street,
Yeadon,
Leeds

Email:

info@mermaidsuk.org.uk

Website:

www.mermaidsuk.org.uk

Postcode:

LS19 7PP

Telephone Number:

Helpline - 0344 334 0550 (Monday - Friday 9.00am
- 9.00pm)

Access Times:**Extra Information:**

Mermaids is passionate about supporting children, young people, and their families to achieve a happier life in the face of great adversity. We work to raise awareness about gender nonconformity in children and young people amongst professionals and the general public. We campaign for the recognition of gender dysphoria in young people and lobby for improvements in professional services.

Type of Services:

Children's Services

**Type of Condition or Health
Subject:**

Sexual Health

Metropolitan - Housing Support

**Group/Organisation
Address:**

Metropolitan - Housing Support,
Unit 16,
Masons Place Business Park,,
Derby

Email:**Website:**

www.metropolitan.org.uk/about-us

Postcode: DE21 6YZ

Telephone Number: 020 3535 3535

Access Times: Visit by appointment only

Extra Information: Metropolitan is one of the UK's leading providers of affordable housing and care support services. We deliver care and support to customers with a wide range of needs, specialising in services for older people and for people with mental health issues and learning disabilities. We also deliver a wide range of shorter term services which provide customers with intensive support.

Type of Services: Self Help

Type of Condition or Health Subject: Health & Wellbeing

Millfield House (Sexual Assault Referral Centre)

Group/Organisation Address: Millfield House (SARC),
85 Mill Lane,
Codnor,
Derbyshire

Email: help@sv2.org.uk

Website: www.saferderbyshire.gov.uk/what-we-do/domestic-abuse/staff-guidance/adults/sexual-assault-referral-centre/sexual-assault-referral-centre.aspx

Postcode: DE5 9QG

Telephone Number: Advice Line - 01773 746 115 (Monday- Friday 8.00am - 5.00pm)

Access Times:

Extra Information: SARC is a specialist service for anyone of any age, male or female who have been raped or sexually assaulted. They are open 24 hours per day, seven days per week. They aim to provide medical care and forensic examination following assault or rape, counselling and sexual health services. For those not wanting to report to the police, self referrals are accepted. In order to preserve any evidence that may be present it is vital that help from the SARC is accessed as immediately as possible after an assault. In addition, the SARC can advise on and assist with other medical needs.

Type of Services: Abuse

Type of Condition or Health Subject: Mental Health Problems

Mind - Derbyshire

Group/Organisation Address:	Mind - Derbyshire, Derby West Business Centre, Ashbourne Road, Mackworth, Derby
Email:	enquiries@derbyshiremind.org.uk
Website:	www.derbyshiremind.org.uk
Postcode:	DE22 4NB
Telephone Number:	01332 345966
Access Times:	
Extra Information:	Local Mind Association affiliated to National Mind the leading mental health charity in England and Wales. Delivering a range of services to create a better life for everyone with experience of mental ill health.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Mental Health Problems

Mind - Sheffield

Group/Organisation Address:	Mind - Sheffield, 110 Sharrow Lane, Sheffield
Email:	info@sheffieldmind.co.uk
Website:	www.sheffieldmind.co.uk
Postcode:	SA11 8AL
Telephone Number:	0114 258 4489
Access Times:	office Hours

Extra Information:

Mind is the leading mental health charity in England and Wales. We work to create a better life for everyone with experience of mental distress.

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Mental Health Problems

Missing People

Group/Organisation Address:

Missing People,
284 Upper Richmond Road West,
London

Email:

116000@missingpeople.org.uk

Website:

www.missingpeople.org.uk

Postcode:

SW14 7JE

Telephone Number:

Head Office - 020 8392 4590 Freephone Helpline -
116 000 - 24 hour a day Text - 116 000

Access Times:**Extra Information:**

We are an independent charity funded by donations. We search for missing people on behalf of the friends and family left behind and provide specialised support to ease their heartache and confusion. We listen in confidence, and support missing people and their families to explore their options and, where possible, to reconnect.

Type of Services:

Helpline

Type of Condition or Health Subject:

Missing Person

Money Sorted in D2N2

Group/Organisation Address:	St Anns Advice Centre, Neighbourhood Chase Centre, Nottingham
Email:	info@moneysortedind2n2.org
Website:	moneysortedind2n2.org/
Postcode:	NG3 4EZ
Telephone Number:	0115 908 1534
Access Times:	You need to be of working age and either unemployed or not in paid work at the time of starting. Service covers many parts of Derbyshire and Nottinghamshire.
Extra Information:	Money sorted in D2N2 provides support and personally tailored interventions for people experiencing the greatest financial difficulty. They can help you take control, build your confidence and skills and help you tackle barriers and problems in order to improve your financial well-being for the longer term.
Type of Services:	Recovery & Rehabilitation
Type of Condition or Health Subject:	Health & Wellbeing

Multiple Sclerosis Society of GB and N Ireland

Group/Organisation Address:	Multiple Sclerosis Society of GB and N Ireland, 372 Edgware Road, London
Email:	helpline@mssociety.org.uk
Website:	www.mssociety.org.uk
Postcode:	NW2 6ND

Telephone Number:	Head Office - 020 8438 0700 Support Care Team - 0300 500 8084 (Monday-Friday 9.00am - 5.00pm)
Access Times:	There are local branches of MSS throughout UK.
Extra Information:	The MS Society funds research into the cause/cure for MS. The Society provides leaflets, education, conferences. Local branch support for anyone affected by Multiple Sclerosis.
Type of Services:	Voluntary Support Group
Type of Condition or Health Subject:	Health & Wellbeing

Nacro (the crime reduction charity)

Group/Organisation Address:	Nacro (the crime reduction charity), Head Office, 46 Lomans Street, London
Email:	media@nacro.org.uk
Website:	www.nacro.org.uk
Postcode:	SE1 0EH
Telephone Number:	Head Office - 0300 123
Access Times:	
Extra Information:	We are a national social justice charity with more than 50 years' experience of changing lives, building stronger communities and reducing crime. We house, we educate, we support, we advise, and we speak out for and with disadvantaged young people and adults. We are passionate about changing lives.
Type of Services:	Voluntary Support Group
Type of Condition or Health Subject:	Health & Wellbeing

NAPAC (National Association for People Abused in Childhood)

Group/Organisation Address:	NAPAC (National Association for People Abused in Childhood), CAN Mezzanine, 7-14 Great Dover Street, London
Email:	info@napac.org.uk
Website:	www.napac.org.uk
Postcode:	SE1 4YR
Telephone Number:	Freephone Support Line - 0808 801 0331 Monday - Thursday 10.00am - 9.00pm Friday 10.00am - 6.00pm
Access Times:	
Extra Information:	NAPAC offers support to adult survivors of all types of childhood abuse, including physical, sexual, emotional abuse or neglect.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Abuse

Narcotics Anonymous

Group/Organisation Address:	Narcotics Anonymous, 202 City Road,, London
Email:	
Website:	www.ukna.org
Postcode:	EC1V 2PH
Telephone Number:	Helpline - 0300 999 1212 Every day - 10.00am to midnight

Access Times: Online search for local meetings.

Extra Information: Narcotics Anonymous is a completely voluntary organisation. Membership is open to anyone with a drug problem seeking help, regardless of what drug or combination of drugs have been used, and irrespective of age, sex, religion, race, creed or class. The only requirement for membership is a desire to stop using drugs. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only ONE requirement for membership, the desire to stop using.

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Drugs & Alcohol

National AIDS Trust

Group/Organisation Address: National AIDS Trust,
Aztec House,
397-405 Archway Road,
London

Email: info@nat.org.uk

Website: www.nat.org.uk

Postcode: N6 4EY

Telephone Number: Head Office - 020 7814 6767

Access Times:

Extra Information: NAT (National AIDS Trust) is dedicated to transforming the UK's response to HIV. We champion the rights of people living with HIV and campaign for change—shaping attitudes, challenging injustice, and changing lives.

Type of Services: Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

National Childbirth Trust (NCT)

Group/Organisation Address:

National Childbirth Trust (NCT),
Webb Site,

Email:

enquiries@nct.org.uk

Website:

www.nct.org.uk

Postcode:

N/A

Telephone Number:

Support Line - 0300 330 0700
Every day - 8.00am
- midnight

Access Times:

Extra Information:

We offer information and support during pregnancy, birth and early parenthood. We campaign to improve maternity care and ensure better services and facilities for new parents. We aim to give every parent the chance to make informed choices. We want to make sure that everyone has access to our services and activities.

Type of Services:

Family & Carer Support

Type of Condition or Health Subject:

Health & Wellbeing

National Debtline

Group/Organisation Address:

National Debtline,
Tricorn House,
51-53 Hagley Rd,
Edgbaston, Birmingham

Email:

Website: www.nationaldebtline.co.uk

Postcode: B16 8TP

Telephone Number: 0808 808 4000

Access Times: Mon-Fri 9.00am-9.00pm, Sat 9.30am-1.00pm

Extra Information: National Debtline is a national telephone helpline for people with debt problems. We give expert advice over the telephone and via email, send callers in debt a self help information pack free of charge. The service is free, confidential and independent. National Debtline can also assist callers who wish to deal with their debts through a debt management plan.

Type of Services: Helpline

Type of Condition or Health Subject: Health & Wellbeing

National Domestic Violence

Group/Organisation Address: National Domestic Violence,
Webb Address

Email:

Website: www.nationaldomesticviolencehelpline.org.uk

Postcode: N/A

Telephone Number: Freephone helpline 0800 2000 247 - (24 hour)

Access Times:

Extra Information:

National Domestic Violence Helpline, run in partnership between Women's Aid and Refuge, is a national service for women experiencing domestic violence, their family, friends, colleagues and others calling on their behalf. The Helpline can give support, help and information over the telephone, wherever the caller might be in the country. The Helpline is staffed by fully trained female helpline support workers and volunteers. All calls are completely confidential. Translation facilities available.

Type of Services:

Help in a Crisis

Type of Condition or Health Subject:

Domestic Violence

National Gambling Helpline

Group/Organisation Address:

Helpline

Email:

info@gamcare.org.uk

Website:

www.gamcare.org.uk/get-support/frontline-services/helpline

Postcode:

N/A

Telephone Number:

0808 8020 133

Access Times:

Open 8am to midnight, 7 days per week

Extra Information:

Provides confidential advice, information and emotional support throughout Great Britain to anyone experiencing problems with gambling.

Type of Services:**Type of Condition or Health Subject:**

National Institute of Adult Continuing Education (NIACE)

Group/Organisation Address:	National Institute of Adult Continuing Education (NIACE), Chetwynd House, 21 De Montfort Street, Leicester
Email:	enquiries@learningandwork.org.uk
Website:	www.niace.org.uk
Postcode:	LE1 7GE
Telephone Number:	0116 204 4200
Access Times:	Office Hours
Extra Information:	NIACE exists to encourage more and different adults to engage in learning of all kinds. We campaign for, and celebrate the achievements of, adult learners, young and old, and in all their diversity.
Type of Services:	Adult Education
Type of Condition or Health Subject:	Health & Wellbeing

National Schizophrenia Fellowship Helpline - Rethink

Group/Organisation Address:	National Schizophrenia Fellowship Helpline, Rethink, 89 Albert Embankment, London
Email:	info@rethink.org
Website:	www.rethink.org
Postcode:	SE1 7TP

Telephone Number: Advice Line - 0300 5000 927 (Monday - Friday 9.30am - 4.00pm) General Enquiries - 0121 522 7007 (Monday - Friday 9.00am - 5.00pm)

Access Times:

Extra Information: Rethink Mental Illness is a charity that believes a better life is possible for the millions of people affected by mental illness. We provide expert accredited advice and information to everyone affected by mental health problems. When mental illness first hits you or your family, it can be hard to know who or what to trust. We give people clear, relevant information on everything from treatment and care to benefits and employment rights.

Type of Services: Mental Health

Type of Condition or Health Subject: Mental Health Problems

National Society for Epilepsy

Group/Organisation Address: National Society for Epilepsy,
Chesham Lane,
Chalfont St Peter,
Buckinghamshire

Email: helpline@epilepsysociety.org.uk

Website: www.epilepsysociety.org.uk

Postcode: SL9 0RJ

Telephone Number: General Enquiries - 01494 601 300 Helpline - 01494 601 400 (Monday/Tuesday 9.00am-4.00pm - Wednesday 9.00am - 7.30pm)

Access Times:

Extra Information: Epilepsy Society is the UK's leading provider of epilepsy services. Through our cutting edge research, awareness campaigns, information resources and expert care, we work for everyone affected by epilepsy in the UK.

Type of Services: Voluntary Support Group

Type of Condition or Health Subject: Health & Wellbeing

National Survivor User Network (NSUN)

Group/Organisation Address: National Survivor User Network (NSUN),
PO Box 74752,
London

Email: info@nsun.org.uk

Website: www.nsun.org.uk

Postcode: E11 9GD

Telephone Number: 0207 820 8982

Access Times:

Extra Information: The National Survivor User Network (NSUN) is a network of people who have and do experience mental distress who want to change things for the better. The network was set up to build a more united and confident mental health service user movement. It recognises the isolation, discrimination and disadvantage experienced by mental health service users and their needs beyond clinical treatment.

Type of Services: Education

Type of Condition or Health Subject: Health & Wellbeing

New Mills & District Volunteer Centre

Group/Organisation Address:	New Mills & District Volunteer Centre, 33/35 Union Street, New Mills, High Peak, Derbyshire
Email:	
Website:	
Postcode:	SK22 3EL
Telephone Number:	01663 744196
Access Times:	Monday - Friday 10.00am - 4.00pm
Extra Information:	The Volunteer Centre aims to help people in need, through the direct actions of local volunteers, by providing support groups and through information provision.
Type of Services:	Voluntary Support Group
Type of Condition or Health Subject:	Health & Wellbeing

NHS Choices

Group/Organisation Address:	NHS Choices, Web based information on all health topics
Email:	
Website:	www.nhs.uk
Postcode:	N/A
Telephone Number:	
Access Times:	Use online contact form
Extra Information:	NHS Choices is the online 'front door' to the NHS. It is the country's biggest health website and gives all the information you need to make choices about your health. It also includes information about medicines and side effects.

Type of Services: Self Help

Type of Condition or Health Subject: Health & Wellbeing

No Panic

Group/Organisation Address: No Panic,
Jubilee House,
74 High Street,
Madley,
Telford

Email: info@nopanic.org.uk

Website: www.nopanic.org.uk

Postcode: TF7 5AH

Telephone Number: Head Office - 01952 680460 Helpline - 0844 967
4848 Youth Helpline - 0330 606 1174

Access Times:

Extra Information: No Panic is a registered charity which helps people who suffer from Panic Attacks, Phobias, Obsessive Compulsive Disorders and other related anxiety disorders including those people who are trying to give up Tranquillizers. No Panic also provides support for the carers of people who suffer from anxiety disorders.

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Depression & Anxiety

North Derbyshire Forum For Mental Health

Carers

Group/Organisation Address:	North Derbyshire Forum For Mental Health Carers, St Thomas Centre (behind St Thomas Church), Chatsworth Road, Brampton, Chesterfield
Email:	nderbyshiremhcf@gmail.com
Website:	www.northderbyshirementalhealthcarers.wordpress.com
Postcode:	S40 3AW
Telephone Number:	members contact numbers- 0794 943084 07730 526219 07730 526221 07730 526220
Access Times:	Last Wednesday of every month 10.00am - 1.00pm
Extra Information:	We are a voluntary self-help support group. We hold a regular monthly Forum meeting, run carer support groups at various locations and attend meetings with NHS and Derbyshire County Council related to mental Health issues. You do not have to report the abuse to the police to get support
Type of Services:	Mental Health
Type of Condition or Health Subject:	Mental Health Problems

North Derbyshire Tinnitus Support Group

Group/Organisation Address:	North Derbyshire Tinnitus Support Group, 34 Glumangate, Chesterfield, Derbyshire
Email:	mail@tinnitussupport.org.uk
Website:	www.tinnitussupport.org.uk
Postcode:	S40 1TX
Telephone Number:	01246 380415

Access Times:**Extra Information:**

The Tinnitus Support Group will help you to understand your emotional reactions to tinnitus (which may be stress and anxiety) and will help you to retrain your responses to it, and give you advice on ways to manage tinnitus.

Type of Services:

Voluntary Support Group

Type of Condition or Health Subject:

Anxiety & Panic Attacks

North Derbyshire Voluntary Action (NDVA)

Group/Organisation Address:

North Derbyshire Voluntary Action (NDVA),
Offices 2a-2c (2nd Floor),
Market Hall,,
Chesterfield

Email:

info@ndva.org.uk

Website:

www.ndva.org.uk

Postcode:

S40 1AR

Telephone Number:

01246 555908

Access Times:

Office Hours

Extra Information:

NDVA supports and represents health related voluntary organisations across Derbyshire.

Type of Services:

Voluntary Support Group

Type of Condition or Health Subject:

Health & Wellbeing

Northern Counties Housing Association Limited - Guinness Partnership

Group/Organisation Address:	Northern Counties Housing Association Limited, The Guinness Partnership, 31 Clarendon Park, Clumber Avenue Nottingham
Email:	info.guinnesscare@guinness.org.uk
Website:	www.guinnesspartnership.com
Postcode:	NG5 1AG
Telephone Number:	0300 123 0705 (Monday - Friday 9.00am - 5.00pm)
Access Times:	
Extra Information:	We operate in 165 local authority areas across England. Most of our homes are homes for rent at prices significantly lower than those charged in the private market. And on tenancy terms which offer far greater security. We also provide affordable home ownership options on homes that people can purchase outright on the open market, recognising that the shortage of housing in this country affects those seeking to buy a home too.
Type of Services:	Self Help
Type of Condition or Health Subject:	Health & Wellbeing

NSPCC Child Protection Helpline

Group/Organisation Address:	NSPCC Child Protection Helpline, Weston House, 42 Curtain Road, London
Email:	help@nspcc.org.uk
Website:	www.nspcc.org.uk

Postcode:	EC2A 3NH
Telephone Number:	0808 800 5000
Access Times:	24 hours a day. Text: 88858
Extra Information:	The NSPCC Child Protection Helpline is a free 24 hour service which provides counselling, information and advice to anyone concerned about a child at risk of abuse.
Type of Services:	Helpline
Type of Condition or Health Subject:	Health & Wellbeing

OCD-UK

Group/Organisation Address:	OCD-UK, Marble Hall, 80 Nightingale Road, Derby
Email:	Online message form
Website:	www.ocduk.org
Postcode:	DE24 8BF
Telephone Number:	03332 127 890
Access Times:	
Extra Information:	OCD-UK has been working for children and adults affected by Obsessive-Compulsive Disorder since 2004. We provide advice, information, and support services for those affected by OCD, and campaign to end the trivialisation and stigma of OCD. Uniquely, the charity is completely service-user led, everyone involved in the organisation have personal experience of OCD, either directly or through a loved one.
Type of Services:	Voluntary Support Group

Type of Condition or Health Subject:

OCD (Obsessive Compulsive Disorder)

One to One Support Services

Group/Organisation Address:

One to One Support Services,
1 McGregor's Way,
Turnoaks Business Park,
Chesterfield

Email:

Website:

www.onetoonesupportservices.co.uk

Postcode:

S40 2HA

Telephone Number:

01246 235208

Access Times:

Extra Information:

One to One is an accredited teaching centre via CACDP and provide a range of courses both in house and national accredited. These are in the areas of Sensory Impairment, Communication, Challenging behaviours and Early Years management.

Type of Services:

Adult Education

Type of Condition or Health Subject:

Health & Wellbeing

Overeaters Anonymous

Group/Organisation Address:

Overeaters Anonymous,
483 Green Lanes,
London

Email:

general@oagb.org.uk

Website:

www.oagb.org.uk

Postcode: N13 4BS

Telephone Number: 07798 587802

Access Times:

Extra Information: Overeaters Anonymous offers a program of recovery from compulsive eating using the Twelve Steps and Twelve Traditions of OA. The twelve steps work for anyone with any eating issues including over eating, under eating, obesity, anorexia and bulimia.

Type of Services: Family Services

Type of Condition or Health Subject: Eating Disorders

P3 The Social Inclusion Charity - Head Office

Group/Organisation Address: P3 The Social Inclusion Charity - Head Office,
Eagle House,
Cotmanhay Road,
Ilkeston, Derbyshire

Email: Online message form

Website: www.p3charity.org

Postcode: DE7 8HU

Telephone Number: 0115 850 8190

Access Times:

Extra Information: We run a variety of services all across the UK, that aim to give everyone the chance to be part of the community they live in and feel connected to society. Our mission is to improve lives and communities by delivering services for socially excluded and vulnerable people to unlock their potential and open up new possibilities.

Type of Services: Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Padley Development Centre

Group/Organisation Address:

Padley Development Centre,
68 Rutland Street,
Derby

Email:

admin@padleygroup.com

Website:

www.padleygroup.com

Postcode:

DE23 8PR

Telephone Number:

01332 774480

Access Times:

Extra Information:

Padley is a diverse organisation providing a broad range of services to the most vulnerable people in the derby and Derbyshire community. We do this primarily through our Homeless Centre, Development Centre and Charity Shop. In addition, at our Development Centre we also provide general courses and activities for people who are isolated and want to meet others while doing something different.

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Mental Health Problems

PALS (Patients Advice and Liaison Service)

Group/Organisation Address:	PALS (Patients Advice and Liaison Service), Derbyshire Healthcare NHS Foundation Trust, Derbyshire HCFT, Kingsway site, Derby, DE22 3LZ
Email:	dhft.contactpals@nhs.net
Website:	www.derbyshirehealthcareft.nhs.uk
Postcode:	DE22 3LZ
Telephone Number:	0800 7837691
Access Times:	Mon-Fri 9am-5pm
Extra Information:	Pals can tell you about Mental Health and Learning Disability services, listen to, and support you with any problems you may have. Help you ask questions about your care. Tell you about help and support groups. PALS Officers make regular visits to wards at Psychiatric Unit-Derby City Hospital, Hartington Unit-CRH, Older Adult wards at DRI and Kingsway Hospital and some Mental Health Trust rehabilitation services.
Type of Services:	Mental Health
Type of Condition or Health Subject:	Mental Health Problems

PAPYRUS - Prevention of Young Suicide

Group/Organisation Address:	PAPYRUS - Prevention of Young Suicide, Lineva House, 28-32 Milner Street, Warrington, Cheshire
Email:	admin@papyrus-uk.org
Website:	www.papyrus-uk.org
Postcode:	WA5 1AD

Telephone Number: 01925 572 444 (Monday-Friday 9.00am - 5.00pm)
Hopeline (Support line) - 0800 068 4141

Access Times:

Extra Information: POPYRUS exists to give young people hope and prevent young suicide. We provide confidential support and advise to young people and any one worried about a young person. We run a national helpline, HOPELineUK, including text and email services, staffed by a team of mental health professionals who provide practical help and advice to vulnerable young people and to those concerned about any young person who may be at risk of suicide.

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Mental Health Problems

Parent Carer Voice - Derbyshire

Group/Organisation Address: Parent Carer Voice - Derbyshire,
c/o DIAS Chesterfield Register Office,
New Beetwell Street,
Chesterfield,
Derbyshire

Email: derbyshire@parentforums.co.uk

Website: www.derbyshireparentforums.co.uk

Postcode: S40 1QJ

Telephone Number: 01629 533666

Access Times:

Extra Information: Derbyshire Parent Carer Voice has been set up to help parents have a forum for change within Derbyshire services. Parent forums are making real changes to the way councils work with regards to parents, carers and children and young people. Membership is free and ensures you receive the Forums Newsletter and Events dates, as well as other information on consultations and changes.

Type of Services: Family & Carer Support

Type of Condition or Health Subject: Health & Wellbeing

Parent Lifeline

Group/Organisation Address: Parent Lifeline,
Alpha House,
10 -14 Carver Street,
Sheffield

Email:

Website: www.parentlifeline.org.uk

Postcode: S1 4FS

Telephone Number: Helpline - 0114 272 6575 - Monday - Friday
9.00am - 1.00pm & every evening 7.00pm -
11.00pm

Access Times:

Extra Information: Parent Lifeline gives parents the opportunity to talk about their difficulties however big or small and regardless of the age of the child. We hope that by offering parents understanding, sympathy and support, together with enough time to explore their feeling, they will feel better able to cope with their situation.

Type of Services: Helpline

Type of Condition or Health Subject: Depression & Anxiety

Parent Partnership - Derbyshire

Group/Organisation Address:	Parent Partnership - Derbyshire, Chesterfield Register Office, New Beetwell Street, Chesterfield
Email:	parent.partnership@derbyshire.gov.uk
Website:	www.derbyshireparentpartnership.co.uk
Postcode:	S40 1QJ
Telephone Number:	01629 533660
Access Times:	Out of hours answer phone available
Extra Information:	Free, confidential, impartial help, advice and support for parents and carers of children and young people with special educational needs.
Type of Services:	Helpline
Type of Condition or Health Subject:	Health & Wellbeing

Parkinson's Disease Society of the UK

Group/Organisation Address:	Parkinson's Disease Society of the UK, 215 Vauxhall Bridge Road, London
Email:	hello@parkinsons.org.uk
Website:	www.parkinsons.org.uk
Postcode:	SW1V 1EJ
Telephone Number:	020 7931 8080
Access Times:	Mon-Fri 9-8pm Sat 10-2pm
Extra Information:	Parkinson's Disease produce a range of useful information to help people with Parkinson's Disease and their relatives. The Society has a network of local branches which can give help, advice and support.

Type of Services: Voluntary Support Group

Type of Condition or Health Subject: Health & Wellbeing

Patient.co.uk

Group/Organisation Address: Patient.co.uk,
Web Site Only

Email:

Website: www.patient.co.uk

Postcode: N/A

Telephone Number:

Access Times:

Extra Information: Patient is an online resource providing information on health, lifestyle and disease and other medical related topics. The website's aim is to provide members of the public with up-to-date information on health related topics in the form of comprehensive leaflets (which can be read online or printed),

Type of Services: Physical Health

Type of Condition or Health Subject: Health & Wellbeing

Peak and Dales Advocacy

Group/Organisation Address: Peak and Dales Advocacy,
16 Eagle Parade,
Buxton

Email: peter@peaksanddalesadvocacy.org.uk

Website: www.Peaksanddalesadvocacy.org.uk

Postcode: SK17 6EQ

Telephone Number: 07954025005 or 07986242382

Access Times:

Extra Information: Peak and Dales is an independent organisation, working in the High Peak and North Derbyshire Dales to provide a free advocacy service for, older people, people with mental health problems and people with learning disabilities.

Type of Services: Advocacy

Type of Condition or Health Subject: Mental Health Problems

Personality Plus - The Personality Disorder Website

Group/Organisation Address: Personality Plus - The Personality Disorder Website, Web Site Only

Email:

Website: www.personalitydisorder.org.uk

Postcode: N/A

Telephone Number:

Access Times:

Extra Information: Personality disorders are increasingly recognised as major mental health issues. Use this site to find out more about the different personality disorders, including borderline, antisocial and dangerous and severe, and what the diagnosis means. Also keep up with the latest news about what is happening in the world of personality disorder and how you can get involved.

Type of Services: Helpline

Type of Condition or Health Subject: Personality Disorders

Positively UK

Group/Organisation Address: Positively UK,
345 City Road,
London

Email: info@positivelyuk.org

Website: www.positivelyuk.org.uk

Postcode: EC1V 1LR

Telephone Number: Helpline - 020 7713 0444 (Monday - Friday
10.00am - 4.00pm)

Access Times:

Extra Information: Positively UK provides peer-led support, advocacy and information to women, men and young people living with HIV to manage any aspect of their diagnosis, care and managing life with HIV.

Type of Services: Advocacy

Type of Condition or Health Subject: Sexual Health

Prisoners Advice Service

Group/Organisation Address: Prisoners Advice Service,
PAS PO Box 46199,
London

Email: advice@prisonersadvice.org.uk

Website:	www.prisonersadvice.org.uk
Postcode:	EC1M 4XA
Telephone Number:	Advice Lines - 020 7253 3323 0845 430 8923 (Monday/Wednesday/Friday 10.30am - 12.30pm & 2.00pm - 4.30pm)
Access Times:	
Extra Information:	Prisoners' Advice Service offers free legal advice and support to adult prisoners throughout England and Wales regarding their human and legal rights, conditions of imprisonment and the application of Prison Law and the Prison Rules. PAS responds to prisoners' calls for help about their treatment in prison through our telephone Advice Line, Letters Clinics and legal Outreach Clinics inside prisons, as well as by, where appropriate, taking legal action on their behalf. We also provide information within the prison sector.
Type of Services:	Legal Help
Type of Condition or Health Subject:	Health & Wellbeing

Psychosexual Service

Group/Organisation Address:	Psychosexual Service, DMHST, St Andrews House, 201 London Road, Derby
Email:	
Website:	
Postcode:	DE1 2LZ
Telephone Number:	01332 268468
Access Times:	Office hours
Extra Information:	Psychosexual Assessment and Treatment Service.

Type of Services: Sexual Health

Type of Condition or Health Subject: Sexual Health

PTSD Resolution

Group/Organisation Address: PTSD Resolution Ltd,
c/o Chantry House,
22 Upperton Road,
Eastbourne,
East Sussex

Email: coord@ptsdresolution.org

Website: www.ptsdresolution.org

Postcode: BN21 1BF

Telephone Number: 0300 302 0551 (Monday - Friday 9.00am - 5.00pm)

Access Times:

Extra Information: PTSD Resolution helps ex-service men and women who have mental health problems, including post-traumatic stress disorder, following service in the UK armed forces. The service is available to all veterans of the UK armed services, TA, reservists and their dependents. PTSD Resolution treatment meets a special need of veterans and reservists in that it can be carried out without the therapist or anyone else ever knowing about the events that caused the trauma. This ensures confidentiality, protects the patient from further distress, and protects therapists from hearing about large numbers of often extremely disturbing incidents. These are important safeguards.

Type of Services: Mental Health

Type of Condition or Health Subject: PTSD (Post-traumatic Stress Disorder)

RapeCrisis - England and Wales

Group/Organisation Address:	RapeCrisis - England and Wales, BCM Box 4444, London
Email:	rcewinfo@rapecrisis.org.uk
Website:	www.rapecrisis.org.uk
Postcode:	WC1N 3XX
Telephone Number:	Helpline 0808 802 9999 (Every day 12 noon - 2.30pm & 7.00pm - 9.30pm)
Access Times:	
Extra Information:	This website aims to provide the basic information that survivors of sexual violence, friends and family need, to access the services they need.
Type of Services:	Helpline
Type of Condition or Health Subject:	Sexual Health

Re-Solv - The Society for the Prevention of Solvent and Volatile Substance Abuse

Group/Organisation Address:	Re-Solv - The Society for the Prevention of Solvent and Volatile Substance Abuse, 30A High Street, Stone,Staffordshire,
Email:	c4r@re-solv.org
Website:	www.re-solv.org
Postcode:	ST15 8AW
Telephone Number:	01785 810 762 (Monday - Friday 10.00am - 4.00pm)Text - 07496 959930

Access Times:**Extra Information:**

Re-Solv is the expert charity working across the UK to end solvent abuse and support those whose lives are affected by solvents, gasses and other 'legal' highs.

Type of Services:

Self Help

Type of Condition or Health Subject:

Health & Wellbeing

Refugee Council

Group/Organisation Address:

Refugee Council,
PO Box 68614,
London

Email:

Online message form

Website:

www.refugeecouncil.org.uk

Postcode:

E15 9DQ

Telephone Number:

020 7346 6700

Access Times:**Extra Information:**

We work with refugees and people seeking asylum in the UK. We offer practical support and advice throughout their journey in th UK.

Type of Services:

Self Help

Type of Condition or Health Subject:

Health & Wellbeing

Relate - Chesterfield & North Derbys

Group/Organisation Address:

Relate - Chesterfield & North Derbys,
Othen House,
7 Sheffield Road,,
Chesterfield,

Email:

admin@relatechesterfield.org.uk

Website:

chesterfieldrelate.wordpress.com

Postcode:

S41 7LL

Telephone Number:

01246 231010

Access Times:

Extra Information:

At Relate Chesterfield & NE Derbyshire we offer support to people who are experiencing difficulties in their relationships and want to sort things out. Whether this is arguing, an affair, loss of interest in sex, taking each other for granted, communication difficulties, lack of time for each other or something else - there are many reasons why people come to Chesterfield Relate and over 90% of our clients say they are glad they did.

Type of Services:

Counselling

Type of Condition or Health Subject:

Sexual Health

Relate - Derby & Southern Derbyshire

Group/Organisation Address:

Relate - Derby & Southern Derbyshire,
3 Wentworth House,
Vernon Gate,
Derby

Email:

nfo@relatederby.org.uk

Website:

www.relatederby.org.uk

Postcode:

DE1 1UR

Telephone Number: 01332 349177 Freephone Helpline - 0808 178 9363 (Tuesday 10.30am - 1.30pm & Thursday 1.30pm - 4.30pm)

Access Times:

Extra Information: Counselling Services: Relationships, Domestic Violence, Psychosexual Therapy. Families, Children and young people. "Safe Speak" Telephone Counselling.

Type of Services: Help in a Crisis

Type of Condition or Health Subject: Domestic Violence

Relatives and Residents Association

Group/Organisation Address: Relatives and Residents Association,
1 The Ivories,
6-18 Northampton Street,
London

Email: online message form

Website: www.relres.org

Postcode: N1 2HY

Telephone Number: Helpline - 020 7359 8136 (Monday - Friday - 9.30am - 4.30pm)

Access Times:

Extra Information: The Relative and Residents Association is the national charity for older people in or needing care and the relative and friends that help them cope. We are here to support and inform residents, family and friends to find about all they need to know about care and how to help them when things go wrong.

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Release Legal Emergency and Drug Service

Group/Organisation Address: Release Legal Emergency and Drug Service,
124-128 City Road,
London

Email: ask@release.org.uk

Website: www.release.org.uk

Postcode: EC1V 2NJ

Telephone Number: Helpline - 020 7324 2989 (Monday - Friday
-11.00am - 1.00pm & 2.00pm - 4.00pm)

Access Times:

Extra Information: Release is the national centre of expertise on drugs and drugs law. Through our services the team provides free non-judgmental, specialist advice and information to the public and professionals on issues related to drug use and to drug laws.

Type of Services: Drug & Alcohol

Type of Condition or Health Subject: Drugs & Alcohol

Respond

Group/Organisation Address: Respond,
3rd Floor,
24-32 Stephenson Way,
London,
,

Email: admin@respond.org.uk

Website:	www.respond.org.uk
Postcode:	NW1 2HD
Telephone Number:	020 7383 0700
Access Times:	
Extra Information:	We aim to make a real difference to people with learning disabilities by providing effective and flexible support to help them to improve their lives. Respond works with children and adults with learning disabilities who have experienced abuse or trauma.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Health & Wellbeing

Retail Trust

Group/Organisation Address:	Retail Trust, Eborn House, The Leylands Estate, Broadway, Derby
Email:	info@retailtrust.org.uk
Website:	www.retailtrust.org.uk
Postcode:	DE22 1AY
Telephone Number:	01332 554200 Freephone Helpline - 0808 801 0808
Access Times:	
Extra Information:	Retail Trust is the trade charity for people working in retail and the supporting service industries. We improve lives in our well being service, vocational and career development programmes and retirement estates.
Type of Services:	Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Revolving Doors Agency (Mental Health Charity)

Group/Organisation Address:

Revolving Doors Agency (Mental Health Charity),
4th Floor,
291-299 Borough High Street,
London

Email:

admin@revolving-doors.org.uk

Website:

www.revolving-doors.org.uk

Postcode:

SE1 1JG

Telephone Number:

020 7407 0747

Access Times:

Office hours

Extra Information:

Revolving doors agency is the UK's largest charity concerned with mental health and the criminal justice system. We run practical schemes in police stations, prisons, and courts to support people who have 'fallen through the net' of mainstream services. What we learn enables us to conduct research and policy work at local and national level

Type of Services:

Mental Health

Type of Condition or Health Subject:

Mental Health Problems

Rhubarb Farm

Group/Organisation Address:

Rhubarb Farm,
Hardwick Street,
Langwith

Email:	N/A
Website:	www.rhubarbfarm.co.uk
Postcode:	NG20 9DR
Telephone Number:	01623 741210 (Monday - Friday 8.30am - 4.30pm)
Access Times:	N/A
Extra Information:	Rhubarb Farm provides a service to the unemployed, recovering drug and alcohol misusers, young people not in education or employment ,people with learning disabilities or mental and physical ill health, ex service personnel, and ex offenders We use the therapeutic organic horticulture model for developing skills, confidence and employability and for improving health and well being.
Type of Services:	Drug & Alcohol
Type of Condition or Health Subject:	Drugs & Alcohol

Royal College of Psychiatrists

Group/Organisation Address:	Royal College of Psychiatrists, 21 Prescot Street, London
Email:	reception@rcpsych.ac.uk
Website:	www.rcpsych.ac.uk
Postcode:	E1 8BB
Telephone Number:	020 7235 2351
Access Times:	

Extra Information:

The College works to secure the best outcomes for people with mental illness, learning difficulties and developmental disorders by promoting excellent mental health services, training outstanding psychiatrists, promoting quality and research, setting standards and being the voice of psychiatry.

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Mental Health Problems

Rural Action Derbyshire

Group/Organisation Address:

Rural Action Derbyshire,
Town Hall,
Bank Road,
Matlock, Derbyshire

Email:

info@ruralactionderbyshire.org.uk

Website:

www.derbyshirercc.org.uk

Postcode:

DE4 3NN

Telephone Number:

01629 592970

Access Times:**Extra Information:**

Rural Action Derbyshire (formerly Derbyshire Rural Community Council) is an independent organisation and registered charity, operating across the county. RAD aims to improve the life of those living and working in rural Derbyshire.

Type of Services:

Recovery & Rehabilitation

Type of Condition or Health Subject:

Mental Health Problems

Safe Speak - Relate Derby & South Derbyshire

Group/Organisation Address:

Relate Safe Speak,
3 Wentworth House,
Vernon Gate,
Derby,

Email:

info@safespeak.org.uk

Website:

www.safespeak.org.uk

Postcode:

DE1 1UR

Telephone Number:

0800 093 5264 (free from land lines) or 01332 349301

Access Times:**Extra Information:**

Safe Speak is here to listen...We currently offer two different services: Counselling for 5-10 year olds Counselling for 11-18 year olds Problems with family, friends or teachers? Our counsellors understand what's going on in young people's lives and can help you deal with the challenges of school life and growing up. We offer a safe place for you to talk about your thoughts and feelings in private.

Type of Services:

Counselling

Type of Condition or Health Subject:

Mental Health Problems

Safeguarding Adults - Derbyshire Healthcare NHS Foundation Trust

Group/Organisation Address:

Kingsway,
Derby,
DE22 3LZ

Email:

Online Information

Website:	https://www.derbyshirehealthcareft.nhs.uk/getting-help/worried-about-someones-safety
Postcode:	DE22 3LZ
Telephone Number:	See website for telephone numbers
Access Times:	N/A
Extra Information:	Derbyshire Healthcare NHS Foundation Trust is committed to safeguarding adults in our communities who may be at risk from abuse and neglect, working very closely with Derbyshire County Council and Derby City Council in safeguarding adults who use our services.
Type of Services:	Website
Type of Condition or Health Subject:	Health & Wellbeing

Safer Derbyshire

Group/Organisation Address:	Safer Derbyshire, Online Information
Email:	Online referral form
Website:	www.saferderbyshire.gov.uk
Postcode:	N/A
Telephone Number:	01629 533190
Access Times:	
Extra Information:	Safer Derbyshire is a multi-agency partnership based at County Hall Matlock. We aim to reduce crime, disorder and the fear of crime in Derbyshire by providing support, advice and leadership to our partners and communities. Safer Derbyshire is a website for community safety in Derbyshire.
Type of Services:	Website
Type of Condition or Health Subject:	Health & Wellbeing

SAIL (Sexual Abuse and Incest Line)

Group/Organisation Address:	SAIL (Sexual Abuse and Incest Line), 12 Soresby Street, Chesterfield
Email:	
Website:	www.sailderbyshire.org.uk
Postcode:	S40 1JN
Telephone Number:	Appointment Line - 01246 559 889
Access Times:	
Extra Information:	SAIL is a registered charity. We are based in Chesterfield and offer free specialist counselling support for people aged 18 and over in Derbyshire who have experienced childhood sexual abuse. Counselling is provided by volunteers, some are survivors themselves. All counsellors are either qualified or in training; they receive ongoing support and supervision to ensure they are working to high professional standards.
Type of Services:	Sexual Health
Type of Condition or Health Subject:	Sexual Health

Salvation Army - East Midlands Division

Group/Organisation Address:	Salvation Army - East Midlands Division, Paisley Grove, Chilwell Meadows Business Park, Nottingham
Email:	eastmidlands@salvationarmy.org.uk
Website:	www.salvationarmy.org.uk/east-midlands
Postcode:	NG9 6DJ
Telephone Number:	0115 983 5000

Access Times: Check website for local Churches

Extra Information: The Salvation Army East Midlands Division covers Nottinghamshire. Derbyshire and Lincolnshire

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Samaritans - Chesterfield

Group/Organisation Address: Samaritans - Chesterfield,
121 Saltergate,
Chesterfield,
Derbyshire

Email: jo@samaritans.org

Website: www.samaritans.org.uk/chesterfield

Postcode: S40 1NH

Telephone Number: 01246 270000 Freephone 116 123

Access Times: Office opening times - Every week day - 10.00am - 10.00pm

Extra Information: Samaritans is a registered charity aimed at providing emotional support to anyone in emotional distress, struggling to cope, or at risk of suicide, throughout the United Kingdom and Ireland.

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Mental Health Problems

Samaritans - Derby

Group/Organisation Address:	Samaritans - Derby, 110 Burton Road, Derby
Email:	jo@samaritans.org
Website:	www.samaritans.org/derby
Postcode:	DE1 1TG
Telephone Number:	01332 364444 - (Call to check opening times) Freephone - 116 123 - (Every day
Access Times:	Phone lines access 24 hours per day 7 days a week Please phone to check opening times
Extra Information:	Samaritans is a registered charity aimed at providing emotional support to anyone in emotional distress, struggling to cope, or at risk of suicide, throughout the United Kingdom and Ireland.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Mental Health Problems

Samaritans - Mansfield and District

Group/Organisation Address:	Samaritans - Mansfield and District, Samaritans, 1A Grove St, Mansfield,, Notts
Email:	jo@samaritans.org
Website:	www.samaritans.org.uk
Postcode:	NG18 1EL
Telephone Number:	01623 422224 Freephone 116 123
Access Times:	Office opening hours - 10.00am - 9.00pm

Extra Information:

Samaritans is a registered charity aimed at providing emotional support to anyone in emotional distress, struggling to cope, or at risk of suicide, throughout the United Kingdom and Ireland.

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Mental Health Problems

Samaritans - Sheffield

Group/Organisation Address:

Samaritans - Sheffield,
272 Queens Road,
Sheffield

Email:

jo@samaritans.org

Website:

www.samaritans.org.uk

Postcode:

S2 4DL

Telephone Number:

01142 276 7277 Freephone - 116 123

Access Times:

'Drop-In' Centre 10am-10pm daily 365 days a year, 24 hours a day

Extra Information:

Samaritans is a registered charity aimed at providing emotional support to anyone in emotional distress, struggling to cope, or at risk of suicide, throughout the United Kingdom and Ireland.

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Mental Health Problems

Sanctuary Supported Living

Group/Organisation Address:	Sanctuary Supported Living, Cameo House, Chamber Court, Worcester
Email:	support.living@sanctuary-housing.co.uk
Website:	www.sanctuary-supported-living.co.uk
Postcode:	WR1 3ZQ
Telephone Number:	0330 123 3247
Access Times:	
Extra Information:	Through quality support and housing, we help clients gain the life skills they need to build the foundation for independent living.
Type of Services:	Home Care Services
Type of Condition or Health Subject:	Health & Wellbeing

SANDS - Stillbirth and Neonatal Death Charity

Group/Organisation Address:	SANDS - Stillbirth and Neonatal Death Charity, Victoria Charity Centre, 11 Belgrave Road, London
Email:	helpline@sands.org.uk
Website:	www.uk-sands.org
Postcode:	SW1V 1RB
Telephone Number:	Head Office - 020 7436 7940 (Monday - Friday - 9.30am - 5.30pm) Freephone Helpline - 0808 - 164 3332

Access Times:**Extra Information:**

Sands exists to support anyone affected by the death of a baby, to improve the bereavement care received by parents and families, and to influence policy makers and promote research to reduce the number of babies dying.

Type of Services:

Children's Services

Type of Condition or Health Subject:

PTSD (Post-traumatic Stress Disorder)

SANE line

Group/Organisation Address:

SANE,
St Mark's Studios,
14 Chillingworth Road,
Islington,
London

Email:

info@sane.org.uk

Website:

www.sane.org.uk

Postcode:

N7 8QJ

Telephone Number:

Head Office - 020 3805 1790 Helpline- 0300 304 7000 (Daily - 4.30pm - 10.30pm)

Access Times:**Extra Information:**

SANE is a national mental health charity which aims to raise awareness of mental illness and campaign to improve services, initiate and fund research into the causes of serious mental illness through its research centre, and provide information and support to those experiencing mental health problems through its helpline, SANELINE. Helpline available over bank holidays.

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Mental Health Problems

SARAC (Sexual and Domestic Abuse and Rape Advice Centre)

Group/Organisation Address: SARAC (Sexual and Domestic Abuse and Rape Advice Centre),
SARAC, PO Box 3,
Burton Upon Trent,
Staffordshire

Email: staff@sarac.org.uk

Website: www.sarac.org.uk

Postcode: DE14 1ZT

Telephone Number: Helpline - 01283 515785

Access Times:

Extra Information: SARAC offers free and confidential support and counselling services to women and men survivors of child sexual abuse, rape or any other form of sexual violence or domestic violence.

Type of Services: Sexual Health

Type of Condition or Health Subject: Abuse

Scope (About Disability)

Group/Organisation Address: Scope (About Disability),
6 Market Road,
London

Email: helpline@scope.org.uk

Website:	www.scope.org.uk
Postcode:	N7 9PW
Telephone Number:	Helpline - 0808 800 3333 (Monday - Friday - 9.00am - 5.00pm)
Access Times:	
Extra Information:	Scope is a national charity providing support, information and advice to disabled people and their families. Helpline is first point of contact and provides indepth information & support.
Type of Services:	Helpline
Type of Condition or Health Subject:	Health & Wellbeing

Scottish Association for Mental Health

Group/Organisation Address:	Scottish Association for Mental Health, Brunswick House, 51 Wilson Street, Glasgow
Email:	Online message form
Website:	www.samh.org.uk
Postcode:	G1 1UZ
Telephone Number:	0141 530 1000
Access Times:	
Extra Information:	Scottish Association for Mental Health (SAMH) has developed a series of information resources for you to access whether you're living with a mental health problem or supporting someone who is.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Mental Health Problems

Scropton Riding for the Disabled Centre

Group/Organisation Address: Scropton Riding for the Disabled Centre,
Watery Lane,
Scropton, Derbyshire

Email: enquiries@scroptonequestrian.com

Website: www.scroptonequestrian.com

Postcode: DE65 5PL

Telephone Number: 01283 812753

Access Times:

Extra Information: Scropton Riding for the Disabled is an equestrian centre with twin arenas, between 25 and 30 resident horses, expert RDA and BHS qualified coaches. We have the facilities, experience and support to cater for a wide range of disabilities; physical, mental, sensory and multiple – both in riding lessons and carriage driving lessons.

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Self Help Booklets

Group/Organisation Address: Northumberland Tyne and Wear Foundation Trust

Email:

Website: web.ntw.nhs.uk/selfhelp/

Postcode: N/A

Telephone Number:

Access Times:

Extra Information:

Visit the website to view or download a wide range of self help booklets. Titles include: Abuse Alcohol and You Anxiety Bereavement Controlling Anger Depression Depression and Low Mood Domestic Violence Eating Disorders Food for Thought Health Anxiety Hearing Voices Obsessions and Compulsions Panic Post Traumatic Stress Post Natal Depression Self Harm Shyness and Social Anxiety Sleeping Problems Stress Prisoner Anxiety Prisoner Depression and Low Mood Prisoner Post Traumatic Stress

Type of Services:

Type of Condition or Health Subject:

Sheffield Rape & Sexual Abuse Counselling Service

Group/Organisation Address:

Sheffield Rape & Sexual Abuse Counselling Service,
Sheffield Rape Crisis,
PO BOX 34,
Sheffield

Email:

info@srasac.org.uk

Website:

www.sheffieldrapecrisis.org.uk

Postcode:

S1 1UD

Telephone Number:

Office - 0114 241 2766 Helpline - 0808 802 0013

Access Times:

Helpline times -Monday - 1.00pm -3.00pm - Tuesday 6.00pm - 8.00pm Wednesday 10.00am - 12noon & 1.00pm - 3.00pm Thursday 10.00am - 12noon - Friday 10.00am - 12noon & 1.00pm - 3.00pm

Extra Information:

Sheffield Rape and Sexual Abuse Centre is a specialist sexual violence service, providing support to all survivors of rape and sexual abuse in Sheffield.

Type of Services: Counselling

Type of Condition or Health Subject: Sexual Health

Sheffield Royal Society for the Blind (SRSB)

Group/Organisation Address: Sheffield Royal Society for the Blind (SRSB),
5 Mappin Street,
Sheffield

Email: info@srsb.org.uk

Website: www.srsb.org.uk

Postcode: S1 4DT

Telephone Number: 0114 272 2757

Access Times:

Extra Information: SRSB provides opportunity, support, friendship and services to blind and partially sighted people in Sheffield, helping them to achieve whatever they wish to do and whatever they aspire to do.

Type of Services: Charitable Organisation

Type of Condition or Health Subject: Health & Wellbeing

Shirevale Resource Centre (Elderly)

Group/Organisation Address: Shirevale Resource Centre (Elderly),
Derbyshire County Council,
Shirevale Resource Ctre,
Rockley Way, Shirebrook

Email: keith.brown@derbyshire.gov.uk

Website:	www.derbyshire.gov.uk
Postcode:	NG20 8PD
Telephone Number:	01629 537355
Access Times:	Five days a week 9am - 5pm
Extra Information:	Shireville Resource day centre provides services five days a week to people with medium to substantial needs at the main centre, an outreach venue and three "luncheon clubs" Also provides a bathing service.
Type of Services:	Self Help
Type of Condition or Health Subject:	Health & Wellbeing

Sight Support Derbyshire (Derby Head Office)

Group/Organisation Address:	Sight Support Derbyshire (Derby Head Office), Suite 2.2 - 2.10 2nd Floor, Litchurch Piazza, Litchurch Lane, Derby
Email:	enquiries@sightsupportderbyshire.org.uk
Website:	www.sightsupportderbyshire.org.uk
Postcode:	DE24 8AA
Telephone Number:	01332 292262
Access Times:	Mon,Tues,Wed,Thurs 9am-5pm
Extra Information:	Sight Support Derbyshire is a charity that is dedicated to improving the lives of people with sight loss throughout Derbyshire
Type of Services:	Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

SignHealth

Group/Organisation Address:

SignHealth - Head Office,
Falcone Mews,
46 Oakmead Road,
Balham,
London,

Email:

info@signhealth.org.uk

Website:

www.signhealth.org.uk

Postcode:

SW12 9HJ

Telephone Number:

Head Office 020 3947 2600 BSL Healthy Minds
Therapy Services - 01494 687 606

Access Times:

Extra Information:

SignHealth is a charity dedicated to making sure Deaf people get the same sort of access as hearing people to healthcare and health information.

Type of Services:

Self Help

Type of Condition or Health Subject:

Mental Health Problems

Sinfin Children and Young People Centre

Group/Organisation Address:

Sinfin Children and Young People Centre,
345 Sinfin Lane,
Sinfin Moor,
Derby

Email:

sinfin.childrenscentre@derby.gov.uk

Website:	www.derby.gov.uk/education-and-learning/extra-curricular-activities/young-peoples-drop-in-activities/sinfin
Postcode:	DE24 9SF
Telephone Number:	01332 718787
Access Times:	
Extra Information:	A place where families with children under 5 years old can go to meet other families in their area. Health Visitors & Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you have about your child.
Type of Services:	Children's Services
Type of Condition or Health Subject:	Health & Wellbeing

South Derbyshire CVS (Mental Health Advocacy Service)

Group/Organisation Address:	South Derbyshire CVS (Mental Health Advocacy Service), 46-48 Grove Street, Swadlincote, Derbyshire
Email:	office@sdcv.org.uk
Website:	www.sdcvs.org.uk/services
Postcode:	DE11 9DD
Telephone Number:	01283 219761 or 01283 550163
Access Times:	Monday - Thursday 8.30am - 4.30pm Friday 8.30am - 3.00pm
Extra Information:	The Mental Health Advocacy service provides support to people experiencing mental health difficulties.
Type of Services:	Voluntary Support Group
Type of Condition or Health Subject:	Mental Health Problems

Spirituality and Wellbeing Service - Derbyshire Healthcare Foundation Trust

Group/Organisation Address:	Ashbourne Centre, Kingsway, DE22 3LZ
Email:	chaplain@derbyshcft.nhs.uk
Website:	www.derbyshirehealthcareft.nhs.uk/services/support/spirituality/
Postcode:	DE22 3LZ
Telephone Number:	01332 623700 ext 33358
Access Times:	
Extra Information:	The Spirituality & Wellbeing Service is available to all patients, relatives and staff, whatever your faith or beliefs and even if you do not practice a religion. There may be times when you feel the need to talk to someone - Chaplains have time to listen to your concerns and take what you say seriously. Chaplains have links with many faith communities and can get an appropriate representative to cater for your needs. They respond to referrals throughout the Trust and within the community and also provide an on-call service in emergencies.
Type of Services:	Family & Carer Support
Type of Condition or Health Subject:	Mental Health Problems

Sporting Futures (For Young People)

Group/Organisation Address:	Sporting Futures (For Young People), Derby County Community Trust, 14 Pride Point Drive, Derby, ,
Email:	community@dcct.co.uk
Website:	www.sporting-futures.org.uk

Postcode: DE24 8BX

Telephone Number: 01332 416140

Access Times:

Extra Information: Sporting Futures engages with hard to reach and vulnerable young people through sport. Working in some of the most disadvantaged neighbourhoods in the county, the charity has worked with thousands of young people, developing their confidence and teamwork skills, giving them opportunities to participate in regular activity and helping them to engage in their local communities.

Type of Services: Children's Services

Type of Condition or Health Subject: Health & Wellbeing

SSAFA Forces Help

Group/Organisation Address: SSAFA Forces Help,
Central Office,
4 St Dunstan's Hill,
London

Email: Online message form

Website: www.ssafa.org.uk

Postcode: EC3R 8AD

Telephone Number: Head Office - 020 7403 8783 Freephone
Helpline - 0800 731 4880

Access Times:

Extra Information: A national charity that helps all serving and ex-servicemen and their families, including widows and widowers. They offer practical, emotional and financial support to anyone with any connection, past or present, to the Armed Forces.

Type of Services: Helpline

Type of Condition or Health Subject:

Health & Wellbeing

Staveley Action Group

Group/Organisation Address:

Staveley Action Group,
Staveley Care Centre,
Caver Crescent,
Staveley,
Chesterfield

Email:

Website:

www.derbyshire.gov.uk

Postcode:

S43 3LY

Telephone Number:

01629 533040

Access Times:

Third Thursday in every month 2.00pm - 4.00pm

Extra Information:

A monthly meeting group for dementia patients and carers. Each meeting there is a trained nurse who will care for and provide imaginative stimulation for the patient, while the carer can spend time with a friendly group of other carers

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Dementia

Stop Hate UK

Group/Organisation Address:

Stop Hate UK,
PO Box 851,
Leeds,

Email:	info@stophateuk.org
Website:	www.stophateuk.org
Postcode:	LS1 9QS
Telephone Number:	Head Office 0113 293 5100 Helpline 0800 138 1625
Access Times:	We provide independent, confidential support for victims, witnesses and third parties.
Extra Information:	Stop Hate UK works alongside local strategic partnerships to tackle Hate Crime and discrimination, encourage reporting and support the individuals and communities it affects.
Type of Services:	Helpline
Type of Condition or Health Subject:	Anger

Stroke Association - Communication Support Service

Group/Organisation Address:	Stroke Association - Communication Support Service, 1st Floor, The Point, Welbeck Road, West Bridgeford, Nottingham
Email:	emma.voyle@stroke.org.uk
Website:	www.stroke.org.uk
Postcode:	NG2 7Qw
Telephone Number:	Helpline 0303 3033 100
Access Times:	

Extra Information:

A free support service in Derby City and South Derbyshire (including Amber Valley and Erewash; excluding Derbyshire Dales) for people with communication problems following a stroke. Support tends to be provided in the form of communication support groups or one-to-one support. We work with clients to set personal recovery goals and support them to make the best possible recovery after stroke.

Type of Services:

Voluntary Support Group

Type of Condition or Health Subject:

Health & Wellbeing

Stroke Association - Information, Advice & Support

Group/Organisation Address:

Stroke Association - Information, Advice & Support,
Clay Cross Hospital,
Clay Cross,
Derbyshire

Email:

sophie.dawson@stroke.org.uk

Website:

www.stroke.org.uk

Postcode:

S45 9NZ

Telephone Number:

001246 864024 Helpline 0303 3033 100

Access Times:**Extra Information:**

A free support service in North Derbyshire (including Chesterfield, North East Derbyshire and High Peaks) for stroke survivors aged over 18, their carers and family members. We provide information, practical advice and emotional support, helping people to understand stroke and its effects and establish a life after stroke. Support can be provided in the form of one-to-one visits, or over the phone or online.

Type of Services:

Family & Carer Support

Type of Condition or Health Subject:

Health & Wellbeing

Stroke Association - National

Group/Organisation Address: Stroke Association - National,
Church Lane,
Bromsgrove,
Worcestershire

Email: info@stroke.org.uk

Website: www.stroke.org.uk

Postcode: B61 8RA

Telephone Number: Helpline: 0303 3033 100

Access Times:

Extra Information: Stroke information service for anyone affected by stroke, including stroke survivors, family members, friends and those working with people affected by stroke. Offering information, advice and support by phone, email, post or text phone. language line also available Monday to Friday 9am to 5pm

Type of Services: Helpline

Type of Condition or Health Subject: Health & Wellbeing

Student Minds

Group/Organisation Address: Student Minds,
Mental Health Charity,
16 - 17, Turl Street,
Oxford,

Email: info@studentminds.org.uk

Website:	www.studentminds.org.uk
Postcode:	OX1 3DH
Telephone Number:	01865 264168
Access Times:	
Extra Information:	Student Minds is the UK's student mental health charity. We believe that peer interventions can change the state of student mental health. We deliver research - driven training and support to equip students to bring about positive change on their campuses through campaigning and facilitating peer support programmes.
Type of Services:	Mental Health
Type of Condition or Health Subject:	Mental Health Problems

Students Against Depression

Group/Organisation Address:	Students Against Depression, Website Help
Email:	admin@cwmt.org
Website:	www.studentsagainstdepression.org
Postcode:	N/A
Telephone Number:	
Access Times:	
Extra Information:	Students Against Depression provides you with the resources you need to find a way forward from stress, low mood, depression or suicidal thinking. We offer information and resources validated by health professionals alongside tips and advice from students who have experienced it all themselves. You are not alone and we are here for you. Download our resources, customise our self-help plans, share your own story and join us in fighting student depression.

Type of Services: Mental Health

Type of Condition or Health Subject: Depression

Sure Start Centre - Woodville

Group/Organisation Address: Woodville Children's Centre,
Blacksmith's Lane,
Woodville,
Swadlincote,
Derbyshire,
,

Email: woodville.childrenscentre@derbyshire.gov.uk

Website: www.derbyshire.gov.uk/education/early-years-childcare/childrens-centres/south-derbyshire/woodville/woodville-childrens-centre

Postcode: DE11 7EF

Telephone Number: 01629 533602

Access Times: Monday - Friday 9.00am - 5.00pm

Extra Information: Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.

Type of Services: Family Services

Type of Condition or Health Subject: Health & Wellbeing

Sure Start Children's Centre - North Wingfield

Group/Organisation Address: Sure Start Children's Centre -North Wingfield,
Alice's View,
North Wingfield,,
Chesterfield

Email: alicesviewcc@derbyshire.gov.uk

Website: www.derbyshire.gov.uk/education/early-years-childcare/childrens-centres/north-east/alices-view/alices-view-childrens-centre

Postcode: S43 5XA

Telephone Number: 01629 533622

Access Times: Monday - Friday 9.00am - 5.00pm

Extra Information: Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.

Type of Services:

Type of Condition or Health Subject: Health & Wellbeing

Sure Start Children's Centre - Eckington

Group/Organisation Address: Sure Start Children's Centre - Eckington,
The Grange,,
88 Southgate,
Eckington, Derbyshire

Email: julie.stanley@derbyshire.gov.uk

Website: www.derbyshire.gov.uk/education/early-years-childcare/childrens-centres/north-east/eckington/eckington-childrens-centre.

Postcode: S21 4FT

Telephone Number: 01629 537169

Access Times: Contact centre for opening times.

Extra Information: Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.

Type of Services:

Type of Condition or Health Subject: Health & Wellbeing

Sure Start Children's Centre - Alfreton

Group/Organisation Address: Sure Start Children's Centre - Amber Alfreton,
Grange Street,
Alfreton,
Derbyshire

Email: alfretoncc@derbyshire.gov.uk

Website: www.derbyshire.gov.uk/education

Postcode: DE55 7JA

Telephone Number: 01629 533066

Access Times: Thursday and Friday between 9am and 5pm - term time only. Closed on Monday, Tuesday and Wednesday. The centre will be closed during all school holidays.

Extra Information:

Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.

Type of Services:**Type of Condition or Health Subject:**

Health & Wellbeing

Sure Start Children's Centre - Birdholme

Group/Organisation Address: Sure Start Children's Centre - Birdholme,
Church Street South,,
Birdholme,
Chesterfield, Derbyshire

Email: bhreception@derbyshire.gov.uk

Website: www.derbyshire.gov.uk/education/early-years-childcare/childrens-centres/chesterfield/birdholme

Postcode: S40 2TF

Telephone Number: 01629 533691

Access Times: Contact centre for opening times

Extra Information: Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.

Type of Services:

Type of Condition or Health Subject: Health & Wellbeing

Sure Start Children's Centre - Bolsover

Group/Organisation Address: Sure Start Children's Centre - Bolsover,
Bolsover Adult Education Centre,
Castle Street,
Bolsover,
Derbyshire

Email: lawrence.jackson@derbyshire.gov.uk

Website: www.derbyshire.gov.uk/education/early-years-childcare/childrens-centres/bolsover-district/bolsover/bolsover-childrens-centre

Postcode:	S44 6PP
Telephone Number:	01629 533851
Access Times:	
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.
Type of Services:	Family Services
Type of Condition or Health Subject:	Health & Wellbeing

Sure Start Children's Centre - Creswell

Group/Organisation Address:	Sure Start Children's Centre - Creswell, Gypsy Lane,, Creswell, Worksop, Nottinghamshire
Email:	julie.stanley@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education/early-years-childcare/childrens-centres/bolsover-district/creswell/creswell-childrens-centre
Postcode:	S80 4HY
Telephone Number:	01629 537396
Access Times:	
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.
Type of Services:	
Type of Condition or Health Subject:	Health & Wellbeing

Sure Start Children's Centre - Derby - Osmaston/Allenton

Group/Organisation Address:	Sure Start Children's Centre - Derby - Osmaston/Allenton, 60 Cockayne Street North, Allenton, Derby
Email:	boulton.childrenscentre@derby.gov.uk
Website:	www.derby.gov.uk/education-and-learning/parental-support/childrens-centres
Postcode:	DE24 8XB

Telephone Number:	01332 715620
Access Times:	Contact centre for opening times.
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.
Type of Services:	
Type of Condition or Health Subject:	Health & Wellbeing

Sure Start Children's Centre - Derby - Spondon

Group/Organisation Address:	Sure Start Children's Centre - Derby - Spondon, Borrowash Road, Spondon. Derby
Email:	sponden.childrenscentre@derby.gov.uk
Website:	www.derby.gov.uk/education-and-learning/parental-support/childrens-centres
Postcode:	DE21 7PH
Telephone Number:	01332 674038
Access Times:	Contact centre for opening times.
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.
Type of Services:	
Type of Condition or Health Subject:	Health & Wellbeing

Sure Start Children's Centre - Derby Boulton

Group/Organisation Address:	Sure Start Children's Centre - Derby Boulton, 47b Holbrook Road,, Derby
Email:	boulton.childrenscentre@derby.gov.uk
Website:	www.derby.gov.uk/education-and-learning/parental-support/childrens-centres
Postcode:	DE24 0DD
Telephone Number:	01332 574902
Access Times:	Contact centre for opening times.
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.
Type of Services:	
Type of Condition or Health Subject:	Health & Wellbeing

Sure Start Children's Centre - Derby Mickleover/Littleover

Group/Organisation Address:	Sure Start Children's Centre - Derby Mickleover/Littleover, 50 Brierfield Way, Mickleover, Derby
Email:	mickleoverchildrenscentre@derby.gov.uk
Website:	www.derby.gov.uk/education-and-learning/parental-support/childrens-centres
Postcode:	DE3 9SA
Telephone Number:	01332 518661
Access Times:	Contact centre for opening times.
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.

Type of Services:**Type of Condition
or Health Subject:**

Health & Wellbeing

Sure Start Children's Centre - Derby - Rosehill

**Group/Organisation
Address:**Sure Start Children's Centre - Derby - Rosehill,
The Big Building,
17-19 Lower Dale Road,
Derby**Email:**fis@derby.gov.uk**Website:**www.derby.gov.uk/education-and-learning/parental-support/childrens-centres**Postcode:**

DE23 6WY

**Telephone
Number:**

01332 641315

Access Times:

Contact centre for opening times.

Extra Information:

Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.

Type of Services:**Type of Condition
or Health Subject:**

Health & Wellbeing

Sure Start Children's Centre - Derby - Sinfin

**Group/Organisation
Address:**Sure Start Children's Centre - Derby - Sinfin,
Sinfin Lane,
Sinfin Moor. Derby**Email:**sinfin.childrenscentre@derby.gov.uk**Website:**www.derby.gov.uk/education-and-learning/parental-support/childrens-centres

Postcode:	DE24 9PG
Telephone Number:	01332 718787
Access Times:	Contact centre for opening times.
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.
Type of Services:	
Type of Condition or Health Subject:	Health & Wellbeing

Sure Start Children's Centre - Derby Alvaston

Group/Organisation Address:	Sure Start Children's Centre - Derby Alvaston, 875 London Road, Alvaston,, Derby
Email:	alvaston.childrenscentre@derby.gov.uk
Website:	www.derby.gov.uk/education-and-learning/parental-support/childrens-centres
Postcode:	DE24 8UZ
Telephone Number:	01332 757991
Access Times:	Contact centre for opening times.
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.
Type of Services:	Family Services
Type of Condition or Health Subject:	Health & Wellbeing

Sure Start Children's Centre - Derby Audrey Drive

Group/Organisation Address:	Sure Start Children's Centre - Derby Audrey Drive, 3 Audrey Drive, Chaddensden, Derby
Email:	fis@derby.gov.uk
Website:	www.derby.gov.uk/education-and-learning/parental-support/childrens-centres
Postcode:	DE21 4NP
Telephone Number:	01332 670634
Access Times:	Contact centre for opening times.
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.
Type of Services:	Family Services
Type of Condition or Health Subject:	Health & Wellbeing

Sure Start Children's Centre - Derby Becket

Group/Organisation Address:	Sure Start Children's Centre - Derby Becket, 35 Stockbrook Street, Derby
Email:	becket.childrenscentre@derby.gov.uk
Website:	www.derby.gov.uk/education-and-learning/parental-support/childrens-centres
Postcode:	DE22 3WR
Telephone Number:	01332 380134
Access Times:	Contact centre for opening times.
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.

Type of Services:**Type of Condition
or Health Subject:**

Health & Wellbeing

Sure Start Children's Centre - Derby Derwent

**Group/Organisation
Address:**Sure Start Children's Centre - Derby Derwent,
Derwent Youth & Community Centre,
Monmouth Street,
Derby**Email:**fis@derby.gov.uk**Website:**www.derby.gov.uk/education-and-learning/parental-support/childrens-centres**Postcode:**

DE21 6BD

**Telephone
Number:**

01332 385321

Access Times:

Contact centre for opening times.

Extra Information:

Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.

Type of Services:**Type of Condition
or Health Subject:**

Health & Wellbeing

Sure Start Children's Centre - Derby Mackworth/Morley

**Group/Organisation
Address:**Sure Start Children's Centre - Derby Mackworth/Morley,
Reigate Primary School,
Reigate Drive, Mackworth,
Derby**Email:**mackworth.childrenscentre@derby.gov.uk**Website:**www.derby.gov.uk/education-and-learning/parental-support/childrens-centres

Postcode:	DE22 4EQ
Telephone Number:	01332 208175
Access Times:	Contact centre for opening times.
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.
Type of Services:	
Type of Condition or Health Subject:	Health & Wellbeing

Sure Start Children's Centre - Fairfield

Group/Organisation Address:	Sure Start Children's Centre -Fairfield, Victoria Park Road, Fairfield, Buxton, Derbyshire
Email:	alison.hill2@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education/early-years-childcare/childrens-centres/high-peak/fairfield/fairfield-childrens-centre .
Postcode:	SK17 7PE
Telephone Number:	01629 53592
Access Times:	Monday - Friday 9.00am - 5.00pm
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.
Type of Services:	Family Services
Type of Condition or Health Subject:	Health & Wellbeing

Sure Start Children's Centre - Gamesley

Group/Organisation Address:	Sure Start Children's Centre - Gamesley, Community Centre, Melandra Castle Road, Gamesley, Glossop, Derbyshire,
Email:	gamesley.childrenscentre@derbyshire.gov.uk

Website:	www.derbyshire.gov.uk/education/early-years-childcare/childrens-centres/high-peak/gamesley/gamesley-childrens-centre
Postcode:	SK13 6UQ
Telephone Number:	01629 533185
Access Times:	Contact centre for opening times.
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.
Type of Services:	
Type of Condition or Health Subject:	Health & Wellbeing

Sure Start Children's Centre - Glossop

Group/Organisation Address:	Sure Start Children's Centre - Glossop, Victoria Street, Glossop, Derbyshire
Email:	glossop.childrenscentre@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education
Postcode:	SK13 8HZ
Telephone Number:	01629 531232
Access Times:	Contact centre for opening times.
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.
Type of Services:	
Type of Condition or Health Subject:	Health & Wellbeing

Sure Start Children's Centre - Hadfield

Group/Organisation Address:	Sure Start Children's Centre - Hadfield, Off Queens Street, Hadfield, Glossop
Email:	hadfieldcc@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education/early-years-childcare/childrens-centres/high-peak/hadfield/hadfield-childrens-centre
Postcode:	SK13 2DW
Telephone Number:	01629 533682
Access Times:	Contact centre for opening times.
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.
Type of Services:	
Type of Condition or Health Subject:	Health & Wellbeing

Sure Start Children's Centre - Heanor

Group/Organisation Address:	Sure Start Children's Centre - Heanor, Roper Avenue, Marpool, Heanor, Derbyshire
Email:	heanorcc@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education
Postcode:	DE75 7BZ
Telephone Number:	01629 532616
Access Times:	Monday, Tuesday, Wednesday and Thursday between 9am and 5pm. Closed on Friday from 16 February 2018. Although there are days when the centre is closed, staff and services may be available at other centres. This is subject to change, possibly at short notice. Please contact the centre for more advice.

Extra Information:

Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.

Type of Services:**Type of Condition or Health Subject:**

Health & Wellbeing

Sure Start Children's Centre - Holme Hall

Group/Organisation Address:

Sure Start Children's Centre -Holme Hall,
Taddington Road,,
Holme Hall,
Chesterfield, Derbyshire

Email:

Hhreception@derbyshire.gov.uk

Website:

www.derbyshire.gov.uk/education/early-years-childcare/childrens-centres/chesterfield/holme-hall

Postcode:

S40 4RL

Telephone Number:

01246 271834

Access Times:

Monday - Friday 9.00am -5.00pm

Extra Information:

Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.

Type of Services:**Type of Condition or Health Subject:**

Health & Wellbeing

Sure Start Children's Centre - Ironville

Group/Organisation Address:

Sure Start Children's Centre - Ironville,
Ironville & Codnor Park Primary,
Victoria St.,
Ironville,
Derbyshire

Email: Ironvillecc@derbyshire.gov.uk

Website: www.derbyshire.gov.uk/education

Postcode: NG16 5NB

Telephone Number: 01629 532601

Access Times:

Extra Information: Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.

Type of Services:

Type of Condition or Health Subject: Health & Wellbeing

Sure Start Children's Centre - Langley Mill

Group/Organisation Address: Sure Start Children's Centre - Langley Mill,
Bailey Brook Drive,
Langley Mill,
Nottingham

Email: langlemillcc@derbyshire.gov.uk

Website: www.derbyshire.gov.uk/education/early-years-childcare/childrens-centres/amber-valley/langley-mill

Postcode: NG16 4FS

Telephone Number: 01629 533677

Access Times: Tuesday between 1pm and 5pm Wednesday between 9am and 5pm Thursday for groups only (please see the what's on guide attached to this page for group dates and times). Closed on Monday and Friday.

Extra Information: Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.

Type of Services: Children's Group

Type of Condition or Health Subject: Health & Wellbeing

Sure Start Children's Centre - Matlock

Group/Organisation Address:	Matlock Children's Centre, Lynholmes Rise, Off Lynholmes Road, Matlock, DE4 3DX
Email:	alison.hill2@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education/early-years-childcare/childrens-centres/high-peak/matlock/matlock-childrens-centre
Postcode:	DE4 3DX
Telephone Number:	01629 581867
Access Times:	Contact centre for opening times.
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.
Type of Services:	
Type of Condition or Health Subject:	Health & Wellbeing

Sure Start Children's Centre - Woodville

Group/Organisation Address:	Woodville Children's Centre, Blacksmith's Lane, Woodville, Swadlincote, Derbyshire
Email:	woodville.childrenscentre@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education/early-years-childcare/childrens-centres/south-derbyshire/woodville/woodville-childrens-centre
Postcode:	DE11 7EF
Telephone Number:	01629 533602
Access Times:	Monday - Friday 9.00am - 5.00pm
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.
Type of Services:	Family Services
Type of Condition or Health Subject:	Health & Wellbeing

Sure Start Children's Centre -Shirebrook

Group/Organisation Address:	Sure Start Children's Centre - Shirebrook, 2 Park Road,, Shirebrook, Mansfield, Nottinghamshire
Email:	julie.stanley@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education/early-years-childcare/childrens-centres/bolsover-district/shirebrook
Postcode:	NG20 8JQ
Telephone Number:	01629 537398
Access Times:	Contact centre for opening times
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.
Type of Services:	
Type of Condition or Health Subject:	Health & Wellbeing

Sure Start Children's Centre -Staveley

Group/Organisation Address:	Sure Start Children's Centre -Staveley, Community Rooms, 47 High Street,, Staveley, Chesterfield
Email:	Streception@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/education
Postcode:	S43 3UU
Telephone Number:	01629 533566
Access Times:	Contact centre for opening times
Extra Information:	Children's centres are places where families with children under five years old can go to meet other families in their area. Health Visitors and Family Visitors also use children's centres so that you make arrangements to speak to them about any concerns you may have about your child.

Type of Services:**Type of Condition or Health Subject:**

Health & Wellbeing

Swadlincote & District Mencap & Gateway Society

Group/Organisation Address:Swadlincote & District Mencap & Gateway Society,
Mencap Society,
5 Birch Avenue, Newhall,
Newhall, Swadlincote,
Derbyshire,**Email:****Website:**www.mencap.org.uk**Postcode:**

DE11 0NG

Telephone Number:

01283 218089

Access Times:

Every Wednesday 7pm - 9pm Newhall Adult Centre Meadow Lane

Extra Information:

Organise weekly Gateway Club, we also organise fund raising to arrange certain activities for our members some of which are held at the centre.

Type of Services:

Learning Disability Services

Type of Condition or Health Subject:

Autism



Talk to Frank

Group/Organisation Address:	Talk to Frank, Web Base Support, Online Support, Helpline
Email:	frank@talktofrank.com
Website:	www.talktofrank.com
Postcode:	N/A
Telephone Number:	Helpline - 0300 123 6600
Access Times:	Text FRANK on 82111 or Live Chat 2-6pm every day
Extra Information:	Ring FRANK anytime and speak to a friendly adviser who's professionally trained to give you straight up, unbiased information about drugs. Website includes information, news and advice.
Type of Services:	Helpline
Type of Condition or Health Subject:	Drugs & Alcohol

Talking Mental Health Derbyshire

Group/Organisation Address:	Talking Mental Health Derbyshire, Ilkeston Resource Centre, Ilkeston Community Hospital, Heanor Road, Derby
Email:	dhcft.talking@nhs.net
Website:	www.derbyshirehealthcareft.nhs.uk/services/talking-mental-health-derbyshire-home/contact-talking-mental-health-derbyshire/
Postcode:	DE7 8TL
Telephone Number:	0300 123 0542
Access Times:	
Extra Information:	Talking Mental Health Derbyshire offers a range of therapies for people experiencing common psychological difficulties, such as those feeling anxious, low, or depressed. Our trained psychological therapists use talking therapies, such as counselling and cognitive behavioural therapy, to help people move towards recovery. We deliver these in a range of settings: face to face, telephone, workshops/courses, individual or computer based treatments.
Type of Services:	Mental Health
Type of Condition or Health Subject:	Mental Health Problems

Talking Points - Derby City

Group/Organisation Address:	Derby City Council, Corporation St, Derby
Email:	customerservices@derby.gov.uk
Website:	www.derby.gov.uk/health-and-social-care/your-life-your-choice/support-from-adult-social-care/talking-points/
Postcode:	DE1 2FS
Telephone Number:	You can call 01332 640777 to request an appointment for a face to face chat with a social worker
Access Times:	
Extra Information:	Talking Points offers you the opportunity to have a face-to-face chat with a social care worker in a convenient location in your community. The idea behind Talking Points is to bring social care workers out into the community, to be more accessible and to support you to find activities or organisations in the community that can help with your social care-related issues. Drop in sessions are also available where an appointment is not necessary.
Type of Services:	Adult Services
Type of Condition or Health Subject:	Health & Wellbeing

The Association for Post-Natal Illness

Group/Organisation Address:	The Association for Post-Natal Illness, 145 Dawes Road, Fulham, London
Email:	info@apni.org
Website:	www.apni.org
Postcode:	SW6 7EB
Telephone Number:	020 7386 0868
Access Times:	Monday to Friday - 10am-2pm

Extra Information:

The Association for Post-Natal Illness is the leading organisation in its field, it was established in 1979 to: Provide support to mothers suffering from post-natal illness, Increase public awareness of the illness, and to encourage research into it

Type of Services:

Family Learning

Type of Condition or Health Subject:

Health & Wellbeing

The Challenging Behaviour Foundation

Group/Organisation Address:

The Challenging Behaviour Foundation,
The Old Courthouse,
New Road Avenue,
Chatham, Kent

Email:

info@thecbf.org.uk

Website:

www.thecbf.org.uk

Postcode:

ME4 6BE

Telephone Number:

General Enquiries - 01634 838739 Family Support Line - 0300 666 0126

Access Times:**Extra Information:**

The Challenging Behaviour Foundation wants to see children and adults with severe learning disabilities, who are described as having challenging behaviour,

Type of Services:

Learning Disability Services

Type of Condition or Health Subject:

Health & Wellbeing

The Compassionate Friends

Group/Organisation Address:	The Compassionate Friends, 14 New King Street, Deptford, London
Email:	info@tcf.org.uk OR helpline@tcf.org.uk
Website:	www.tcf.org.uk
Postcode:	SE8 3HS
Telephone Number:	Head Office 0345 120 3785 Helpline - 0345 123 2304
Access Times:	Helpline every day 10am-4pm, 7pm-10.30pm
Extra Information:	TCF is a charitable organisation of bereaved parents, siblings and grandparents dedicated to the support and care of other bereaved parents, siblings and grandparents who have suffered the death of a child/children. We offer support both directly to bereaved families and indirectly by fostering understanding and good practice amongst professionals concerned with child death and by increasing public awareness,
Type of Services:	Family Learning
Type of Condition or Health Subject:	Health & Wellbeing

The Laura Centre

Group/Organisation Address:	The Laura Centre, 4 - 6 Tower Street, Leicester
Email:	info@thelauracentre.org.uk
Website:	thelauracentre.org.uk
Postcode:	LE1 6WS
Telephone Number:	0116 254 4341

Access Times:**Extra Information:**

The Laura Centre offers specialist bereavement counselling to parents whose child has died and to children or young people who have been bereaved of a parent or significant person. Based in Leicester, with centres also in Derby and Coventry, the centre offers wide ranging individual and group support as well as a variety of alternative therapies

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

The Lullaby Trust

Group/Organisation Address:

The Lullaby Trust,
11 Belggrave Road,
London

Email:

info@lullabytrust.org.uk

Website:

www.lullabytrust.org.uk

Postcode:

SW1V 1RB

Telephone Number:

Head Office 020 7802 3200 Helpline 0808
802 6868

Access Times:**Extra Information:**

The LullabyTrust provides specialist support for bereaved families and anyone affected by a sudden infant death.

Type of Services:

Family Services

Type of Condition or Health Subject:

Health & Wellbeing

The Lullaby Trust CONI - Care of Next Infant

Group/Organisation Address:	The Lullaby Trust CONI - Care of Next Infant, Stephenson Wing, Sheffield Children's Hospital, Western Bank, Sheffield
Email:	Coni@sheffield.ac.uk
Website:	www.lullabytrust.org.uk/coni
Postcode:	S10 2TH
Telephone Number:	0114 276 6452
Access Times:	
Extra Information:	CONI is a programme used by Hospitals and Community Health Services to provide practical help and professional support for every family with their subsequent babies after cot death. Coni is funded for the Study of Infant Deaths with local Hospital and Community Health Services/
Type of Services:	Family & Carer Support
Type of Condition or Health Subject:	Health & Wellbeing

The Mix - (Formally Get Connected)

Group/Organisation Address:	The Mix, Essential Support for Under 25's
Email:	Online message form
Website:	www.themix.org.uk
Postcode:	N/A
Telephone Number:	Freephone Helpline - 0808 808 4994
Access Times:	

Extra Information:

The Mix is the UK's leading support service for young people under 25. We are here to help you take on any challenge you're facing - from mental health to money, from homelessness to finding a job, from break-ups to drugs. Talk to us via online, social or our free, confidential helpline.

Type of Services:

Helpline

Type of Condition or Health Subject:

Mental Health Problems

The National Association for Children of Alcoholics (NACOA)

Group/Organisation Address:

The National Association for Children of Alcoholics (NACOA),
Mrs Jenny Palmer,
NACOA, PO Box 64,
Fishponds,
Bristol

Email:

admin@nacoa.org.uk OR helpline@nacoa.org.uk

Website:

www.nacoa.org.uk

Postcode:

BS16 2UH

Telephone Number:

Head Office 01179 248005 Helpline 0800 358 3456

Access Times:**Extra Information:**

Nacoa (The National Association for Children of Alcoholics) is a registered charity, founded in 1990 to address the needs of children growing up in families where one or both parents suffer from alcoholism or a similar addictive problem. This includes children of all ages, many of whose problems only become apparent in adulthood.

Type of Services:

Helpline

Type of Condition or Health Subject:

Drugs & Alcohol

The National Autistic Society

Group/Organisation Address: The National Autistic Society,
393 City Road,
London

Email: Online message form

Website: www.autism.org.uk

Postcode: EC1V 1NG

Telephone Number: Helpline - 0808 800 4104 (Monday - Thursday
9.00am - 4.00pm - Friday 9.00am - 3.00pm)

Access Times:

Extra Information: We are the leading UK charity for autistic people (including those with Asperger syndrome) and their families. We provide information, support and pioneering services and champagne for better world for autistic people.

Type of Services: Voluntary Support Group

Type of Condition or Health Subject: Autism

The Royal British Legion

Group/Organisation Address: The Royal British Legion,
Head Office, 199 Borough High Street,
London

Email: info@britishlegion.org.uk

Website: www.britishlegion.org.uk

Postcode: SE1 1AA

Telephone Number: Freephone Helpline 0808 802 8080 (8.00am -8.00pm 7 days a week)

Access Times:

Extra Information: We provide practical, emotional and financial support to all members of the British Armed Forces past and present, and their families. We actively campaign to improve their lives and safeguard the Military Covenant between the nation and its Armed Forces

Type of Services: Voluntary Support Group

Type of Condition or Health Subject: PTSD (Post-traumatic Stress Disorder)

The Volunteer Centre - Chesterfield & NE Derbyshire

Group/Organisation Address: The Volunteer Centre - Chesterfield & NE Derbyshire,
35 Knifsmithgate,
Chesterfield

Email: info@chesterfieldvc.org.uk

Website: www.chesterfieldvc.org.uk

Postcode: S41 1RQ

Telephone Number: 01246 276777

Access Times: Mon-Fri - 9am-5pm

Extra Information: Volunteer Centre offers information on volunteer opportunities with about 20 charities registered with us. We can support people into volunteering or give them information on the organisations themselves. We also run a befriending project, mentoring project and a youth into volunteering project.

Type of Services: Voluntary Service

Type of Condition or Health Subject:

Health & Wellbeing

The Volunteer Centre - Derbyshire Dales & Peaks

Group/Organisation Address:

The Volunteer Centre - Derbyshire Dales & Peaks,
King Edward Street,
Ashbourne,
Derbyshire

Email:

info@vcdd.org.uk

Website:

www.vcdd.org.uk

Postcode:

DE6 1BW

Telephone Number:

01335 348602

Access Times:

Extra Information:

All around the Derbyshire Dales volunteers are helping make life in our communities richer and happier. The Volunteer Centre is a grant-aided charity that works to promote and support volunteering activity in many ways.

Type of Services:

Voluntary Support Group

Type of Condition or Health Subject:

Health & Wellbeing

Together: For for Wellbeing

Group/Organisation Address:

Together For Mental Wellbeing,
52 Walnut Tree Walk,
London

Email: contactus@together-uk.org

Website: www.together-uk-org

Postcode: SE11 6DN

Telephone Number: 020 7780 7300

Access Times:

Extra Information: We offer a wide variety of support to help people deal with the personal and practical impacts of mental health issues. The services range from one-to-one community support to supported accommodation and help to understand dealings with official bodies.

Type of Services: Self Help

Type of Condition or Health Subject: Mental Health Problems

Treetops Hospice

Group/Organisation Address: Treetops Hospice,
Derby Road,
Risley,
Derbyshire

Email: info@treetophospice.org.uk

Website: www.treetopshospice.org.uk

Postcode: DE72 3SS

Telephone Number: 0115 949 1264

Access Times:

Extra Information:

Treetops Hospice Care provides nursing care and emotional support for anyone affected by a life-limiting illness in Derby, Derbyshire, Nottingham and Nottinghamshire. Treetops supports people with illnesses such as cancer, motor neurone disease and multiple sclerosis. It also supports their carers and families. All services are provided free of charge.

Type of Services:

Voluntary Support Group

Type of Condition or Health Subject:

Health & Wellbeing

Umbrella Derby & Derbyshire

Group/Organisation Address:

Umbrella Derby & Derbyshire,
The Ronnie Mackeith Centre,
Derby City General Hospital,
Uttoxeter Road,
Derby

Email:

admin@umbrella.uk.net

Website:

www.umbrella.uk.net

Postcode:

DE22 3NE

Telephone Number:

01332 785658 - Monday - Friday 9.30am - 3.30pm

Access Times:

Mackworth Office: Umbrella House, 64 Birdcage Walk, Mackworth, Derby. 01332 521229 Open 10am - 3pm.

Extra Information:

Supports parents and carers who have children with additional needs in the Derbyshire area. Has various projects including information, a bilingual co-ordinator family support, specialist play and leisure, volunteer services.

Type of Services:

Family & Carer Support

Type of Condition or Health Subject:

Health & Wellbeing

University of the Third Age

Group/Organisation Address:	University of the Third Age, The Third Age Trust, The Old Municipal Buildings, 19, East Street, Bromley, Kent
Email:	Use online contact form
Website:	www.u3a.org.uk
Postcode:	BR1 1QE
Telephone Number:	020 8466 6139
Access Times:	Monday - Friday 9.30am - 4.30pm
Extra Information:	A self-help organisation for people no longer in full-time employment providing educational, creative and leisure opportunities in a friendly environment.
Type of Services:	Self Help
Type of Condition or Health Subject:	Health & Wellbeing

Valley CIDS

Group/Organisation Address:	Valley CIDS, 13-14 The Green, Swanwick, Alfreton
Email:	On line message form
Website:	www.valleycids.co.uk
Postcode:	DE55 1BL
Telephone Number:	01773 609603
Access Times:	

Extra Information:

Charity based in Swanwick Derbyshire that is committed to building and strengthening community in and around Derbyshire. Its aim is to support children and families through outreach work in schools and the wider community.

Type of Services:

Charitable Organisation

Type of Condition or Health Subject:

Health & Wellbeing

Victim Support - Derbyshire Victim Care Team

Group/Organisation Address:

Victim Support - Derbyshire Victim Care Team,
Askew House, Oat Hill,
Derby Road, Wirksworth,
Derbyshire

Email:

julie.ratcliffe@victimsupport.org.uk

Website:

www.victimsupport.org.uk

Postcode:

DE4 4AQ

Telephone Number:

Helpline - 0800 612 6505 (Monday - Friday 8.00am - 8.00pm - Saturday 9.00am - 5.00pm)

Access Times:**Extra Information:**

Local victims and witnesses of crime can contact the victim care team in Derbyshire, for information, emotional support and practical help. Victims don't have to report a crime to the police to get help and can ask for support at any time, regardless of when the crime happened.

Type of Services:

Voluntary Support Group

Type of Condition or Health Subject:

Depression & Anxiety

Victim Support - National Centre

Group/Organisation Address:	Victim Support - National Centre, Website Support
Email:	Online message form
Website:	www.victimsupport.org.uk
Postcode:	N/A
Telephone Number:	0808 1689 111
Access Times:	check website for local support groups
Extra Information:	We are the national charity giving free and confidential help to victims of crime, witnesses, their family, friends and anyone else affected across England and Wales
Type of Services:	
Type of Condition or Health Subject:	

Voluntary & Community Services - Peaks & Dales

Group/Organisation Address:	Voluntary & Community Services - Peaks & Dales, 16 Eagle Parade, Buxton, Derbyshire,
Email:	admin@vcspd.org
Website:	www.vcspd.org
Postcode:	SK17 6EQ
Telephone Number:	01298 23970
Access Times:	Monday/Tuesday/Wednesday /Thursday 9.30am - 4.00pm Friday 9.30am - 12.30pm

Extra Information:

We provide volunteering opportunities in Derbyshire for people of all ages and backgrounds. People can come for advice, have 1:1 interviews and receive help on a wide variety of voluntary work, tailored to the individual.

Type of Services:

Self Help

Type of Condition or Health Subject:

Health & Wellbeing

Voluntary Community Services Peaks and Dales

Group/Organisation Address:

Voluntary Community Services Peaks and Dales,
Buxton Volunteer Bureau,
Volunteer Centre Buxton & District,
16 Eagle Parade,
Buxton

Email:

alister@buxtonvc.org.uk

Website:

www.buxtonvc.org.uk

Postcode:

SK17 6EQ

Telephone Number:

01298 23970

Access Times:

Mon, Tues, Thurs, Fri 9am-4pm, Wed 9am-1pm

Extra Information:

Volunteering support to a variety of community services.

Type of Services:

Voluntary Support Group

Type of Condition or Health Subject:

Health & Wellbeing

Volunteer Centre - Erewash Voluntary Action CVS Ltd

Group/Organisation Address:	Volunteer Centre - Erewash Voluntary Action CVS Ltd, Granville Avenue, Long Eaton, Derbyshire
Email:	enquires@erewashcv.org.uk
Website:	www.erewashvoluntaryaction.org.uk
Postcode:	NG10 4HD
Telephone Number:	0115 946 6740
Access Times:	9-5pm Mon - Fri (4:30pm Fridays)
Extra Information:	The CVS provides help and advise for local voluntary and community groups.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Health & Wellbeing

Volunteer Centre - Glossop

Group/Organisation Address:	Volunteer Centre - Glossop, Howard Town House, Glossop, DerbyshireHigh Street East,
Email:	info@vcglossop.org.uk
Website:	www.vcglossop.org.uk
Postcode:	SK13 8DA
Telephone Number:	01457 865722
Access Times:	Mon-Thurs 10am-4pm, Fri -10am-3pm

Extra Information:

We are a charitable organisation established to enhance the quality of life for the people of Glossopdale and the High Peak by promoting the value of volunteering and ensuring that volunteer opportunities are available for all. We are committed to providing on going support for volunteers and the organisations they work with and recognise the value that volunteering brings to individuals, groups and our whole communities.

Type of Services:

Voluntary Support Group

Type of Condition or Health Subject:

Health & Wellbeing

Volunteering England

Group/Organisation Address:

Volunteering England,
Society Building,
8 All Saints St,
London

Email:

ncvo@ncvo.org.uk

Website:

www.volunteering.org.uk

Postcode:

N1 9RL

Telephone Number:

020 7713 6161

Access Times:**Extra Information:**

Volunteering England promotes volunteering as a powerful force for change both for those who volunteer and the wider community. The website offers resources for those who work with, manage, or want to be a volunteer

Type of Services:

Voluntary Support Group

Type of Condition or Health Subject:

Health & Wellbeing

WEA (Workers Educational Association) Derbyshire and Derby

Group/Organisation Address:	Bases in Chesterfield and Derby
Email:	
Website:	www.wea.org.uk/east-midlands/derby-and-derbyshire
Postcode:	N/A
Telephone Number:	0300 303 3464
Access Times:	You can browse the course brochures online, book courses online or telephone the centres in Derbyshire or Derby
Extra Information:	WEA Derbyshire are committed to widening participation and to enabling people to realise their full potential through learning. Our classes are taught in nine venues across Derbyshire and include; Alfreton, Ashover, Belper, Chesterfield, Derby, Holbrook, Long Eaton, Matlock and Wirksworth. You don't need any previous knowledge or experience to join most of our courses, only a willingness to share with others your ideas.
Type of Services:	Adult Education
Type of Condition or Health Subject:	Health & Wellbeing

Welfare Benefits Derbyshire County Council

Group/Organisation Address:	Welfare Benefits Derbyshire County Council, Website helpline.
Email:	welfarebenefits@derbyshire.gov.uk
Website:	www.derbyshire.gov.uk/social-health/adult-care-and-wellbeing/benefits-debt-and-legal-matters/welfare-benefits/welfare-benefits
Postcode:	N/A
Telephone Number:	Helpline - 01629 531535 (Monday/Tuesday/Thursday/Friday 11.00am - 4.00pm)
Access Times:	
Extra Information:	Our welfare rights team can help you to find out about the benefits you are entitled to and how to claim.
Type of Services:	

Type of Condition
or Health Subject:

Wellbeing Works CIC

Group/Organisation Address:

Wellbeing Works CIC,
Enterprise Centre,
20 Royal Scott Road,
Pride Park, Derby,

Email:

info@wellbeingworks.org

Website:

www.wellbeingworks.org

Postcode:

DE24 8AJ

Telephone Number:

01332 7270900792 261 8526

Access Times:

office Hours

Extra Information:

Wellbeing Works helps people to be well and achieve through a peer support programme called the Wellbeing Skills Programme. We also deliver the Free Carers Short Breaks Service to adult carers registered with a Derby City GP.

Type of Services:

Self Help

**Type of Condition or Health
Subject:**

Health & Wellbeing

Winston's Wish

Group/Organisation Address:

Winston's Wish - Head Office,
17 Royal Crescent,
Cheltenham

Email:

info@winstonswish.org

Website:

www.winstonswish.org.uk

Postcode: GL50 3DA

Telephone Number: Helpline - 08088 020 021(Monday-Friday 9.00am - 5.00pm) Head Office - 01242 515157

Access Times:

Extra Information: As the first charity to establish child bereavement support services in the UK, we continue to lead the way in providing specialist child bereavement support services across the UK, including in-depth therapeutic help in individual, group and residential settings.

Type of Services: Children's Services

Type of Condition or Health Subject: Health & Wellbeing

Wirksworth In Support of Health

Group/Organisation Address: Wirksworth Town Council,
Wirksworth Town Hall,
Coldwell Street,
Wirksworth Derbyshire

Email: wishinwirksworth@gmail.com

Website:

Postcode: DE4 4FB

Telephone Number: 01629 822434

Access Times: Please contact Via telephone 0n 01629 822434 for further information

Extra Information:

WISH is a depression and anxiety support group run by a team of committed volunteers, supporting people with mild to moderate depression and anxiety.

It offers a listening ear, information and reassurance. Come and:- have a quiet chat over tea or coffee. Enjoy a range of games such as Scrabble, Droughts, Qwirkle, etc. attend an occasional creative workshop on self-help to be agreed by the group. make a difference to others by sharing your experiences. gather information with access to leaflets, books, advice, etc. sit quietly reading. most importantly members can contribute their ideas to broaden the programme.

Type of Services:

Voluntary Support Group

Type of Condition or Health Subject:

Depression & Anxiety

Women's Aid

Group/Organisation Address:

Women's Aid,
Head Office, PO BOX 391,
Bristol

Email:

helpline@womensaid.org.uk orinfo@womensaid.org.uk

Website:

www.womensaid.org.uk

Postcode:

BS99 7WS

Telephone Number:

Freephone 24hr National Domestic Helpline 0808 2000
247Enquiries - 0117 924 1703

Access Times:**Extra Information:**

Women's Aid is the national domestic violence charity that helps over 320,000 women and children every year. We work to end violence against women and children, and co-ordinate and support over 500 domestic and sexual violence services across the country.

Type of Services:

Helpline

Type of Condition or Health Subject:

Health & Wellbeing

Women's Work - (Derbyshire) Ltd

Group/Organisation Address:	Women's Work - (Derbyshire) Ltd, The Villa, 30 Charnwood Street, Derby
Email:	info@womens-work.org.uk
Website:	www.womens-work.org.uk
Postcode:	DE1 2GU
Telephone Number:	01332 242525
Access Times:	Office Mon-Fri 9am-5pm Drop in Mon 2.30 4.30pm Thurs 4-6pm Mon & Weds 10pm-12 midnight
Extra Information:	Women's work is a national award winning charity based in Derby that provides support to vulnerable women and their families who are affected by drug and alcohol problems, abuse, homelessness and offending behaviour. Promoting health and well being through education trips, diet and exercise, improving parenting skills, delivery of the "Strengthening Families Strengthening Communities" programme.
Type of Services:	Charitable Organisation
Type of Condition or Health Subject:	Health & Wellbeing

Young Minds Parents Information Service

Group/Organisation Address:	Young Minds Parents Information Service, Suite 11, Baden Place, Crosby Row, London
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Email:	yenquiries@youngminds.org.uk
Website:	www.youngminds.org.uk
Postcode:	SE1 1YW
Telephone Number:	020 7089 5050
Access Times:	Mon-Fri 9.30am-4pm free for mobiles & landlines.
Extra Information:	Free confidential telephone service providing information and advice for any adult with concerns about the the mental health of a child or young person.
Type of Services:	Helpline
Type of Condition or Health Subject:	Mental Health Problems

Young Womens Housing Project

Group/Organisation Address:	Young Womens Housing Project, PO Box 303, Sheffield
Email:	ywhp@ywhp.org.uk
Website:	www.ywhp.org.uk
Postcode:	S1 1YD
Telephone Number:	0114 2680580
Access Times:	We take referrals from all areas but we are mainly in South Yorkshire. Accommodation in Sheffield Area
Extra Information:	Accommodation in the Sheffield area. Medium to long term supported accommodation for young women aged 16 - 25 yrs and their children who are homeless due to sexual abuse. Women vulnerable to abuse.
Type of Services:	Abuse

Type of Condition or Health Subject:

Domestic Violence
